Your Organization makes healthy changes, becomes a WellSpot

(City, LA)—(Your organization) has been designated a Level 1/2/3 WellSpot by the Louisiana Department of Health. WellSpots are spaces and places in Louisiana that voluntarily implement healthy changes in their environment to help their employees and community live well.

LDH designates organizations as WellSpots after they voluntarily meet wellness benchmarks that correspond to their organization type: worksite; child care center; school; college or university; restaurant; faith-based organization; healthcare facility; or hospital. These changes could be going tobacco-free, making it easy for women to breastfeed, offering healthy vending machine options or beginning a worksite wellness program. By taking these steps, WellSpots are improving the health of their employees and the students, patients, patrons and members they serve.

Use this space to share about some of the benchmarks your organization chose. If possible, provide a quote from your agency representative about why becoming a WellSpot was important to your organization.

Sample: XYZ Restaurant chose to add more healthy menu options and train staff members on how to offer them to customers, along with accommodating for customers with dietary restrictions and becoming a tobacco-free site.

“We believe that we can offer delicious dishes to our customers that are also healthy, all in a clean, tobacco-free environment,” said Chef John Doe. “It’s important to us to be an asset in this community.”

“Well-Ahead Louisiana commends Name of WellSpot for investing in the health of Town/City/Parish,” said Melissa R. Martin, director of Well-Ahead, the chronic disease prevention and healthcare access arm of LDH. “Healthy communities fuel economic growth. They're associated with higher rates of education, and they nurture more productive employees. Being designated as a WellSpot shows that Name of WellSpot has taken the lead in moving the health of their community, and our state, forward.”

Name of WellSpot joins more than 3,000 other WellSpots throughout the state, who together are helping to combat the prevalence of obesity, tobacco use and other chronic diseases, giving all Louisiana residents the chance to feel better and enjoy life longer.

Becoming a WellSpot is a simple five-step process, and Well-Ahead provides support and technical assistance throughout. To learn more about Well-Ahead Louisiana, visit [www.wellaheadla.com](http://www.wellaheadla.com).

About Name of WellSpot:

Include basic information about your organization here.

About Well-Ahead Louisiana:

Well-Ahead Louisiana is the chronic disease prevention and healthcare access arm of the Louisiana Department of Health. Well-Ahead drives collaboration throughout the state and connects communities to tools and resources that can improve the health of our residents where they live, work, learn, play and pray. To learn more, visit [www.wellaheadla.com](http://www.wellaheadla.com) or follow us on Facebook [@WellAheadLA](https://www.facebook.com/WellAheadLA/), LinkedIn [@Well-Ahead Louisiana](https://www.linkedin.com/company/well-ahead-louisiana/mycompany/), Twitter [@WellAheadLA](https://twitter.com/WellAheadLA), and Instagram [@WellAheadLouisiana](https://www.instagram.com/wellaheadlouisiana/).

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