

WELL-AHEAD



WELLAHEADLA.COM

Welcome to the
WALPEN Webinar

Louisiana's Health Initiative



Preventing Type 2 Diabetes in Louisiana

February 19, 2020

Presenters

- **Trish Hermann, MS, RD**

- Senior Public Health Consultant
- NACDD



- **Rebecca D. Guidroz, RDN, LDN**

- Diabetes Prevention Manager
- Well-Ahead Louisiana



- **Jane Myers, RDN, CDE**

- Consultant
- NACDD



Preventing Type 2 Diabetes in Louisiana

February 19, 2020



**NATIONAL ASSOCIATION OF
CHRONIC DISEASE DIRECTORS**

Promoting Health. Preventing Disease.

NACDD Overview

- Leverages 30 years of experience
- Founded in **1988** in partnership with CDC to strengthen state-based leadership and expertise in chronic disease prevention and control
- **Member**-based, **Member**-driven, **Member**-led
- Nationally recognized **thought leaders**
- Members impact every area of Chronic Disease: **programs, advocacy, education, communication, funding**



NACDD and the National DPP

TRAINING

Provide training and technical assistance to state health departments and national **organizations** **scaling** and **sustaining** the program

HEALTH EQUITY

Work in underserved counties to **increase access** to the program

COVERAGE

Address **Medicaid**, **employer**, and **commercial plan coverage**

TOOLS

Developed and maintain the **National DPP Coverage Toolkit**

PARTNER ENGAGEMENT

Engage **State Health Departments** and their **partners** to collectively scale and sustain the National DPP in their state





**30 million Americans
have diabetes**

84 million Americans
have prediabetes

9 out of 10 adults with
prediabetes don't know
they have it

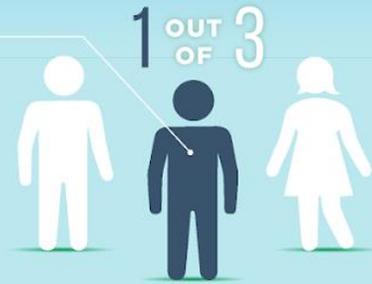


PREDIABETES

COULD IT
BE YOU?

84.1
MILLION

84.1 million
American adults —
more than
1 out of 3 — have
prediabetes



9 OUT OF 10 people with prediabetes
don't know they have it



Prediabetes is
when your blood
sugar level is higher
than normal but not
high enough yet to
be diagnosed as
type 2 diabetes

Prediabetes
increases
your risk of:



TYPE 2
DIABETES



HEART
DISEASE



STROKE



National Diabetes Prevention Program

REDUCING THE IMPACT OF DIABETES



Congress authorized CDC to establish the **NATIONAL DIABETES PREVENTION PROGRAM** (National DPP) — a public-private partnership to offer evidence-based, low-cost interventions in communities across the United States to prevent type 2 diabetes

It brings together:



to achieve a greater impact on reducing type 2 diabetes

Research shows structured lifestyle interventions can cut the risk of type 2 diabetes in **HALF**

Largest national effort to mobilize and bring an evidence-based lifestyle change program to communities across the country!



Overview of the National DPP

The National DPP relies upon a variety of public-private partnerships with community organizations, private and public insurers, employers, health care organizations, faith-based organizations, government agencies, and others working together to:



Build a workforce that can implement the lifestyle change program effectively



Ensure quality and standardized reporting



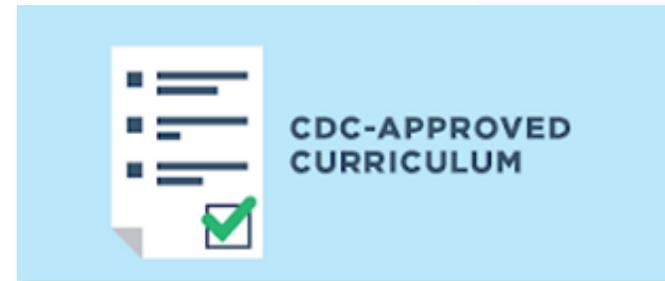
Deliver the lifestyle change program through organizations nationwide



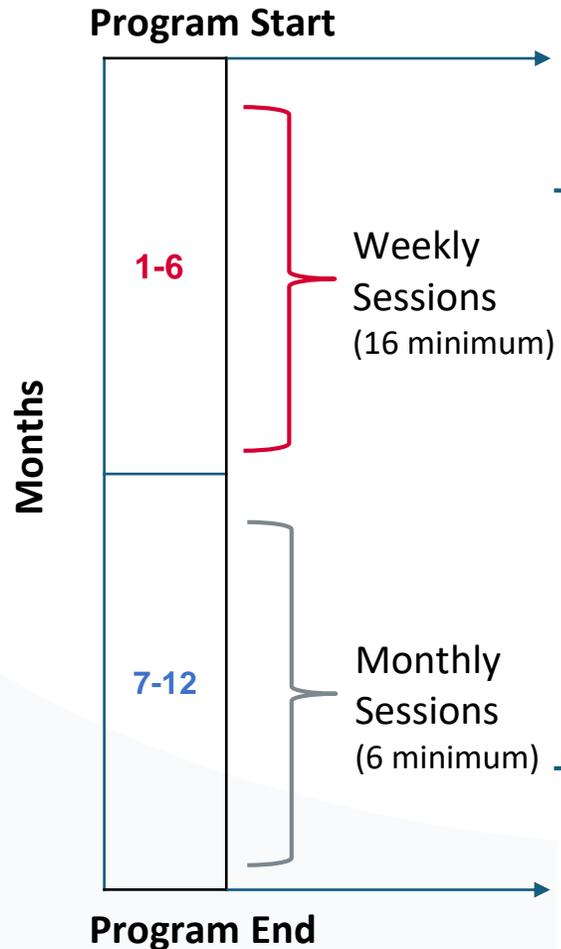
Increase referrals to and participation in the lifestyle change program



Core Elements of the National DPP Lifestyle Change Program



The National DPP Lifestyle Change Program



PROGRAM GOAL: Help participants make lasting behavior changes such as eating healthier, increasing physical activity, and improving problem-solving skills

Example modules covered in core phase:

- Eat Well to Prevent T2
- Burn More Calories Than You Take In
- Manage Stress
- Keep Your Heart Healthy

Sessions facilitated by a trained lifestyle coach

- Can be a peer educator/Community Health Worker

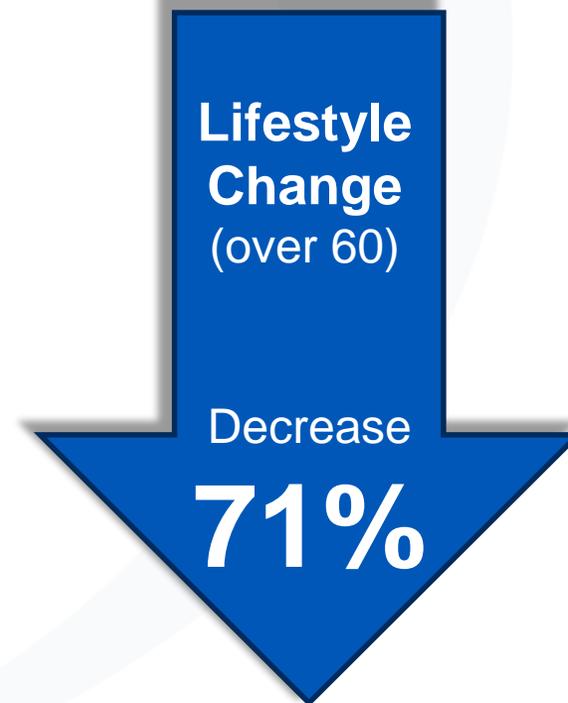
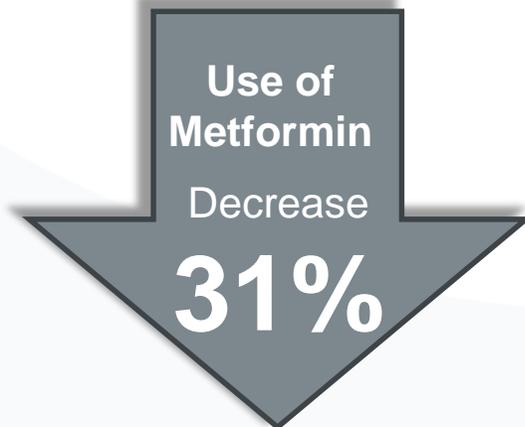
PARTICIPANT GOAL: Lose 5 – 7% of body weight



Type 2 Diabetes Prevention Evidence Summary

Randomized Clinical Control Trials:

- The Diabetes Prevention Program Research Group. Reduction in the incidence of type 2 diabetes with lifestyle intervention or metformin. N Engl J Med. **2002**; 346 : 393–403.
- The Diabetes Prevention Program Outcomes Study. Lancet. 2015

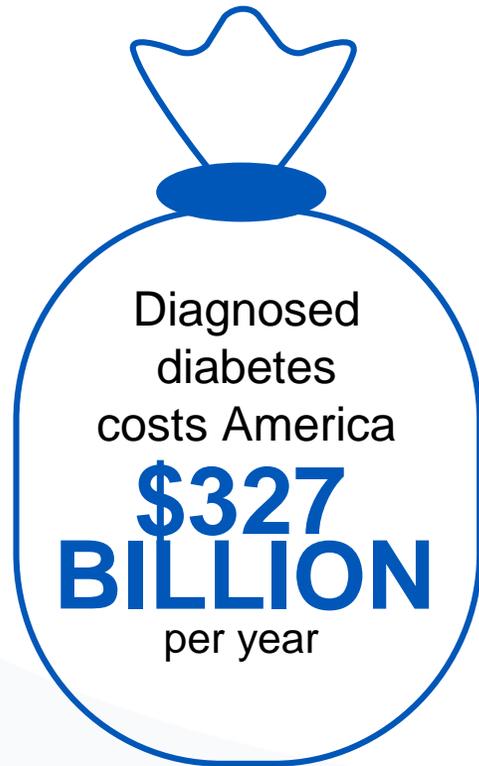


Type 2 Diabetes Prevention Evidence Summary

Subsequent Translation Studies	Various
Evidence-based Recommendations	
USPSTF Obesity Intensive Behavioral Counseling	July 2012
Community Guide Review	July 2014
USPSTF CVD Risk Reduction Intensive Behavioral Counseling	August 2014
USPSTF Type 2 Diabetes and Abnormal Glucose Screening	October 2015
ICER Evidence Report on Diabetes Prevention Programs	July 2016



Economic Factors



Health care costs for Americans with diabetes are **2.3x GREATER** than those without diabetes



Annual cost of health care for people with diabetes
\$16,752



Annual cost of health care for people without diabetes
\$7,151



ROI: National DPP

Institute for Clinical and Economic Review (ICER)	<ul style="list-style-type: none">• Estimated savings of \$1,146 per participant for in-person individual programs; \$618 for online (5 year horizon)
CMS Office of the Actuary (OACT)	<ul style="list-style-type: none">• Certification Report: National DPP would reduce (or not increase) net Medicare spending
Online Delivery of the National DPP ROI	<ul style="list-style-type: none">• 2,371 individuals with prediabetes• Simulated 3-year ROI break-even point• Simulated 5-year ROI of \$1,565
Commercially Insured Population	<ul style="list-style-type: none">• Annual expenditures nearly 1/3 higher for those who develop diabetes; average difference \$2671 per year• 3-year ROI estimated up to 42%



NACDD & CDC State Engagement Model

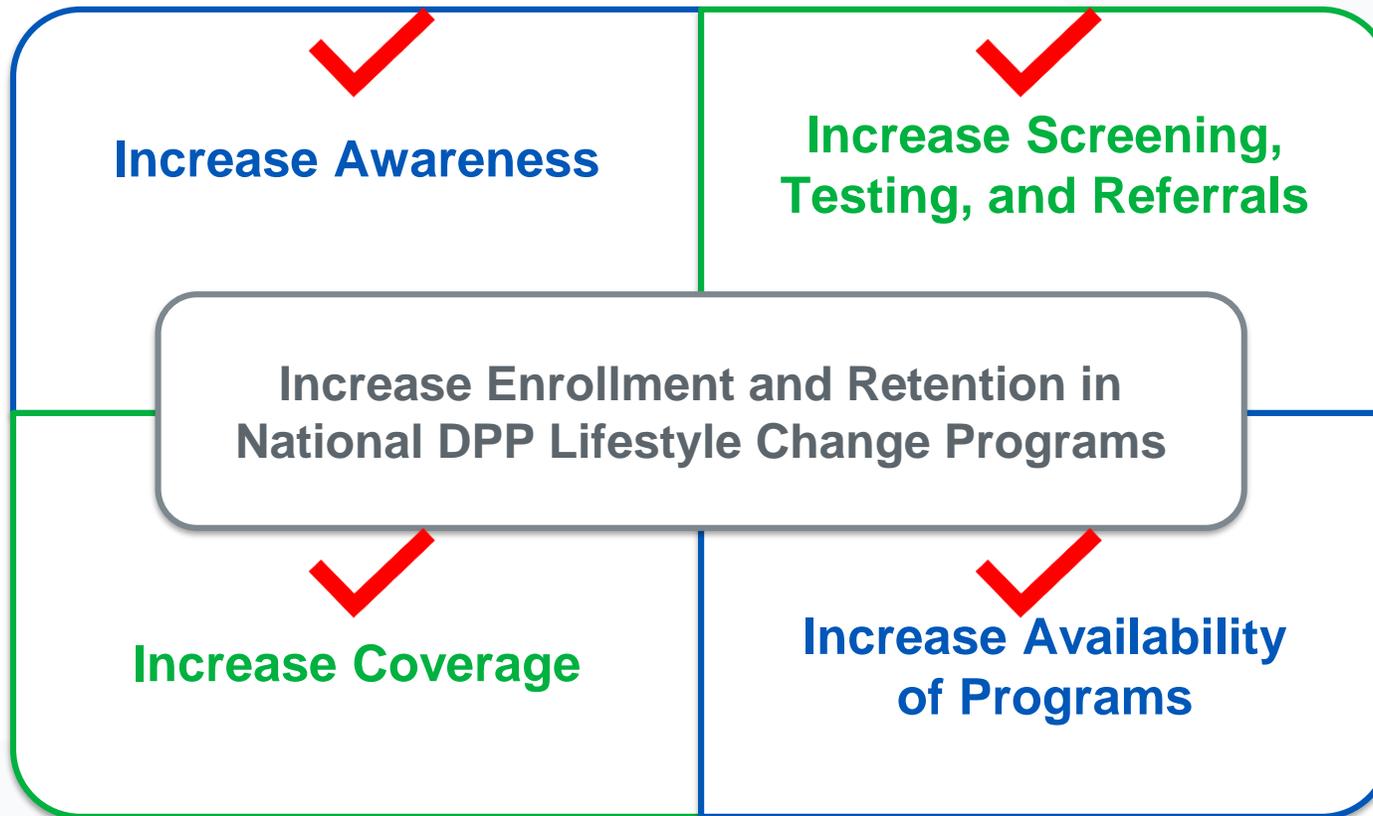


State Engagement Model

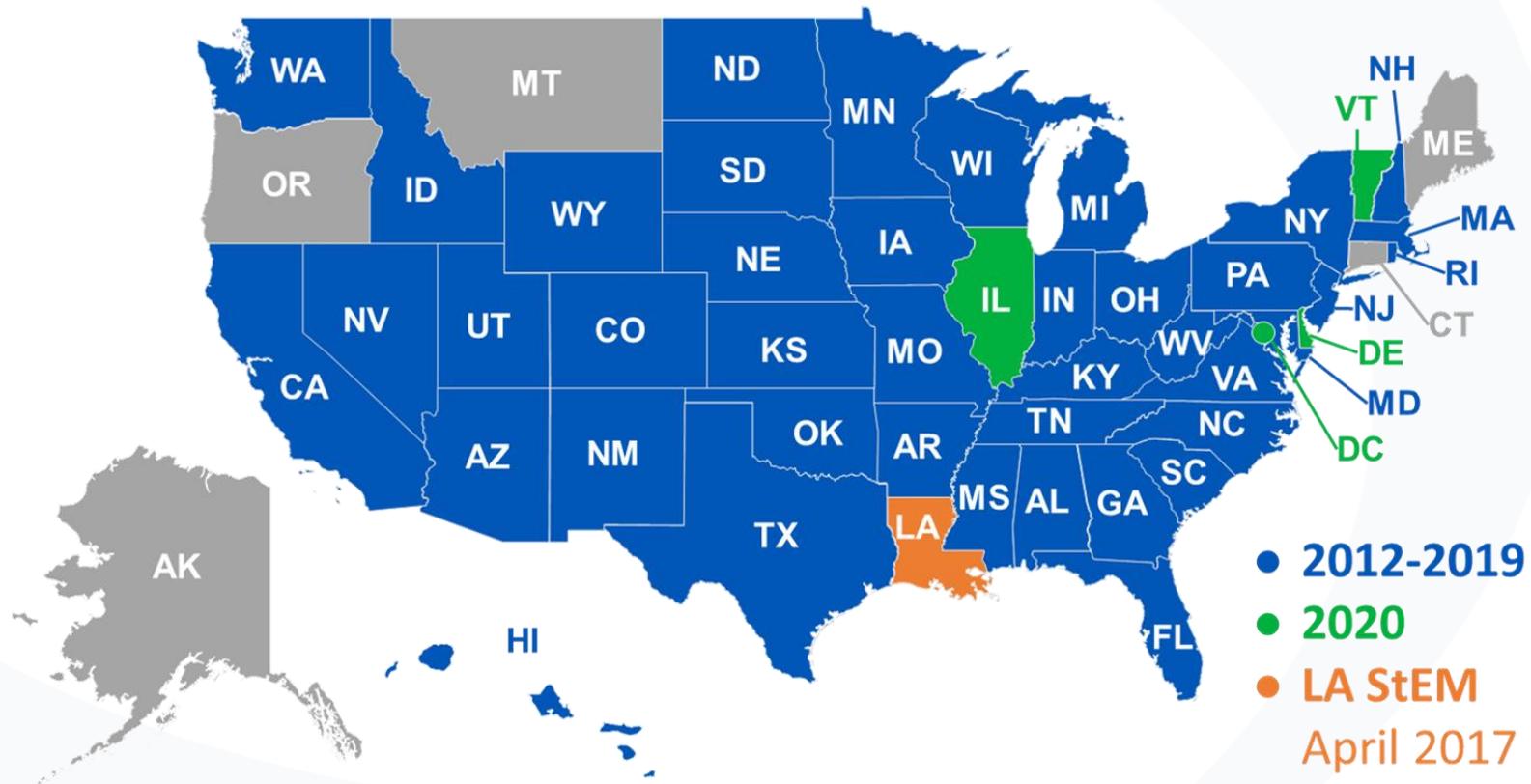
- *Giving Diabetes the Boot - Diabetes Prevention in Louisiana: State Engagement Meeting – April 2017*
- State, NACDD, CDC team members work to engage a network of key stakeholders to develop and implement a diabetes prevention action plan tailored to the state.
- NACDD provides continued technical assistance to state health departments on plan implementation



Diabetes Prevention Drivers



State Engagement Meetings





Louisiana Landscape of National DPP

Rebecca Guidroz, RD, LDN | Diabetes Prevention Manager



Louisiana has the **4th**
highest diabetes rate in the
nation, affecting **14.1%**
of the population.

According to the American
Diabetes Association, **1.27**
million people in Louisiana
have prediabetes.

that fills the

SUPERDOME

17X



National & State Snapshot

	Louisiana	US
Diabetes	657 Thousand (14.1%) ¹	35.6 Million (10.9%) ¹
Prediabetes	1.27 Million (27.3%) ²	84.1 Million (33.9%) ³

Source: ¹America's Health Rankings, 2019. ²ADA. ³CDC.

Efforts to Scale Diabetes Prevention

- Well-Ahead Louisiana Designation Program / WellSpots
- Well-Ahead Louisiana Provider Education Network (WALPEN)
- Louisiana Diabetes Educator Network (LaDEN)
- Louisiana Diabetes Educator Network Prevents (LaDEN Prevents)
- Louisiana Obesity and Diabetes Collaborative
- Technical Assistance, Trainings, and Resources



State Engagement Meeting (StEM)

Priority Objectives for National DPP

Increase
awareness

Increase
availability
and access

Increase
coverage

Increase
screening,
testing,
referrals

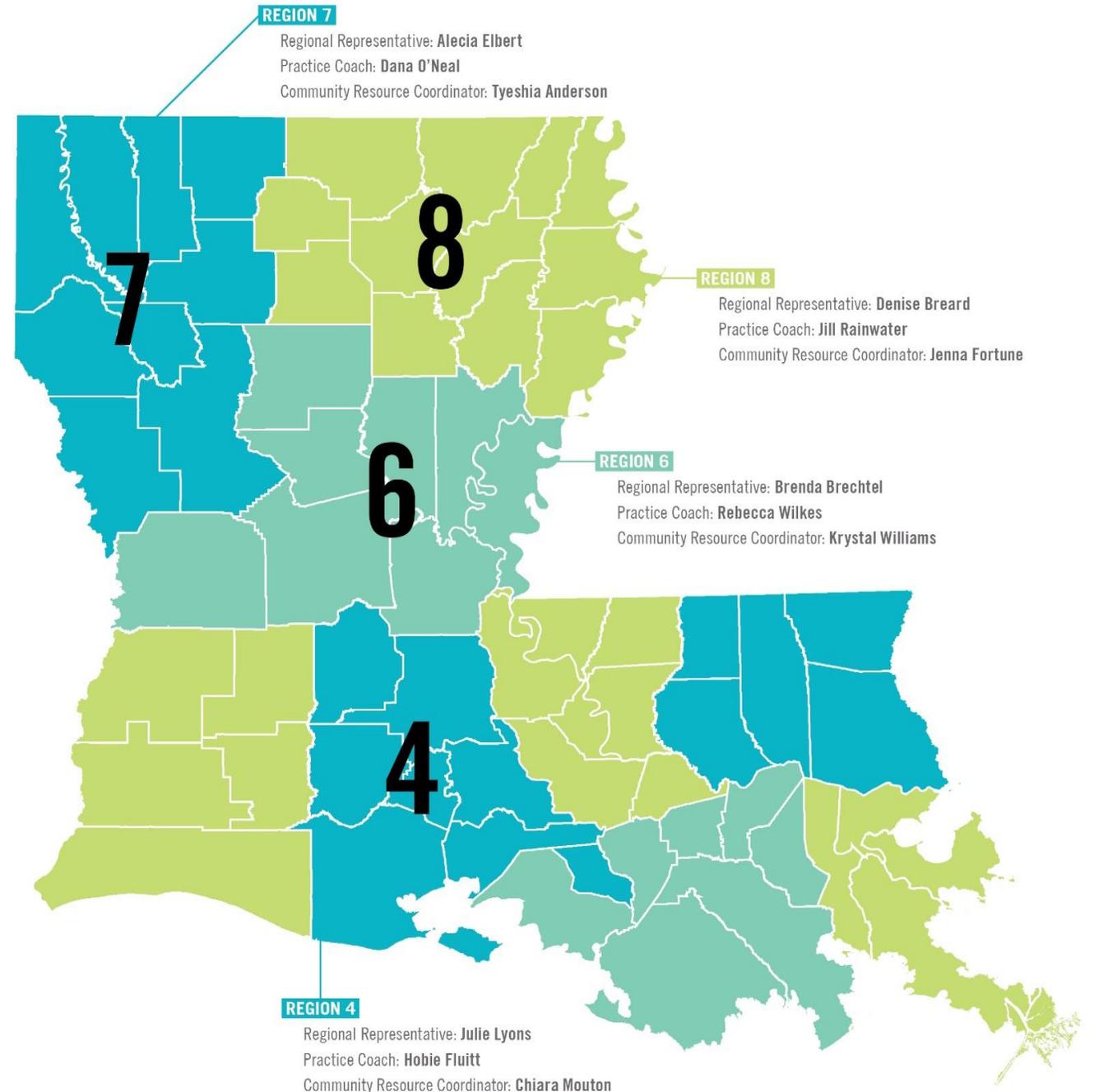
Target Populations

Louisiana Department of Health Regions

- Region 4
- Region 6
- Region 7
- Region 8

Well-Ahead Regional Staff

- Regional Reps: WellSpots
- Practice Coaches: Clinics
- Community Resource Coordinators



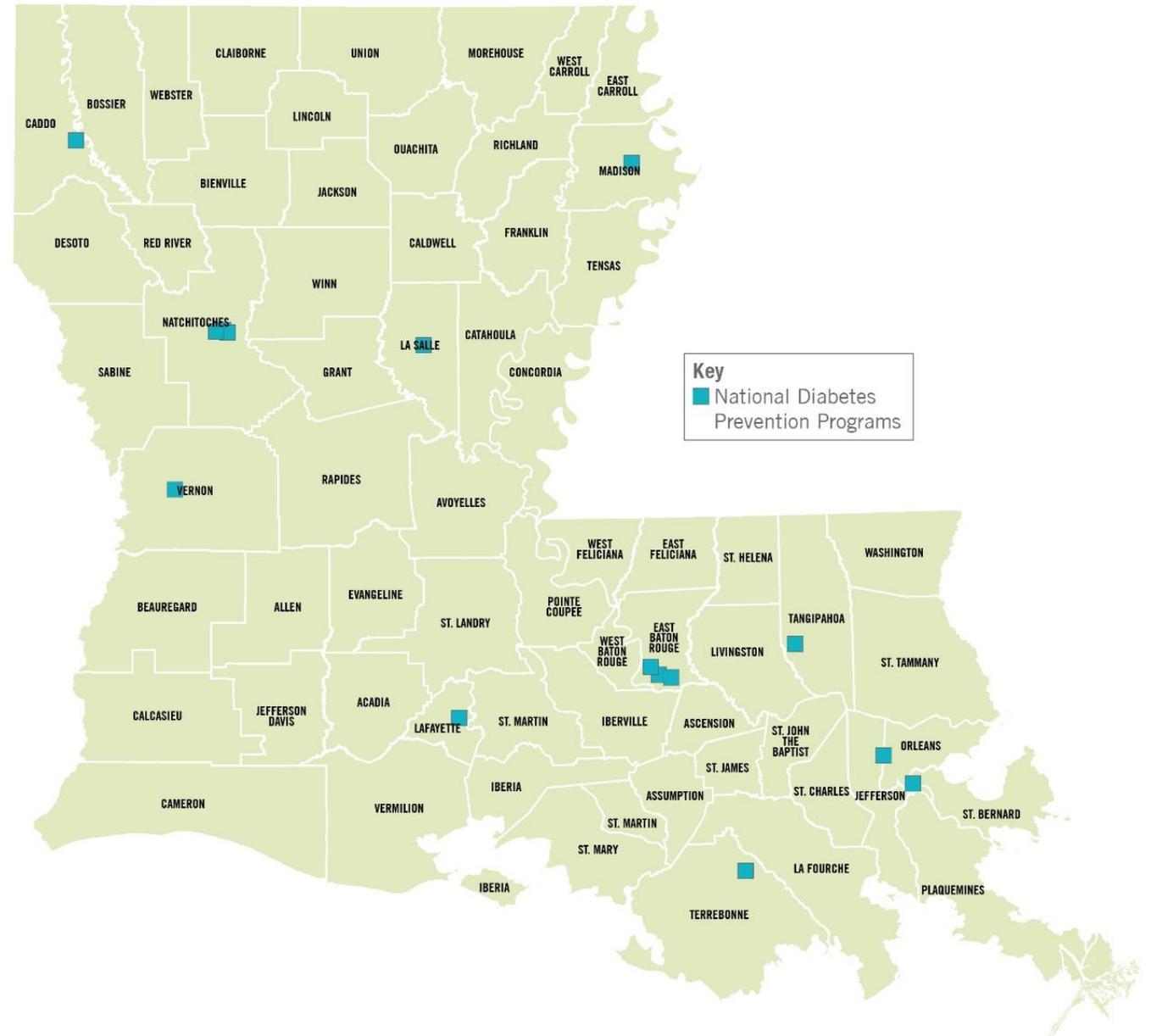
Current Programs in Louisiana

13 CDC-Recognized Organizations

Delivery: In-person

11 programs are open to the public

2 employee based programs



Diabetes Prevention Recognition Program

Organization [▲]	Address	City	State	Zip Code	Phone Number	Website	Class Type	Who can participate?
★ Baton Rouge General Health & Wellness Center Achieved Full Recognition	8490 Picardy Ave., Suite 600-D	Baton Rouge	LA	70809	(225) 819-1175		In-Person	Public
★ Martin Luther King Health Center & Pharmacy Achieved Full Recognition	865 Olive St.	Shreveport	LA	71104 2136	(318) 227-2912 Ext: 1		In-Person	Public
★ Woman's Hospital Diabetes Education Services Achieved Full Recognition	500 Rue de la Vie Suite 515	Baton Rouge	LA	70817	(225) 924-8315		In-Person	Public
● AM HEALTH SERVICES Achieved Preliminary Recognition	323 PATTERSON St. BLDG 12	Lafayette	LA	70501	(337) 456-2400	http://amprevention...	In-Person	Public
● YMCA of the Capital Area Achieved Preliminary Recognition	350 S. Foster Dr.	Baton Rouge	LA	70806	(225) 924-3606	http://www.ymcabr.o..	In-Person	Public
Diabetes Education & Self Management Alliance	1421 Martens Dr. Unit A	Hammond	LA	70401	(985) 466-1118	http://www.desma.org	In-Person	Public Members
Outpatient Medical Center, Inc	1640 Breazeale Springs St.	Natchitoches	LA	71457	(318) 352-9299 Ext: 2055	http://outpatientmed.	In-Person	Public
Sankofa Community Development Corporation	5200 Dauphine St.	New Orleans	LA	70117	(504) 872-9214		In-Person	Public
Start Community Health Center	235 Civic Center Blvd.	Houma	LA	70360	(985) 333-2020		In-Person	Public

Registry of Recognized Organizations Website: https://nccd.cdc.gov/DDT_DPRP/Registry.aspx

Well-Ahead Community Resource Guide

FIND COMMUNITY RESOURCES NEAR YOU!

Use the search tool below to find local resources for topics like breastfeeding, diabetes, healthy eating, physical fitness, stress management and tobacco cessation.

Is there a local resource that you would like for others to know about?

Submit a new resource, or email us at wellahead@la.gov. Help us in moving your community Well-Ahead!

Add

TYPE

- Breastfeeding
- Diabetes Prevention and Self-Management
- Health Screenings
- Healthy Eating and Food Resources
- Physical Fitness
- Stress Management/Mental Health
- Tobacco Cessation

PARISH

Search



National DPP Staffing and Training

- **Lifestyle coach**
 - Deliver and lead program sessions
 - Anyone can be an effective coach
- **Program coordinator**
 - Serves as the institutional expert for implementing the lifestyle change program consistent with the DPRP Standards
- **LaDEN Prevents training opportunities**
 - Training opportunities
 - Webinars
 - In-person
 - Peer-to-Peer Network

Program Coverage

Medicare Diabetes Prevention Program (MDPP)

Commercial payers

Blue Cross Blue Shield of LA

Omada

Office of Group Benefits

Not covered by Medicaid



Medicaid Agencies

Explore resources around covering the National DPP lifestyle change program in Medicaid



Medicaid MCOs

Explore resources around covering the National DPP lifestyle change program in Medicaid MCOs



Commercial Payers

Explore resources around covering the National DPP lifestyle change program in employers and commercial health plans



Medicare DPP

Explore resources around covering the National DPP lifestyle change program in Medicare

<https://coveragetoolkit.org/>



National DPP Gaps & Opportunities

Gaps:

- Awareness
- Number of programs
- Screening, testing and referring (S/T/R)
- Coverage
- Sustainability

Opportunities:

- Media campaigns
- Resources
- Technical assistance to plan and implement programs
- Partnerships
- Education and training related to S/T/R



Getting Involved is Easy

- **Well-Ahead Resources and Trainings**

- Community Recourse Guide (CRG)
- LaDEN Prevents
- Obesity and Diabetes Collaborative
- Marketing and promotional tools

- **Technical assistance related to:**

- Starting a National DPP
- Staff education and training related to S/T/R
- Telehealth
- Connecting community partners

Prevent Diabetes Toolkit: Screen/Test/Refer



PREVENTING
TYPE 2
DIABETES

National DPP Referral Form

Send to: Fax:

Email:

PATIENT INFORMATION		
First name	Address	
Last name	City	
Health insurance	State	
Gender <input type="checkbox"/> Male <input type="checkbox"/> Female	ZIP code	
Birth date (mm/dd/yy)	County	
Email	Phone	
By providing your information above, you authorize your health care practitioner to provide this information to a Diabetes Prevention Program provider, who may in turn use this information to communicate with you regarding its Diabetes Prevention Program.		
PRACTITIONER INFORMATION (COMPLETED BY HEALTH CARE PRACTITIONER)		
Physician/NP/PA	Address	
Practice contact	City	
Phone	State	
Fax	ZIP code	
SCREENING INFORMATION		
Body Mass Index (BMI) _____ (Eligibility = $\geq 24^*$ (≥ 22 if Asian))		
Blood test (check one)	Eligible range	Test result (one only)
<input type="checkbox"/> Hemoglobin A1C	5.7–6.4%	_____ %
<input type="checkbox"/> Fasting Plasma Glucose	100–125 mg/dL	_____ mg/dl
<input type="checkbox"/> 2-hour plasma glucose (75 gm OGTT)	140–199 mg/dL	_____ mg/dl
Date of blood test (mm/dd/yy):		

1 in 3 American adults
have prediabetes.
Do you?

Take this test to find out.

<p>1. How old are you? Younger than 40 years (0 points) 40-49 years (1 point) 50-59 years (2 points) 60 years or older (3 points)</p>	<p>Fill in the boxes below with your scores.</p> <input type="text"/>
<p>2. Are you a woman or man? Woman (0 points) Man (1 point)</p>	<input type="text"/>
<p>3. If you are a woman, have you ever been diagnosed with gestational diabetes? No (0 points) Yes (1 point)</p>	<input type="text"/>
<p>4. Do you have a mother, father, sister, or brother with diabetes? No (0 points) Yes (1 point)</p>	<input type="text"/>
<p>5. Have you ever been diagnosed with high blood pressure? No (0 points) Yes (1 point)</p>	<input type="text"/>
<p>6. Are you physically active? Yes (0 points) No (1 point)</p>	<input type="text"/>
<p>7. What is your weight category? (see chart on back)</p>	<input type="text"/>

Your Total:

Did you score a 5 or higher?

- You may be at an increased risk for having prediabetes and for type 2 diabetes.
- Type 2 diabetes and prediabetes are a condition in which blood sugar levels are higher than normal.

ONLY YOUR DOCTOR CAN TELL YOU FOR SURE IF YOU HAVE TYPE 2 DIABETES OR PREDIABETES. TALK TO YOUR DOCTOR TO SEE IF YOU NEED ADDITIONAL TESTING.

Height	Weight (pounds)		
4'10"	119+	143+	191+
4'11"	124+	148+	198+
5'0"	128+	153+	204+
5'1"	132+	158+	211+
5'2"	136+	164+	218+
5'3"	141+	169+	225+
5'4"	145+	174+	232+
5'5"	150+	180+	240+
5'6"	155+	186+	247+
5'7"	159+	191+	255+
5'8"	164+	197+	262+
5'9"	169+	203+	270+
5'10"	174+	209+	278+
5'11"	179+	215+	286+
6'0"	184+	221+	294+
6'1"	189+	227+	302+
6'2"	194+	233+	311+
6'3"	200+	240+	319+
6'4"	205+	246+	328+
Points	1 Point	2 Points	3 Points
	If you weigh less than the numbers listed by your height, enter 0 points.		

National Diabetes Prevention Program Information



This public document was published at a total cost of \$83.90. 500 copies of this public document were published in this second printing at a cost of \$83.90. The total cost of all printings of this document, including reprints is \$134.58. This document was published by OTS-Production Support Services, 627 North 4th Street, Baton Rouge, LA 70802 for the Louisiana Department of Health to provide information on the risk of prediabetes. This material was printed in accordance with standards for printing by state agencies established pursuant to R.S. 43:31. Printing of this material was purchased in accordance with the provisions of Title 43 of the Louisiana Revised Statutes.





Health Management System

- WALPEN Health Improvement Portal
- Care coordination/health information exchange system where clinics can privately and securely share information with community health and social support partners for things such as:
 - Patient centered care
 - Bi-directional electronic referrals and communication
 - Population health dashboards
 - Provider and patient education tools

Project ECHO

Well-Ahead Louisiana & Tulane
University School of Medicine

2020 Diabetes ECHO Series

Tuesdays at Noon, 1 hour

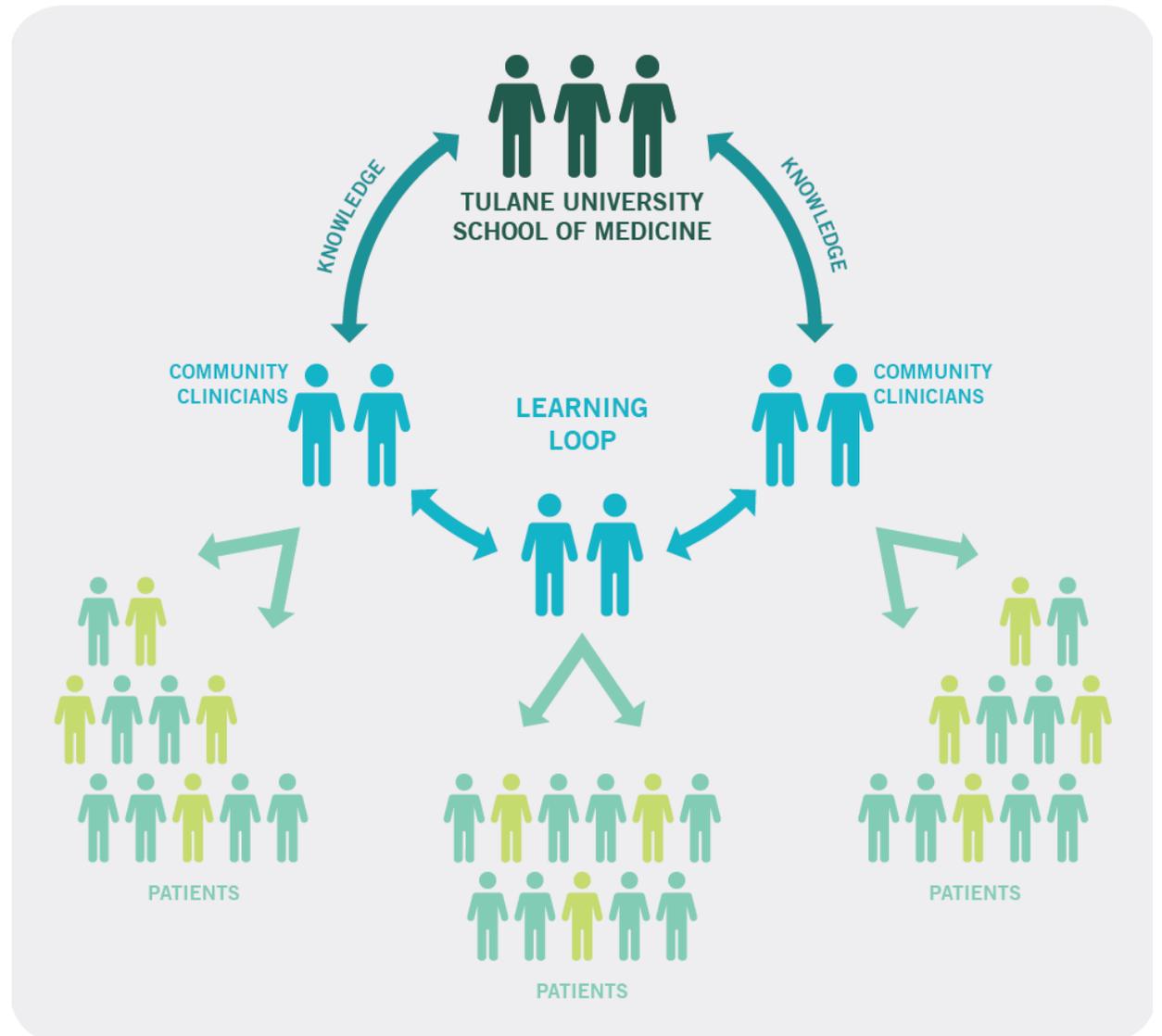
Next session: February 25th

Resources to help treat diabetes

Register for the ECHO:

walpen.org/project-echo

wellahead@la.gov





Benefits to Your Practice

- Reinforces the advice you give patients during their visits
- Assures your patients are receiving evidence-based information about weight loss, diet, exercise, and other important lifestyle changes
- Saves you time during office visits
- Improves value-based care
 - Health outcomes
 - Patient's overall health
 - Decreases your patient population risk

**1.27 MILLION ADULTS IN LOUISIANA HAVE PREDIABETES.
AND 90% OF THEM DON'T EVEN KNOW IT.**



BE A LEADER IN PREVENTIVE CARE
HELP YOUR PATIENTS DETERMINE THEIR RISK AND TAKE ACTION TODAY

Achieving Diabetes Prevention Through Community Clinical Linkages

Screening, Testing, Referring: A Role of Health Systems



Discussion: Screen, Test, Refer

- Value proposition
- Standards for identifying/referring
- The approach
- Tools to expand
Screening/Testing/Referral
- Collaboration with lifestyle change programs



The National DPP Value Proposition

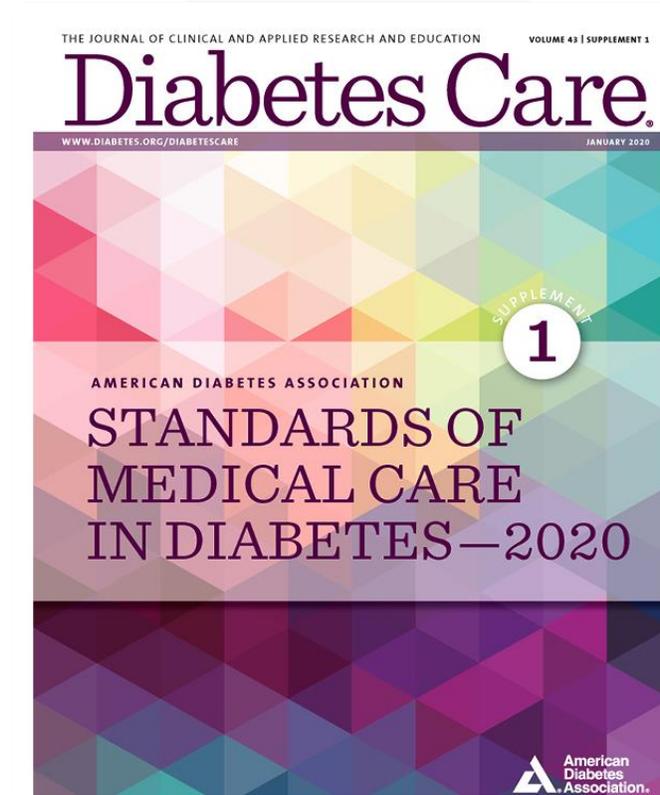
- **Improve the Quality of Care**
 - Meet or improve Clinical Quality Measures related to BMI
- **Decrease Costs and Secure Savings**
 - Secure payment incentives/savings under value-based payment arrangements
- **Improve Population Health**
 - Identify and treat patients at high risk for type 2 diabetes early
 - Decrease risk of diabetes related comorbidities - CVD, kidney disease and hypertension



ADA Standards of Medical Care in Diabetes - 2020

Those at high risk for type 2 diabetes are ideal candidates for diabetes prevention efforts:

- IGT
- IFG
- A1c of 5.7-6.4%



Screening

Use of an informal risk test is recommended to help guide providers on the need for a diagnostic test.

Prediabetes Risk Test

NATIONAL
DIABETES
PREVENTION
PROGRAM

1. How old are you? Write your score in the boxes below

Younger than 40 years (0 points)

40–49 years (1 point)

50–59 years (2 points)

60 years or older (3 points)

2. Are you a man or a woman?

Man (1 point) Woman (0 points)

3. If you are a woman, have you ever been diagnosed with gestational diabetes?

Yes (1 point) No (0 points)

4. Do you have a mother, father, sister, or brother with diabetes?

Yes (1 point) No (0 points)

5. Have you ever been diagnosed with high blood pressure?

Yes (1 point) No (0 points)

6. Are you physically active?

Yes (0 points) No (1 point)

7. What is your weight category?

(See chart at right)

Total score:

Height	Weight (lbs.)		
4'10"	119-142	143-190	191+
4'11"	124-147	148-197	198+
5'0"	128-152	153-203	204+
5'1"	132-157	158-210	211+
5'2"	136-163	164-217	218+
5'3"	141-168	169-224	225+
5'4"	145-173	174-231	232+
5'5"	150-179	180-239	240+
5'6"	155-185	186-246	247+
5'7"	159-190	191-254	255+
5'8"	164-196	197-261	262+
5'9"	169-202	203-269	270+
5'10"	174-208	209-277	278+
5'11"	179-214	215-285	286+
6'0"	184-220	221-293	294+
6'1"	189-226	227-301	302+
6'2"	194-232	233-310	311+
6'3"	200-239	240-318	319+
6'4"	205-245	246-327	328+
	1 Point	2 Points	3 Points

You weigh less than the 1 Point column (0 points)

Adapted from Bang et al., Ann Intern Med 151:775-783, 2009. Original algorithm was validated without gestational diabetes as part of the model.

If you scored 5 or higher

You are at increased risk for having prediabetes and are at high risk for type 2 diabetes. However, only your doctor can tell for sure if you have type 2 diabetes or prediabetes, a condition in which blood sugar levels are higher than normal but not high enough yet to be diagnosed as type 2 diabetes. **Talk to your doctor to see if additional testing is needed.**

If you are African American, Hispanic/Latino American, American Indian/Alaska Native, Asian American, or Pacific Islander, you are at higher risk for prediabetes and type 2 diabetes. Also, if you are Asian American, you are at increased risk for type 2 diabetes at a lower weight (about 15 pounds lower than weights in the 1 Point column). Talk to your doctor to see if you should have your blood sugar tested.

You can reduce your risk for type 2 diabetes

Find out how you can reverse prediabetes and prevent or delay type 2 diabetes through a **CDC-recognized lifestyle change program** at <https://www.cdc.gov/diabetes/prevention/lifestyle-program>.



Blood Testing

Testing should be considered in adults with overweight/obesity (BMI \geq 25 kg/m² or \geq 23 kg/m² - Asian Americans) and one or more of the following risk factors:

- First-degree relative with diabetes
- High-risk race/ethnicity (African American, Latino, Native American, Asian American, Pacific Islander)
- History of CVD
- Hypertension (\geq 140/90)



Blood Testing (Continued)

- HDL cholesterol level <35 mg/dL and/or a triglyceride level >250 mg/dL
- Polycystic ovary syndrome
- Physical inactivity
- Severe obesity
- Acanthosis nigricans
- Previous diagnosis of prediabetes
- History of gestational diabetes

All others, testing should begin at age 45.



Test Results

	Prediabetes	Diabetes
A1C	5.7-6.4	≥ 6.5
FPG	100-125 mg/dl	≥ 126 mg/dl
OGTT	140-199 mg/dl	≥ 200 mg/dl
Random Plasma Glucose		≥ 200 mg/dl



If Prediabetes is Diagnosed...



- ✓ Lifestyle
- ✓ Pharmacology



Referral Process

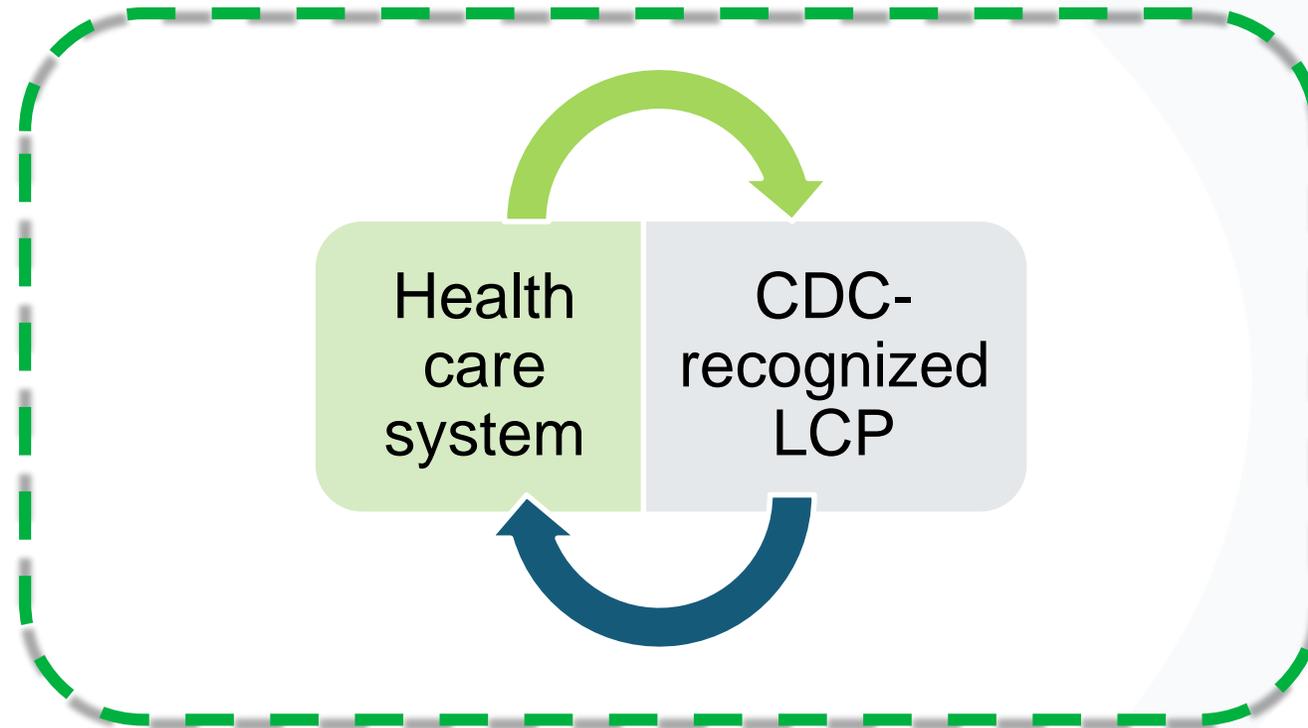
- Approach
 - Having a defined referral process will help the patient successfully access the lifestyle change program.
 - What are the internal processes for referral?
 - System-wide or individual provider approach?
- Paper or electronic referral
 - Standardized paper referral form
 - EHR - best practice alerts, built in referral mechanisms
- Referral to internal or external program?
 - Internal program – usual referral process
 - External – “Well Ahead Community Resource Guide”



STR Framework



Bi-Directional Referral



Helps “close the loop”

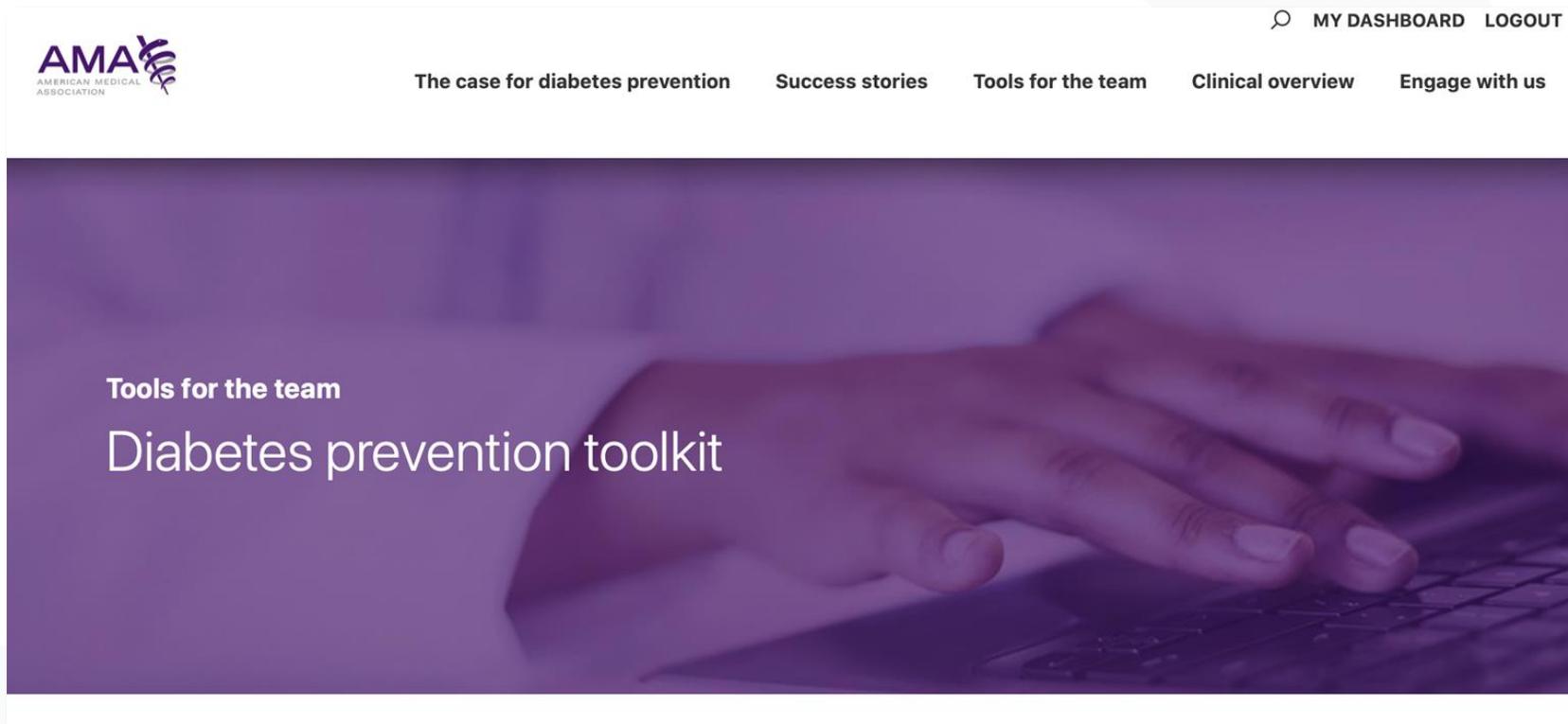


Tools for Screen, Test, Refer

- Project Management Dashboard
- Team tools
- Engaging patients
- Engaging the Health care team
- Staff training



Diabetes Prevention Toolkit



The screenshot shows the top portion of a website. At the top right, there is a search icon followed by the text "MY DASHBOARD" and "LOGOUT". On the left side of the header is the AMA logo, which includes the text "AMA" in a large font, "AMERICAN MEDICAL ASSOCIATION" in a smaller font below it, and a stylized caduceus symbol to the right. Below the logo is a horizontal navigation menu with five items: "The case for diabetes prevention", "Success stories", "Tools for the team", "Clinical overview", and "Engage with us". The main content area below the navigation features a large purple-tinted image of hands typing on a laptop keyboard. Overlaid on the left side of this image is the text "Tools for the team" in a smaller font, and "Diabetes prevention toolkit" in a larger font below it.

AMA
AMERICAN MEDICAL
ASSOCIATION

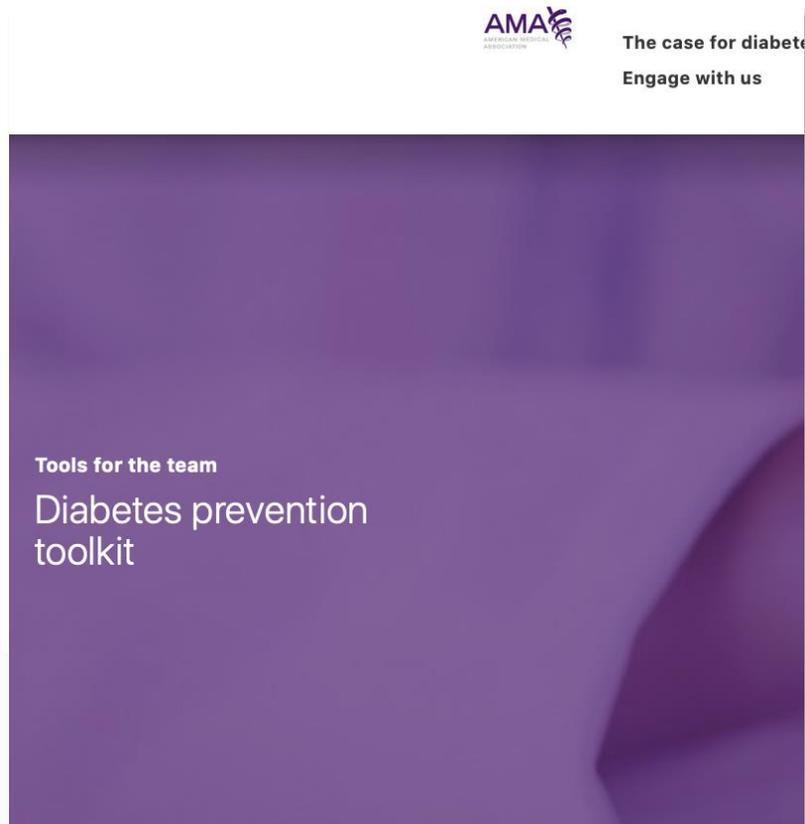
MY DASHBOARD LOGOUT

The case for diabetes prevention Success stories Tools for the team Clinical overview Engage with us

Tools for the team
Diabetes prevention toolkit



Project Management Dashboard



CHANGE PROJECT PLAN DATES

Task 1: Identify project team

[TASK STATUS]

Task 2: Select program offering

[TASK STATUS]

Initiate internal lifestyle change program-patients

[TASK STATUS]

Task 3: Identify eligible patients

[TASK STATUS]

Task 4: Communication and messaging

[TASK STATUS]

Task 5: Establish patient referral process

COMPLETE

Task 6: Conduct physician engagement

[TASK STATUS]

Task 7: Set-up feedback loop

[TASK STATUS]

Task 8: Determine evaluation process

[TASK STATUS]





Prevent Diabetes **STAT**

Screen / **T**est / **A**ct **T**oday™

84 MILLION AMERICAN ADULTS HAVE PREDIABETES

9 OUT OF **10** PEOPLE WITH PREDIABETES DON'T KNOW THEY HAVE IT.¹

PATIENTS AND PARTNERS

HEALTH CARE PROFESSIONALS

EMPLOYERS AND INSURERS

IMPACT OF PREDIABETES



84 MILLION ADULTS HAVE PREDIABETES¹



Staff Training and Education

AMA Ed Hub

- CME
 - Prediabetes performance improvement
~ 30 AMA PRA Category 1 Credits
 - Body Mass Index performance improvement
~ 30 AMA PRA Category 1 Credits



Partnering with Lifestyle Change Programs

- Identify referral process
- Provide warm handoff
- Communicate feedback expectations
- Address barriers to enrollment and retention



Closing

- National DPP lifestyle change program
 - Proven (evidence-based) intervention
 - Helps your practice achieve quality measures, improve population health and control cost
- Active statewide diabetes prevention efforts
 - WALPEN Health Improvement Portal
 - Well Ahead Community Resource Guide – local programs
- Health systems play a vital role
 - Implement processes that effectively STR people at risk for type 2 diabetes to National DPP lifestyle change programs



Questions?



Thank You!

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