



Healthcare Facility WellSpot Designation

Making the Healthy Choice the Easy Choice

July 28, 2021

Louisiana's Health Initiative

Speaker

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- Well-Ahead Louisiana





Learning Objectives

- Louisiana's Health Outcomes
- What We're Doing About the Challenge
- Healthcare Facility Benchmarks
- Why Become a WellSpot
- How to Become a WellSpot



Louisiana is ranked 50th in the nation for overall health



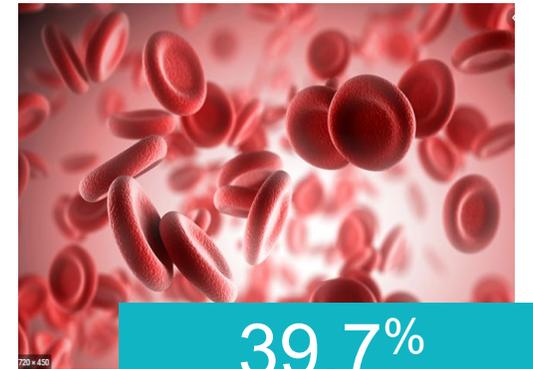
America's Health Rankings: 2020 Report

- Louisiana's Rankings

- Overall Health: 50th
- Obesity: 42nd
- Physical Inactivity: 47th
- Tobacco Use: 48th
- Diabetes: 42nd
- High Blood Pressure: 45th



35.9%



39.7%



12.6%

WHAT WE'RE DOING ABOUT THE CHALLENGE

WellSpot Designation

- Child Care Centers
- Colleges and Universities
- Hospitals
- Healthcare Facilities
- Restaurants
- Schools
- Worksites
- Faith-Based Organizations



HEALTHCARE FACILITY BENCHMARKS

WellSpot Designation

LEVEL THREE

WELL
SPOT
LOUISIANA



LEVEL TWO

WELL
SPOT
LOUISIANA



LEVEL ONE

WELL
SPOT
LOUISIANA



Healthcare Facility Benchmarks

- **Level 3**

- Tobacco-Free Policy
- Patient Education
- **3** benchmarks of choice

- **Level 2**

- Level 3 requirements
- Screen, Test, Refer or Ask, Advise, Refer implementation
- **5** benchmarks of choice

- **Level 1 (the highest!)**

- All **15** benchmarks met



Healthcare Facility Benchmarks

- Comprehensive **tobacco cessation coverage** within employee health plans
- Promotion of the **Louisiana Tobacco Quitline** or another approved cessation service organization
- Designation as a **Breastfeeding-Friendly Workplace or Champion**
- Implementation of a **worksite wellness** program



Employee-Centered Benchmarks

- At least 50% of vending items meet the approved healthy vending guidelines
- Promotion of self-assessment tools for prediabetes and heart health among employees
- Adoption of a nutrition-based policy
 - Healthy Vending
 - Healthy Meeting



Patient-Centered Benchmarks

- **Screen, Test, Refer (STR): Chronic Disease Prevention**
 - Implementation of STR process for at least one of the following chronic diseases:
 - Prediabetes
 - Diabetes
 - Hypertension
- **Team-Based Care Implementation**
- **Implementation of practices for Culturally and Linguistically Appropriate Services**



Patient-Centered Benchmarks

- Patient Education Materials

- Providing patient education materials related to at least **four** of the suggested topics
 - Cancer screening/services
 - Hypertension screening/management
 - Diabetes screening/management
 - Prediabetes awareness
 - Fluoride treatment/Oral health preventive care
 - Weight management
 - Nutrition and Physical Activity Education
 - HPV vaccination
 - Tobacco education



Patient-Centered Benchmarks

- Ask, Advise, Refer (AAR): Tobacco Use
 - Implementation of AAR process for patients who identify as tobacco users
- Brief Tobacco Intervention training
- Fax-to-Quit

**WHY BECOME
A WELLSPOT?**



Why Becoming a WellSpot Matters

- Help create a clean air and tobacco-free environment
- Healthier employees are happier and are more productive
- Healthier healthcare facility environments can improve patient outcomes and reduce chronic disease prevalence
- Patient-centered care empowers patients and improves clinical efficiency and outcomes
- Making small and smart healthy choices ensures a longer life
- **Makes the healthy choice the easy choice!**

WELLSPOT DESIGNATION IN ACTION



WellSpot Designation Achievements

- As of July 2021
 - Total WellSpots: 3,138
 - Initiatives Implemented: 10,000+
 - Level 1 WellSpots: 547
 - Level 2 WellSpots: 1,212
 - Total Healthcare Facility WellSpots: 72

Neuromedical Center Rehabilitation Hospital

- Staff of 180 employees
- Became designated as a WellSpot by adopting evidence-based benchmarks
- Biggest success in their implementation:
 - Adopted a tobacco-free policy for employees and patients to provide a healthier air environment
 - Breastfeeding friendly
 - Healthy meeting policy
 - Employee wellness program
 - Wellness champion

**HOW DO I BECOME
A WELLSPOT?**



Designation Process: It's Easy!

- Review the Healthcare Facility WellSpot Benchmarks
- Connect with a regional Well-Ahead Representative
- Take an initial assessment
- Follow your personalized action plan
- Provide documentation and re-assess
- Get designated!

QUESTIONS?



Contact Information

- Well-Ahead Louisiana Provider Education Network
 - www.wellaheadla.com/move-well-ahead/provider-education-network
 - www.wellaheadla.com/move-well-ahead/wellspot-designation/become-a-wellspot/wellspot-benchmarks-for-healthcare-facilities
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Thank You for Joining Us!

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