

# TAKE ADVANTAGE OF OUR WORKSITE WELLNESS PROGRAM

As a WellSpot, we are committed to your health and well-being. We encourage you to take advantage of our Worksite Wellness Program. We've developed a plan that includes activities and programs designed to help you live healthier.

Talk to



[WELLAHEADLA.COM/WELLSPOT](http://WELLAHEADLA.COM/WELLSPOT)