

WELL-AHEAD



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Provider Education Network

December 16, 2020

Louisiana's Health Initiative



Project ECHO[®] Information Session

Speaker

- **Denae Hebert, Healthcare Innovation Manager**
 - Well-Ahead Louisiana, Division of Rural Health Advancement, State Office of Rural Health
 - Denae.Hebert@La.Gov





Agenda

- Overview of the Project ECHO® Model
- Benefits of participating in an ECHO project
- Structure of an ECHO session
- Review of two (2) *new* ECHO projects that Well-Ahead Louisiana will be launching in January, including how to register

PROJECT ECHO[®] OVERVIEW

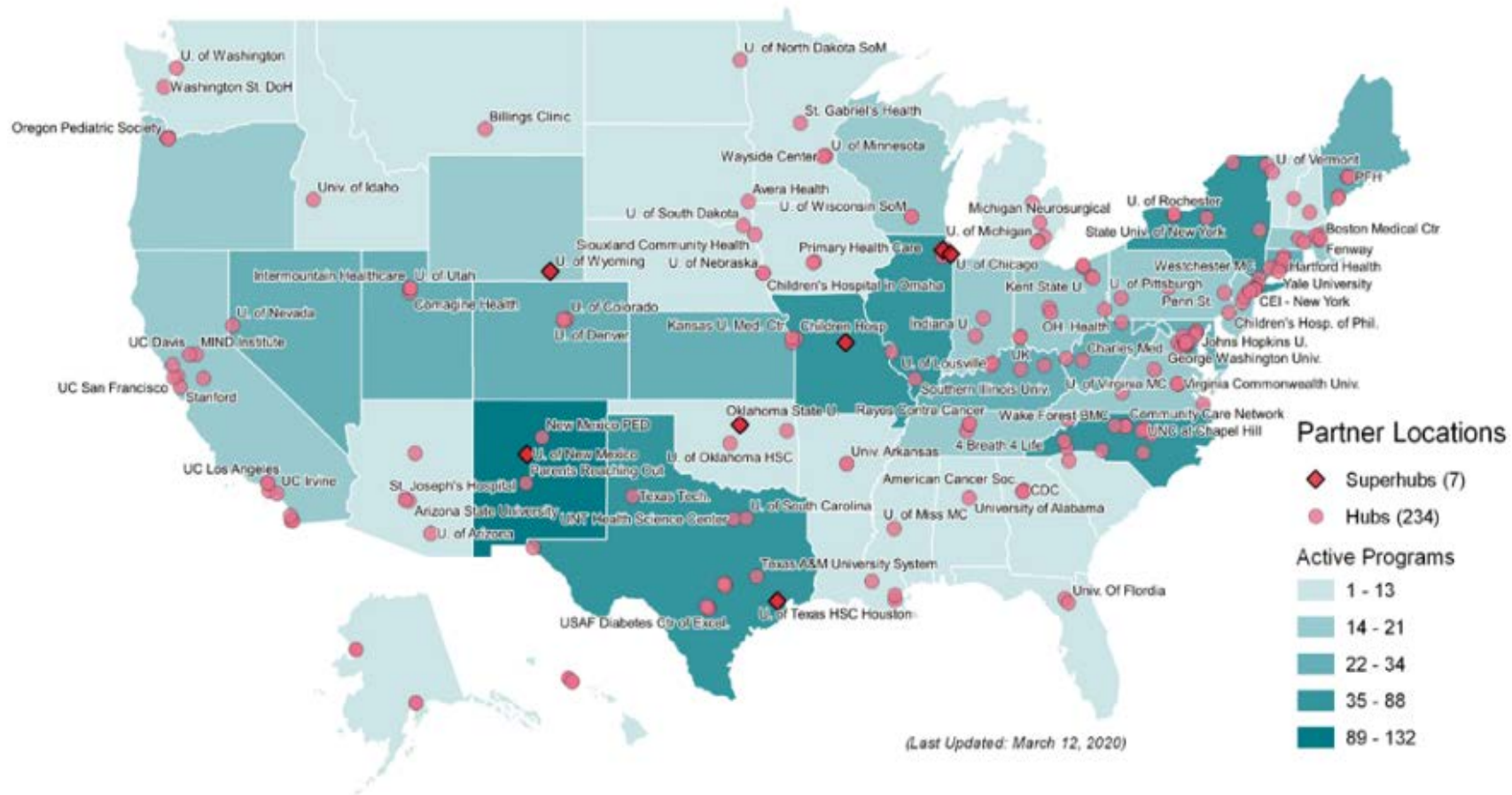


What is ECHO?

- Project ECHO[®] (Extension for Community Healthcare Outcomes) is a movement to demonopolize knowledge and amplify the capacity to provide best practice care for underserved people all over the world.
- The model connects primary care providers and specialists on a live, virtual platform to share knowledge and expand treatment capacity in rural communities.

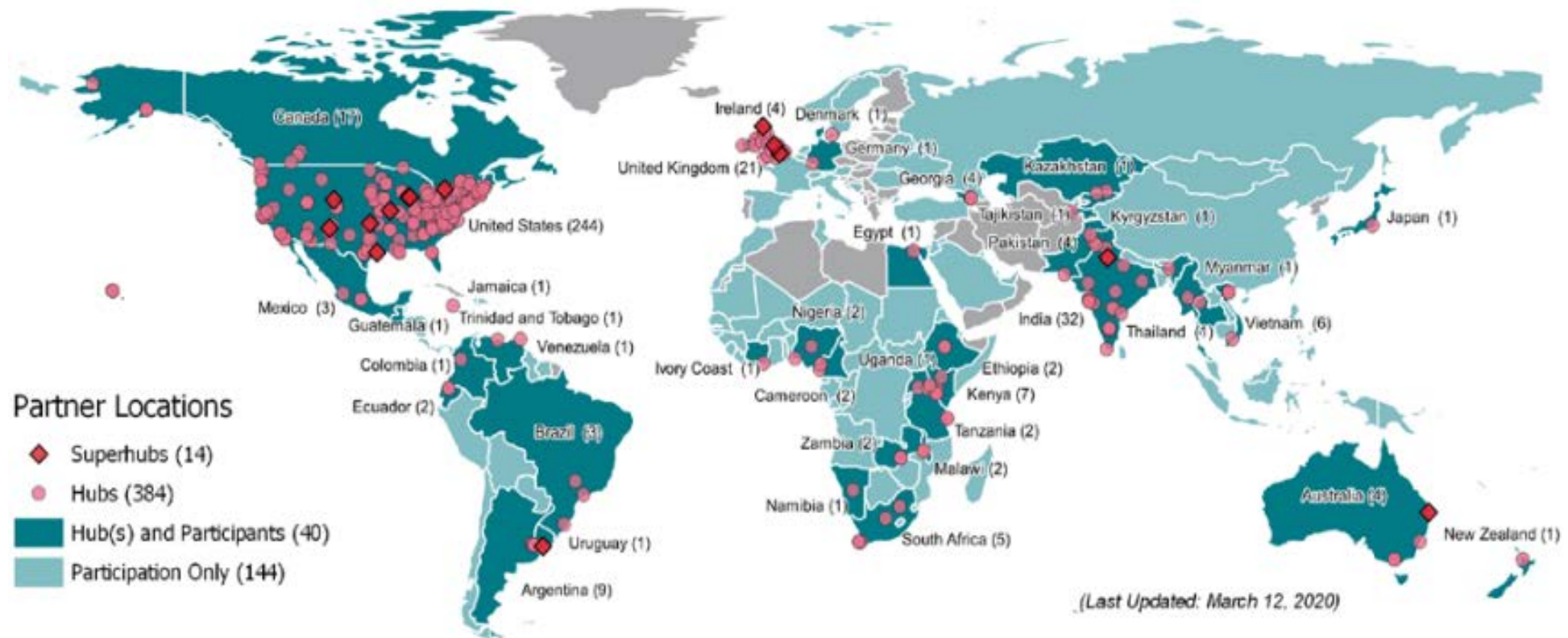
Where it's Used

ECHO Hubs and Superhubs



Where it's Used

ECHO Hubs and Superhubs

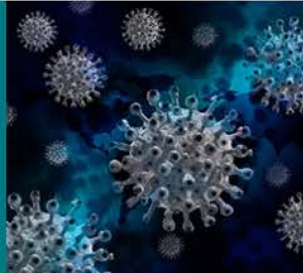


How it's Used

Echo Institute TeleECHO Programs

Project ECHO programs democratize life-changing knowledge and care.

**COVID-19
Response**



**First
Responders**



**Indian
Country
Programs**



Education



**New Mexico
Community
Health and
Peer Support
Workers**



**Medication
Assisted
Treatment**



**Hepatitis C
Community**



**HIV
Prevention**

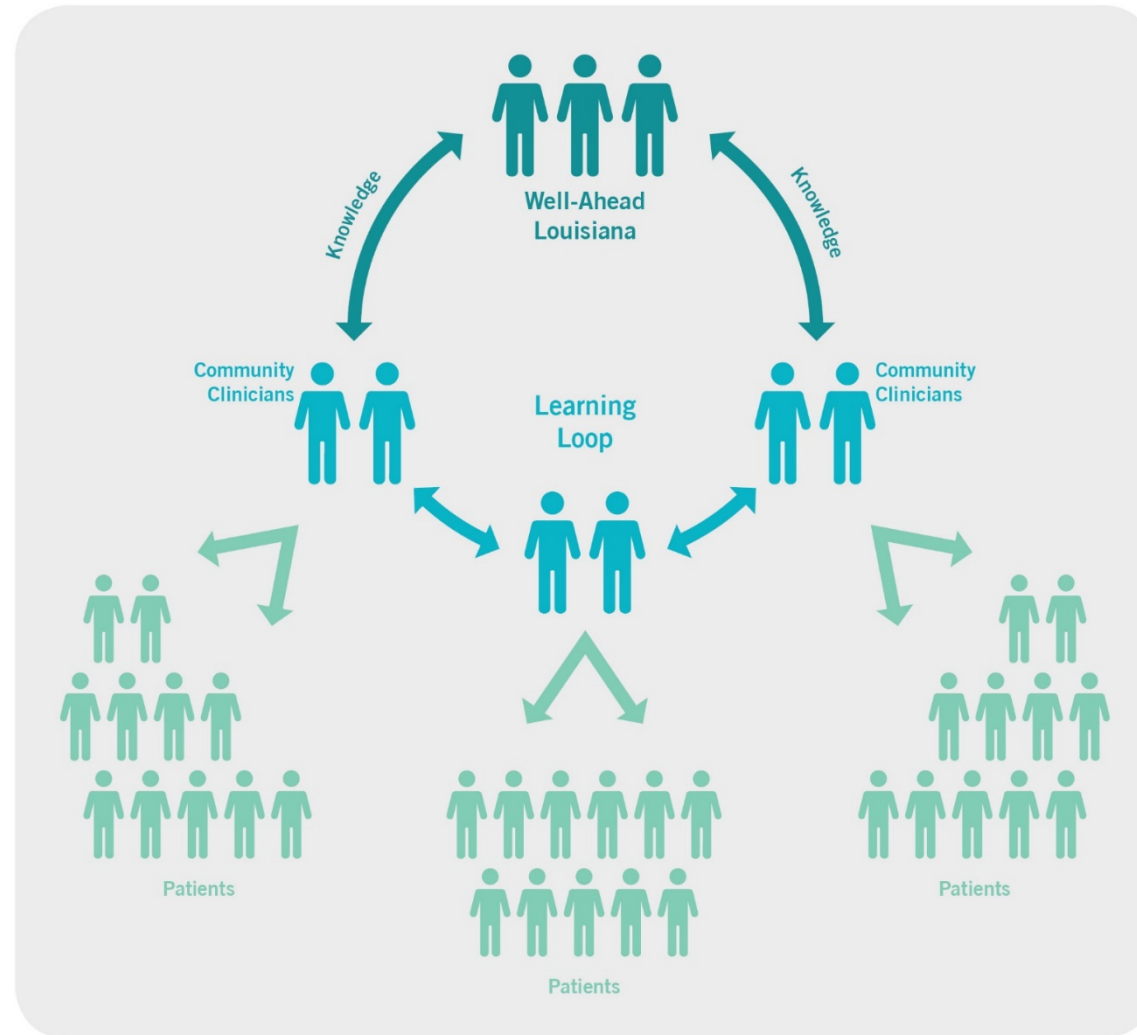


[View All Programs](#)

What is ECHO?

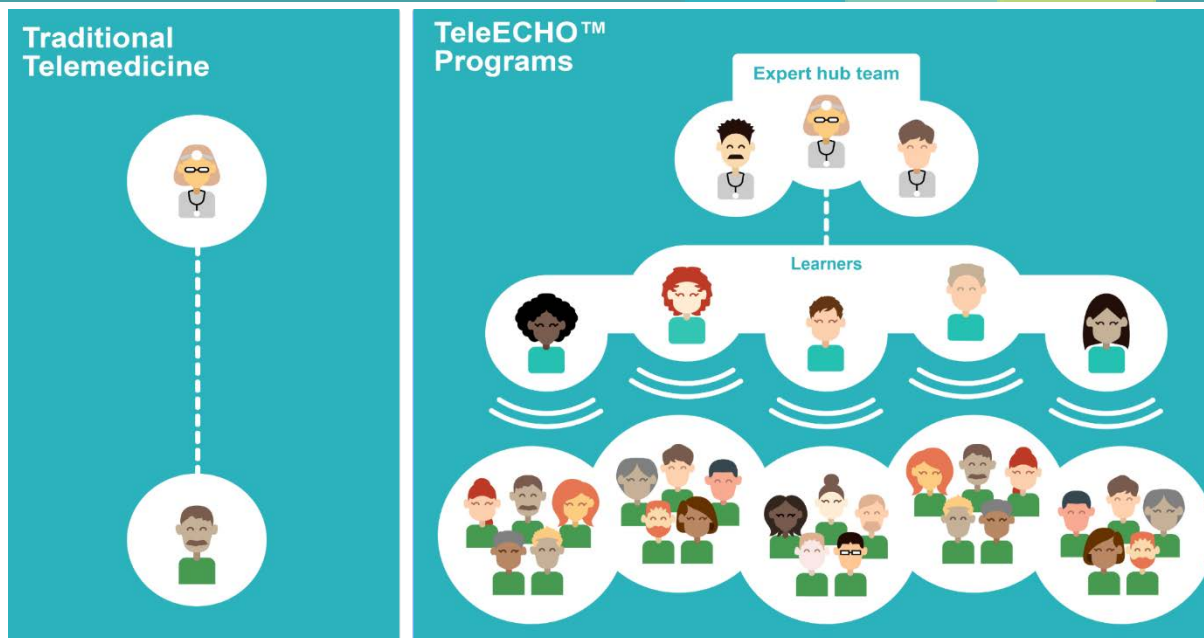
- ECHO functions on a “hub and spoke” model
 - Hub Team is made up of a group of relevant specialists
 - Spoke Sites are community providers/clinics
- ECHO sessions function like virtual grand rounds, combined with mentoring and patient case presentations
 - Spoke sites will present patient cases and participants will discuss and help determine the best treatment for the patient
 - Specialists serve as mentors and colleagues, sharing their medical knowledge and expertise with primary care clinicians

What is ECHO?

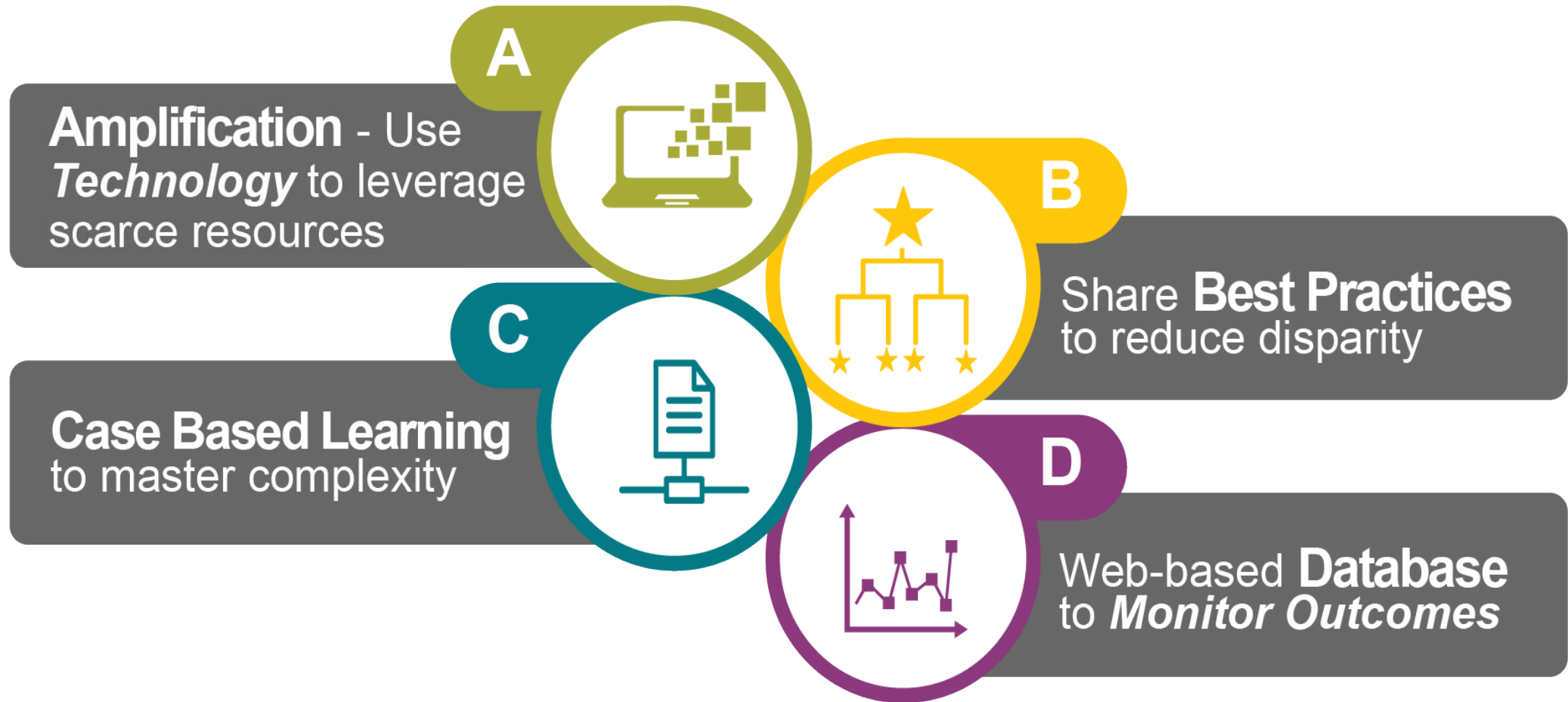


What is ECHO?

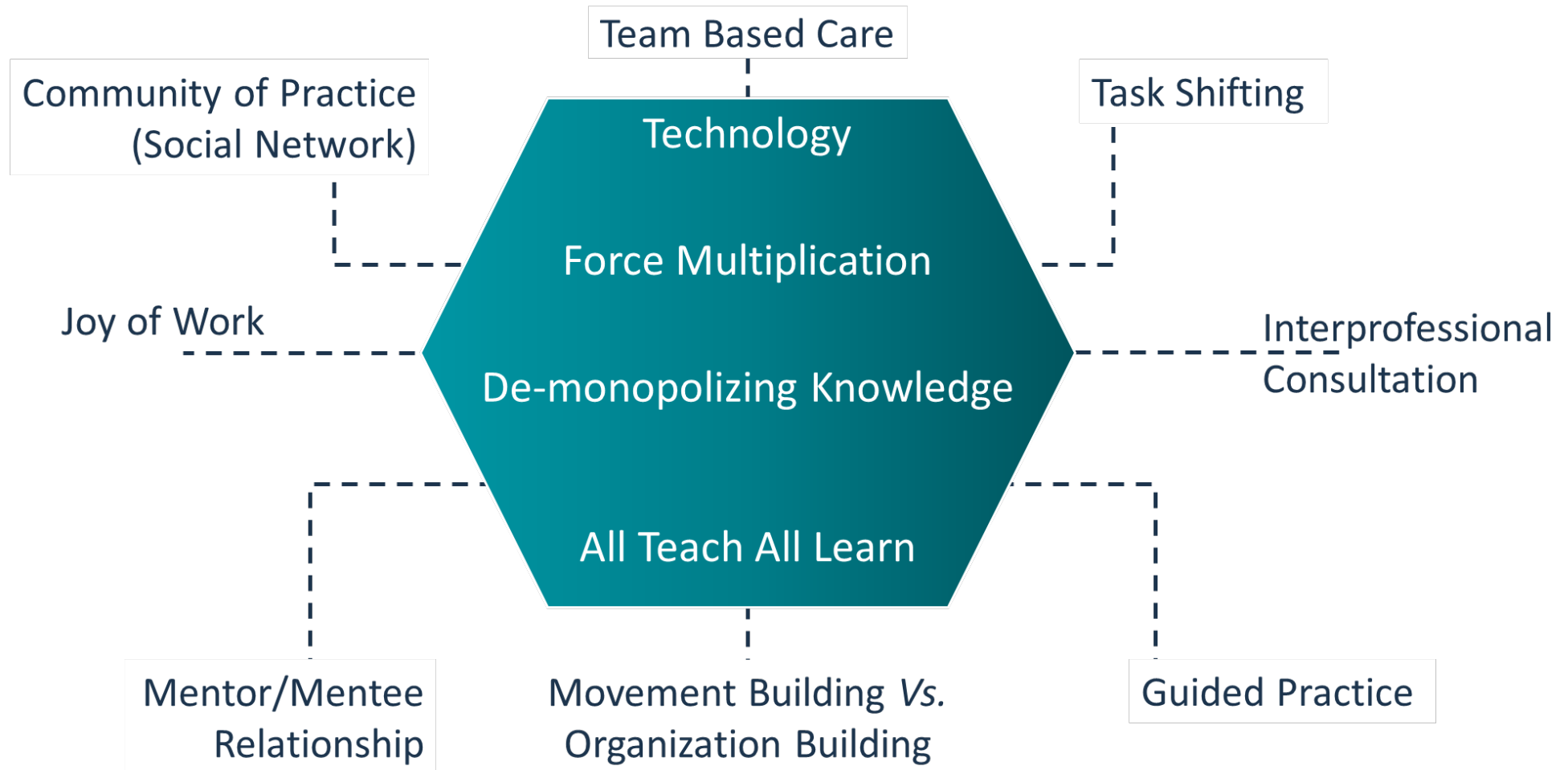
- ECHO model is not “traditional telemedicine”
- Treating Physician retains responsibility for managing patient



What is ECHO?



Why it Works



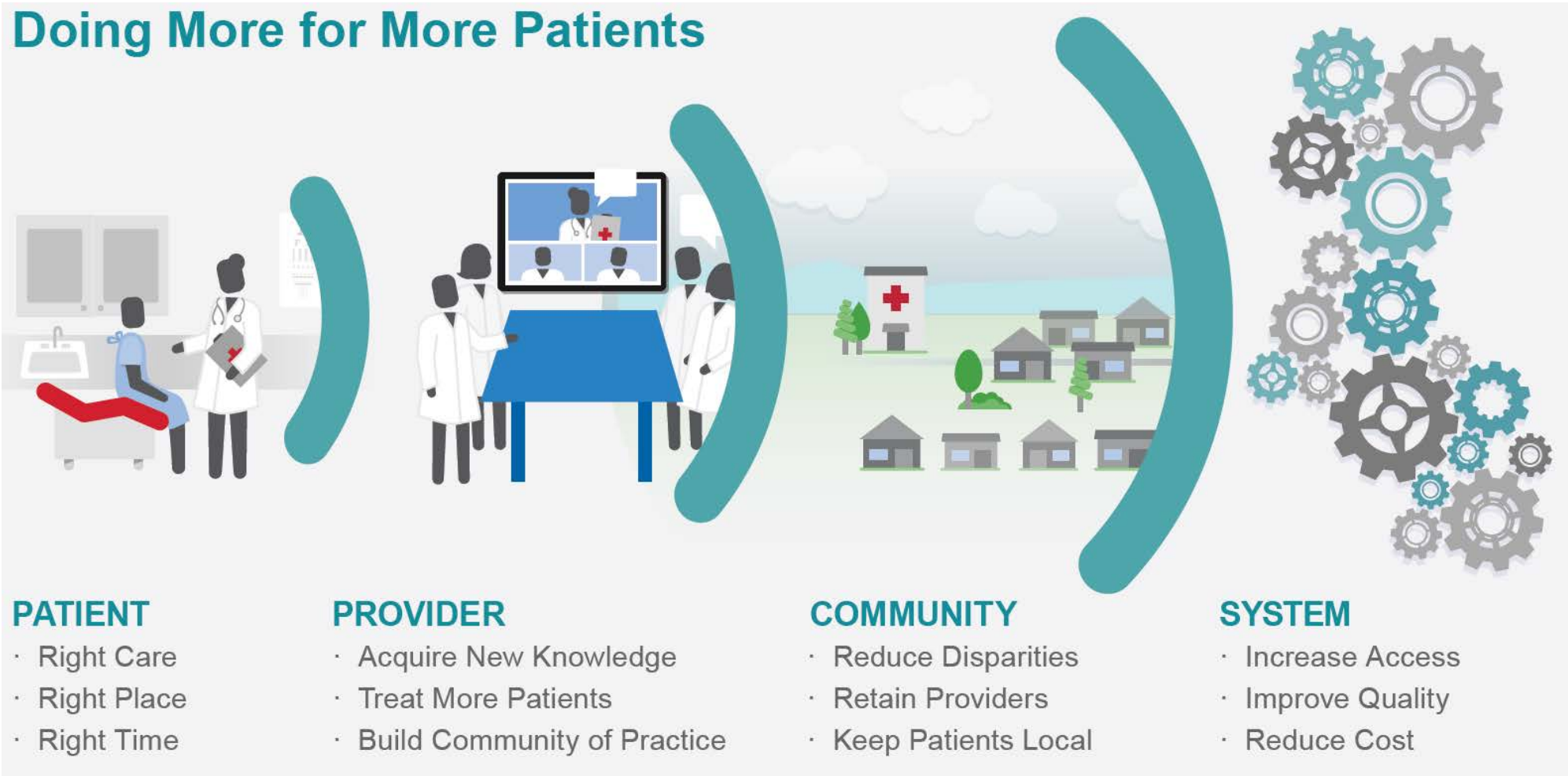


Benefits of ECHO

- **Democratize Knowledge**
- Quality and Safety
- Rapid Learning and best-practice dissemination
- Reduce variations in care
- **Access for Rural and Underserved Patients, reduced disparities**
- Workforce Training and Force Multiplier
- Improving Professional Satisfaction/Retention
- Supporting the Medical Home Model
- Cost Effective Care—Avoid Excessive Testing and Travel
- Prevent Cost of Untreated Disease (e.g. liver transplant or dialysis)
- Integration of Public Health into treatment paradigm

Benefits of ECHO

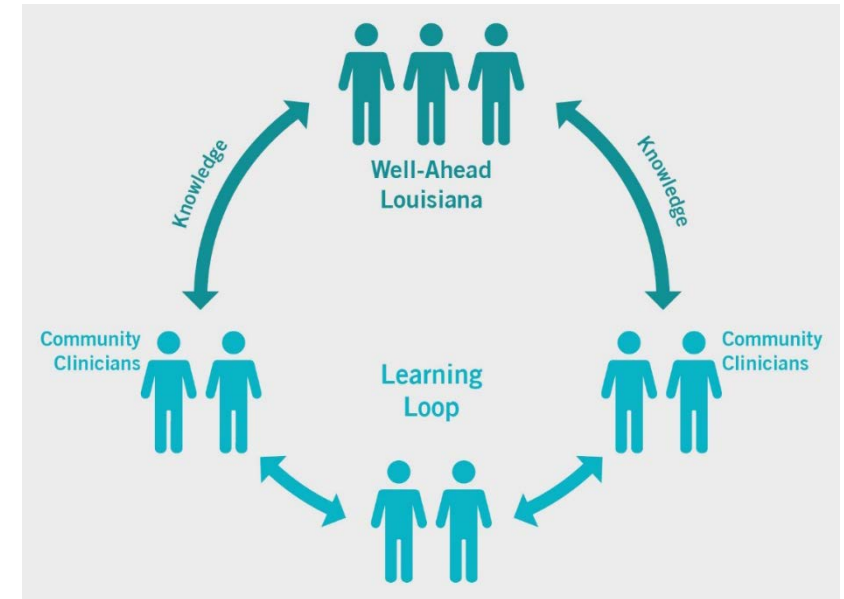
Doing More for More Patients



ECHO SESSIONS

Basic ECHO Session Structure

- **ECHO Sessions:** regularly scheduled videoconferencing sessions which include subject matter experts and learners who use the ECHO model, brief lectures, and case-based learning to create **Learning Loops**
 - Learning Loops: The sharing of knowledge between experts and community partners through active participation in ECHO sessions
- ECHO sessions are a core feature of the ECHO model



Basic ECHO Session Structure



Welcome & Introductions

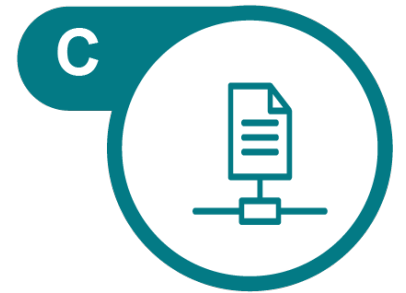
Case Presentation

Clarifying Questions

Case Discussion and Recommendations

Didactic Presentation

Wrap-up and Reminders



DIABETES ECHO PROJECT



Diabetes ECHO Overview

- Hub Team

- Endocrinologist, Internal Medicine Physician, Certified Diabetes Educator, Nurse Practitioner, Pharmacist, Cardiologist and Podiatrist (rotating)

- All clinicians in the community who work with diabetic patients are invited to join as “spokes” of the model—focus on rural primary care providers (such as RHCs/FQHCs)
- No cost - CEUs will be available for physicians, nurses, and pharmacists
- Beginning January 12, 2021, sessions will be held every other Tuesday, 12:00PM to 1:00PM

Diabetes ECHO Overview

- Register at <https://www.walpen.org/diabetes-echo>

Register for the Diabetes ECHO!

Register Here

What To Expect

Once registered, here is what you can expect attending a biweekly session:

- Introduce hub and spoke teams
- Present a de-identified patient case
- Ask clarifying questions to a case presenter
- Provide treatment recommendations
- Present diabetes treatment and management education
- Have time for questions
- Provide announcements and wrap up session

Submit a case presentation form!

Click Here

Diabetes ECHO Overview

- <https://www.walpen.org/diabetes-echo>

Date	Topic	Presenter
January 12, 2021	Introduction: What is ECHO?	Dr. Dragana Lovre
January 26, 2021	Types of Diabetes: Causes, Identification, and More	Dr. Dragana Lovre
February 9, 2021	Community Health Workers	Ashley Winnerstorm, LSUHSD
February 23, 2021	Pharmacologic Therapy for Type 2 Diabetes	Raven Jackson
March 9, 2021	Pharmacologic Therapy for Type 1 Diabetes	Raven Jackson
March 23, 2021	Type 2 Diabetes Treatment Algorithms	Christine Castille

Diabetes ECHO Hub Specialists

- **Dragana Lovre, MD**
 - Endocrinologist Hub Specialist, Tulane University
- **Marcy Hubbs, RDN, CHC, CDE**
 - Certified Diabetes Educator Hub Specialist, Well-Ahead Louisiana
- **Raven Jackson, PharmD**
 - Pharmacist Hub Specialist, Xavier University
- **Vy Anh Mai, MD, MS**
 - Internal Medicine Hub Specialist, Tulane University
- **Christine Castille, NP, CDE**
 - Nurse Practitioner/CDE Hub Specialist
- **Satish Gadi, MD**
 - Cardiologist Hub Specialist, Cardiovascular Institute of the South
- **Anthony Decuir, Jr., DPM**
 - Podiatrist Hub Specialist

LIFESTYLE COACH ECHO PROJECT



Lifestyle Coach ECHO Overview

- Diabetes Training and Technical Assistance Center (DTTAC) at Emory University partnership
- Hub Team includes a Lifestyle Coach (Rebecca Guidroz) from our team as well as subject matter experts from DTTAC
 - Registered Dietician Nutritionist
 - Certified Diabetes Care and Education Specialist
 - Public Health Professional
- All trained lifestyle coaches who deliver, or plan to deliver, the National Diabetes Prevention Program (NDPP) are invited to join
- Beginning in January 13, 2021, sessions will be held on the second Wednesday of each month, 11:30AM to 1:00PM

Lifestyle Coach ECHO Overview

- Register at <https://www.walpen.org/lifestyle-echo>

Register for the Lifestyle ECHO!

Register Here

What To Expect

Once registered, here is what you can expect attending a biweekly session:

- Introduce hub and spoke teams
- Present a de-identified patient case
- Ask clarifying questions to a case presenter
- Provide treatment recommendations
- Present diabetes treatment and management education
- Have time for questions
- Provide announcements and wrap up session

Submit a case presentation form!

Click Here

Lifestyle Coach ECHO Overview

- <https://www.walpen.org/lifestyle-echo>

Date	Topic	Program Competency
January 13, 2021	Recruitment: Enrolling Participants in the National DPP	Program Implementation
February 10, 2021	Brilliant Beginnings: Making the Most of Sessions 0-5!	Program Implementation
March 10, 2021	Social Determinants of Health and Obesity	Health Equity
April 14, 2021	Wait, Wait Don't Leave: Keeping Participants Engaged in the Yearlong Program	Program Implementation
May 12, 2021	Physical Activity Barriers	N/A
June 9, 2021	Health Equity: Considering Culture	Diversity and Inclusion



Lifestyle Coach ECHO Hub Specialists

- **Rebecca Guidroz, RDN, LDN**
 - Diabetes Manager, Community Clinical Linkages, Well-Ahead Louisiana
- **Christiana Reese Remington, RDN, MPH**
 - Communications and Evaluation Coordinator, Emory Centers for Training and Technical Assistance
- **Rachel Marquez, MPH**
 - Program Manager, Priority Populations and Health Equity, Emory Centers for Training and Technical Assistance
- **Sarah Piper, MPH, CDCES**
 - Associate Director of Programs, Emory Centers for Training and Technical Assistance

Join an ECHO!

- More Information: www.walpen.org/project-echo
- Register today to join the Diabetes or Lifestyle Coach ECHOs!
 - Diabetes ECHO: www.walpen.org/diabetes-echo
 - Lifestyle Coach ECHO: www.walpen.org/lifestyle-echo
- Important Dates:
 - December 31, 2020: Last day to register for Lifestyle Coach ECHO
 - January 12, 2021: Diabetes ECHO launch date
 - January 13, 2021: Lifestyle Coach ECHO launch date
- Questions?
 - Contact wellahead.projectecho@la.gov

QUESTIONS?



Thank you for joining us!

December 16, 2020

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