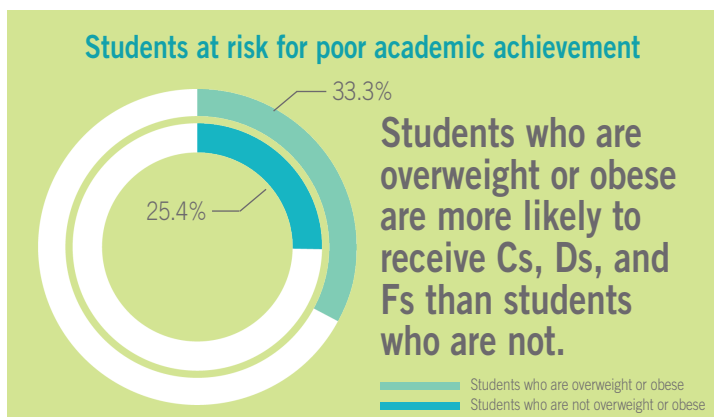
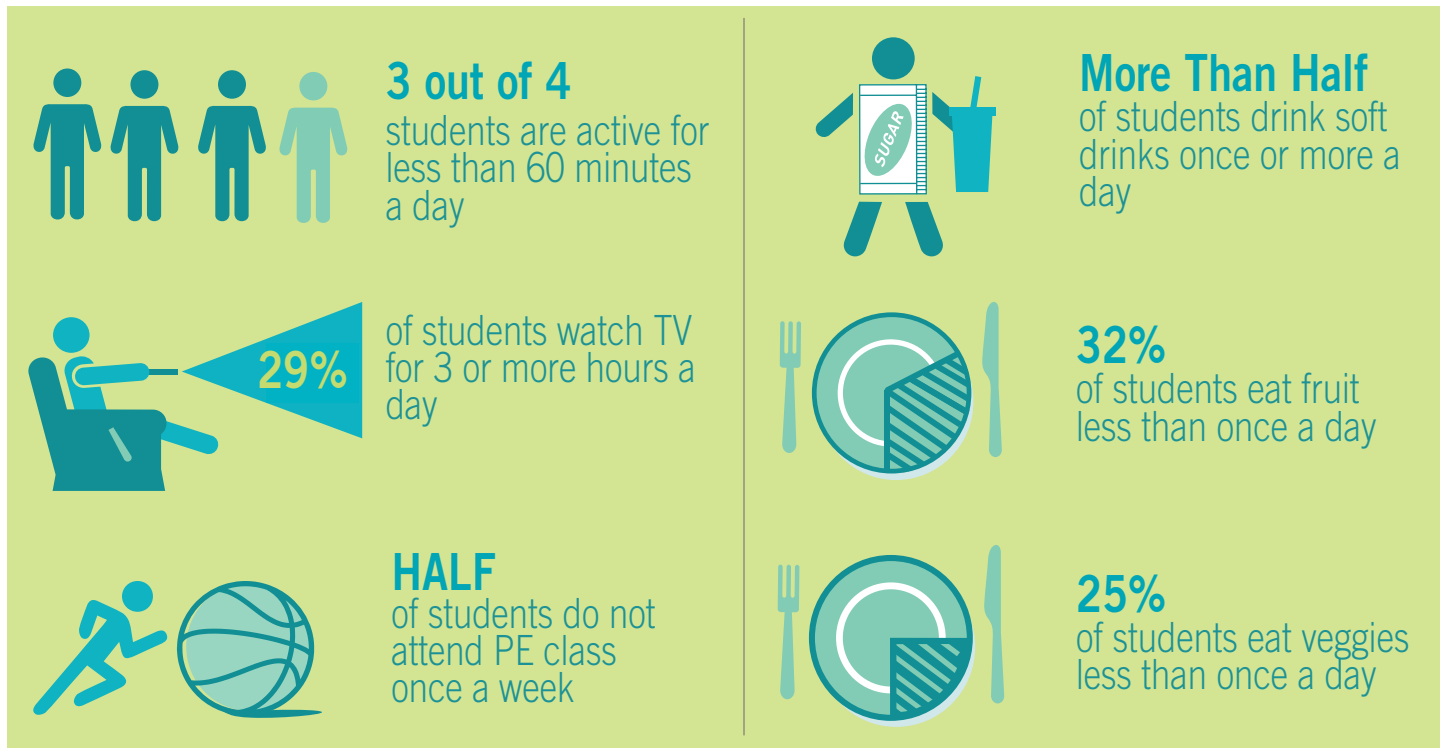


What Louisiana High School Students Told Us About Physical Activity and Nutrition



- ### Three Steps To Combat Youth Obesity
1. Take an assessment of your school health environment.
>> To learn more, visit https://www.cdc.gov/healthyschools/professional_development/e-learning/shi.html.
 2. Request a physical activity training from the Healthy Schools Training Krewe.
>> To learn more, visit www.wellaheadla.com.
 3. Become a School WellSpot.
>> To learn more, visit www.wellaheadla.com.

The 2017 Youth Risk Behavior Survey was a collaborative effort of:

