

Trainer Applications Now Open for the Louisiana Healthy Schools Training Krewe!

Background

Research shows that healthy students are better learners, and healthy behaviors are linked to academic achievement. Schools play a critical role in promoting the health and safety of young people and helping them establish lifelong healthy behaviors.

Well-Ahead Louisiana (Well-Ahead) works to support healthier schools through partnership development and technical assistance to schools and school districts. In collaboration with the Louisiana Department of Education (LDOE), the Louisiana Healthy Schools initiative was started with the goal of improving student health and academic achievement through nutrition, physical activity and the management of students' chronic health conditions. The [Whole School, Whole Community, Whole Child \(WSCC\) model](#) is our framework for addressing health in schools.

Our goal is to ensure every child in Louisiana has a healthy start to a healthy future.

Purpose of the Healthy Schools Training Krewe

To ensure a healthy start for every child, Well-Ahead leads statewide professional development to support Louisiana Healthy Schools. This is done through the coordination and sustainment of a training cadre known as the Healthy Schools Training Krewe (Krewe).

The Krewe was launched in 2016 with the help of federal funding. As a statewide network of experienced content leaders, the cadre was formed to build Well-Ahead's capacity to coordinate professional development and identify resources that can assist schools and school districts in making healthy changes. The Krewe collaborates with the LDOE and state organizations to deliver professional development.

Since 2016, the Krewe has been sustained through federal funding provided by the CDC. The mission of the Krewe is to enhance the knowledge and skills of those working to create healthier schools. To learn more about workshops offered by the Krewe, visit wellaheadla.com/SchoolHealth. The primary point of contact for the Krewe is Stephanie Jodeir (Stephanie.Jodeir@la.gov).

Who Should Apply

Well-Ahead Louisiana is calling on experienced content trainers to join us! As a member of the Healthy Schools Training Krewe, you will join the effort to improve student health and academic achievement in Louisiana. You will actively equip schools and school districts with the knowledge and skills necessary to create healthier school environments across our state.

Krewe members will receive guidance and standardized materials to prepare them to present information effectively, respond to participant questions, and lead activities that reinforce learning. In providing high-quality training on school health topics, Krewe members embrace the following roles and responsibilities.

- facilitate learning and skill-building
- engage a variety of audiences and lead discussions
- help participants link the training to their jobs
- direct participants to supplementary resources

Position Descriptions

The Krewe is currently recruiting for the following positions:

Physical Activity Trainer

Location: In or around central or north Louisiana (around Alexandria, Shreveport, or Monroe)

Preferred Experience:

- Elementary, middle, or high school physical education teacher
- School staff with demonstrated ability to train teachers on strategies to increase physical activity before, during, or after school (i.e. recess, classroom physical activity, running clubs, etc.).
- Out of School Time (OST) or enrichment program staff experienced in providing physical activity-based programming for students

Health Services Trainer

Location: In or around central or north Louisiana (around Alexandria, Shreveport, or Monroe)

Preferred Experience:

- Registered professional school nurse with experience in the following:
 - interpreting a student's health status;
 - explaining the health status to the school team;
 - translating healthcare provider orders into the school setting by developing Individualized Healthcare Plans;
 - providing health education and promotion; and
 - providing assessment, direct care, coordination and evaluation of care
- Registered professional school nurse with demonstrated ability to communicate health service information to a diverse lay audience.

Nutrition Trainer

Location: In or around central or north Louisiana (around Alexandria, Shreveport, or Monroe)

Preferred Experience:

- School district staff with experience in operating child nutrition programs
- School staff with demonstrated ability to lead efforts to promote healthy eating
- Out of School Time (OST) or enrichment program staff experienced in providing students with opportunities to learn about and practice healthy eating at school

Selection of Krewe Members

Several criteria are considered when selecting individuals to join the Krewe. These include, but are not limited to:

- experience or comfort with facilitating or leading trainings
- experience working in the school environment
- subject matter expertise
- schedule flexibility
- effective communication skills
- track record of performance or being a change agent in creating healthy school environments

Benefits of Joining the Krewe

Helping schools create healthier environments for students to learn and grow into healthy adults can be very rewarding. Often, Krewe members establish personal relationships with school staff and are able to follow schools in their journey to support healthy students.

Active Krewe members have the opportunity to receive additional incentives to support the delivery of professional development to schools and school districts, such as:

- Stipends to offset the costs associated with delivering professional development
- Promotion on Well-Ahead's School Health webpage, including a photo and short bio
- Priority referral for professional development requests received by Well-Ahead
- Networking opportunities with other school health content leaders around the state
- Registration stipends to attend a state conference in a school health related field
- Promotion on Well-Ahead's social media platforms or email marketing campaigns

Application Instructions

Interested applicants should complete and submit an application using the electronic form provided.

Application review and selection process will begin on May 1, 2020. Selected applicants will be notified of next steps by phone or email.

The deadline to apply is June 30, 2020.

To apply for a position listed above, [click here](#).