Medication Therapy Management

Patient Education

# Purpose

Use this document as a template to create a simple one-page overview of the service that can be shared with patients. You should address key areas of concern such as whether there is a cost associated with the service, how it will help them manage their health, and whether they need to take action based on the discussion.

# Why are you meeting with a pharmacist today?

[Site name, including relevant partners as needed] is providing you with Medication Therapy Management services. This is an opportunity for you to talk with a pharmacist about the medications you are taking and any concerns you have related to your medications. This service will help you get the most from your medications, and can help avoid problems related to your medications.

# What is Medication Therapy Management?

Medication Therapy Management, or MTM, just means the pharmacist is going to sit and talk with you about your health, your concerns, and the different drugs you are taking. The pharmacist may recommend a new drug that could work better or cost less than something you are currently taking. MTM helps put you in control of your health and your medications.

# Will this cost you anything?

[Site name] wants to make sure you receive the best care. We hope that providing this service will help you stay healthier. [Describe policy here, example: This service will not cost you anything and will not be billed to you or your insurance OR You will be required to pay a co-pay in the amount of $X]

# What happens if the pharmacist thinks you need a new medication?

The pharmacist will contact your doctor and talk about what you discussed. Your doctor will let you know if any changes need to be made. You don’t need to take any action unless you hear from your doctor.

# Will I hear from the pharmacist again?

If you are interested, the pharmacist would like to call you in a few weeks to see how you are doing, discuss your medication, and talk about whether you need any other changes to your drug therapy.

# What if I have questions after I leave the hospital?

If you have any other questions related to your health and your medications after leaving the hospital, please call your doctor.