

RURAL HEALTH WORKSHOP

Welcome!



Welcome!

- Melissa Martin, MBA, RDN, LDN
 - Director
 - Well-Ahead Louisiana



New State Rural Health Officer

- Nicole Coarsey, MPA
 - Division Manager, Healthcare Access
 - Well-Ahead Louisiana



Workshop Hosts

- Nicole Coarsey, MPA
 - Division Manager, Healthcare Access, State Office of Rural Health Manager (2022), Well-Ahead Louisiana
- Denaé Hebert, MBA/HCA
 - State Office of Rural Health Manager, Well-Ahead Louisiana
 - Executive Director, LRHA (2022)



Agenda

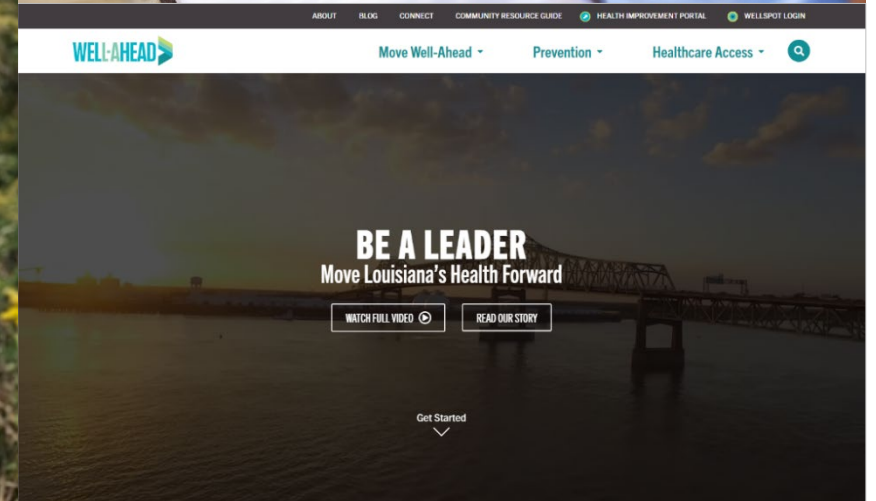
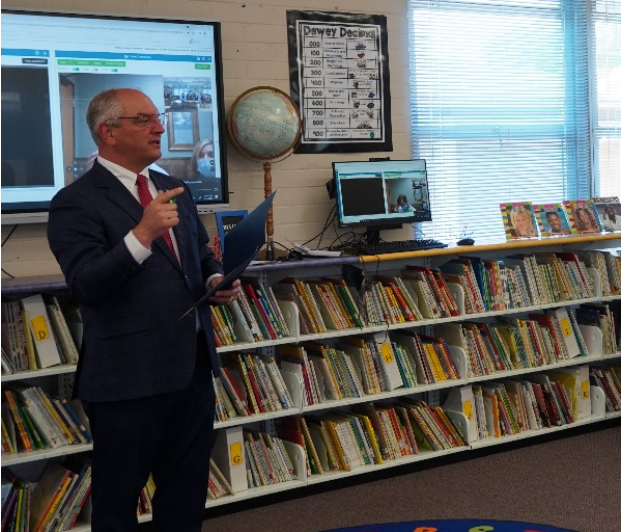
- Year in Review
- Know Our Numbers
- Be a Leader
 - Daisha Bonhomme, MS,
Community Outreach Manager,
Well-Ahead Louisiana





Year in Review

Looking Back: Successes



Looking Back: Challenges

- COVID-19 pandemic
- Vaccine rollout
- Hurricane Ida
- Transitions in Well-Ahead Louisiana and Louisiana Rural Health Association (LRHA)



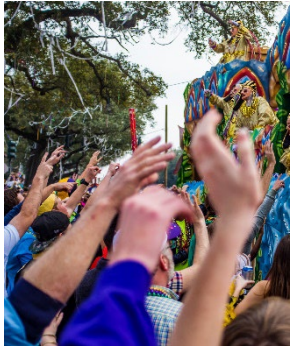
Looking Forward: Opportunities

- A new start!
- Federal funding
- More innovation





Know Our Numbers



Louisiana is
ranked **50th** in the
nation for overall
health



Chronic Diseases in Louisiana

Heart Disease and Stroke

- 14,335 deaths/year
- Rank: 41st

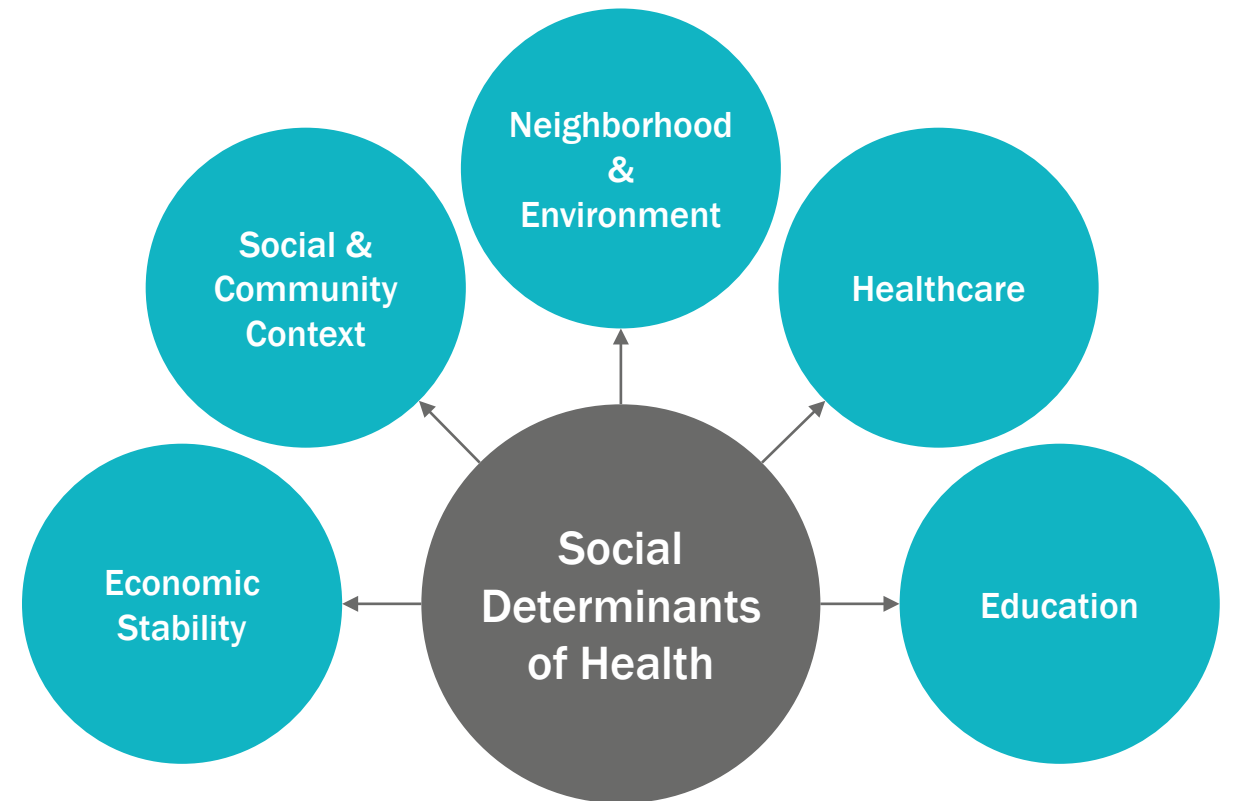
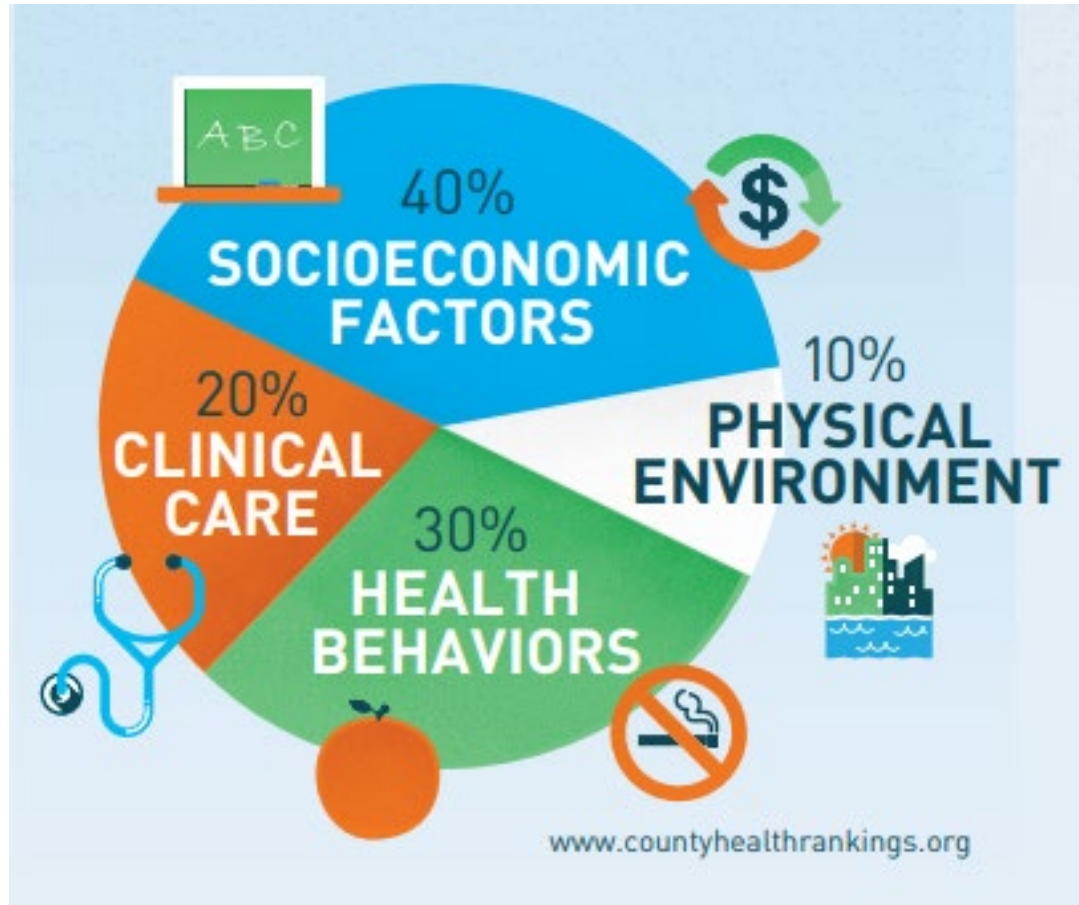
Cancer

- 9,485 deaths/year
- Rank: 36th

Diabetes

- 1,458 deaths/year
- Rank: 42nd

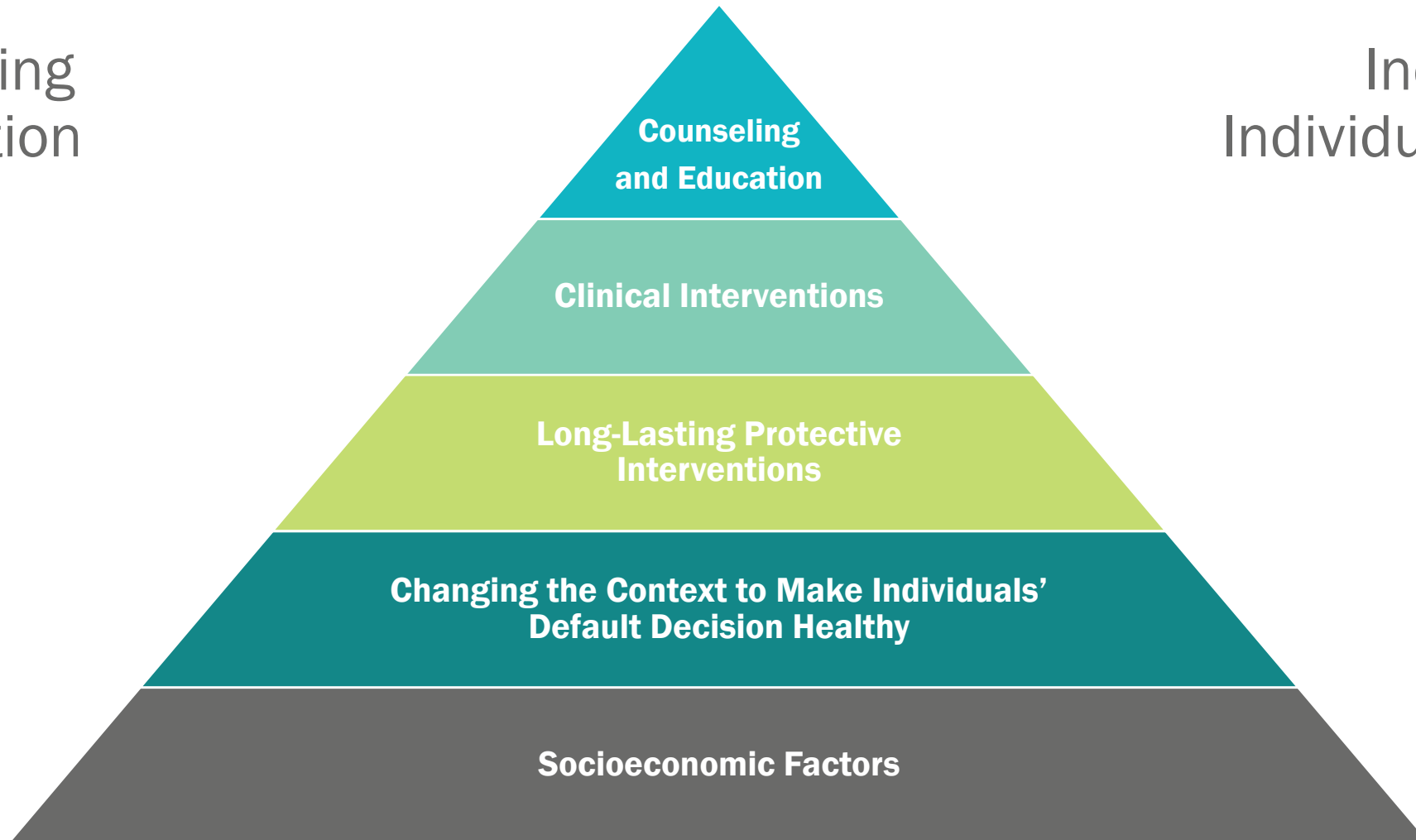
Health is Multifactoral



Health Impact Pyramid

Increasing
Population
Impact

Increasing
Individual Effort
Needed





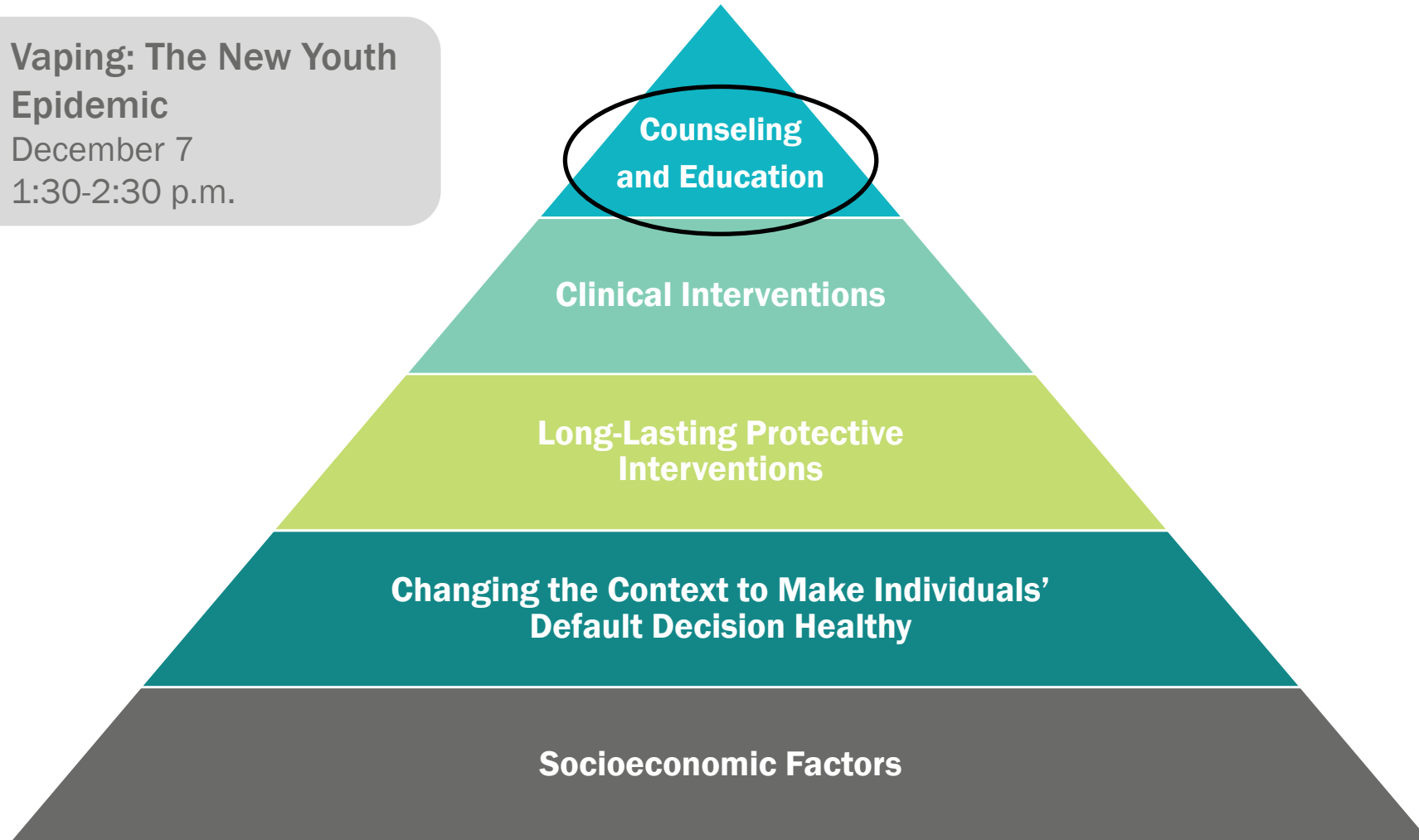
Be a Leader

Health Impact Pyramid



Vaping: The New Youth Epidemic

December 7
1:30-2:30 p.m.



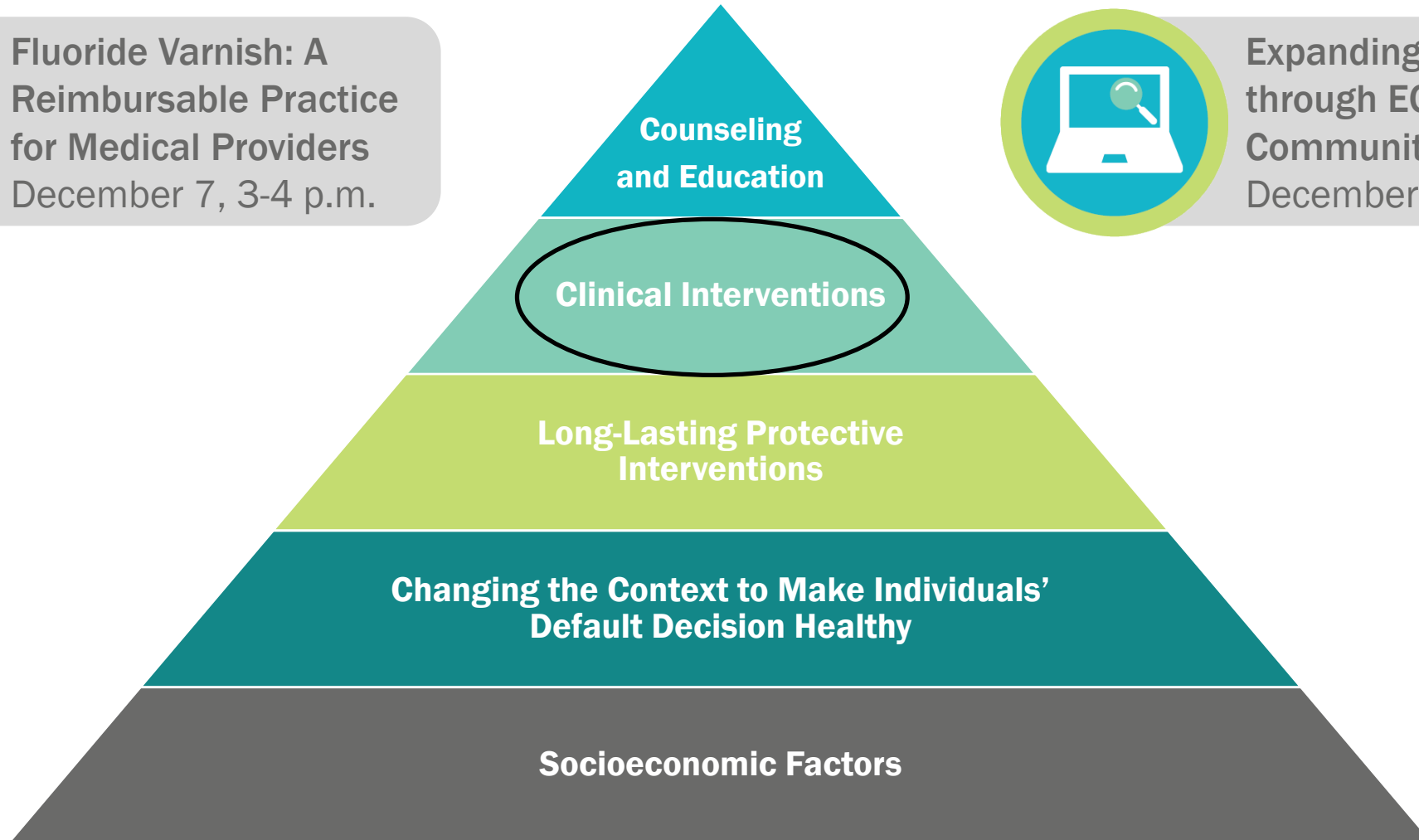
Health Impact Pyramid



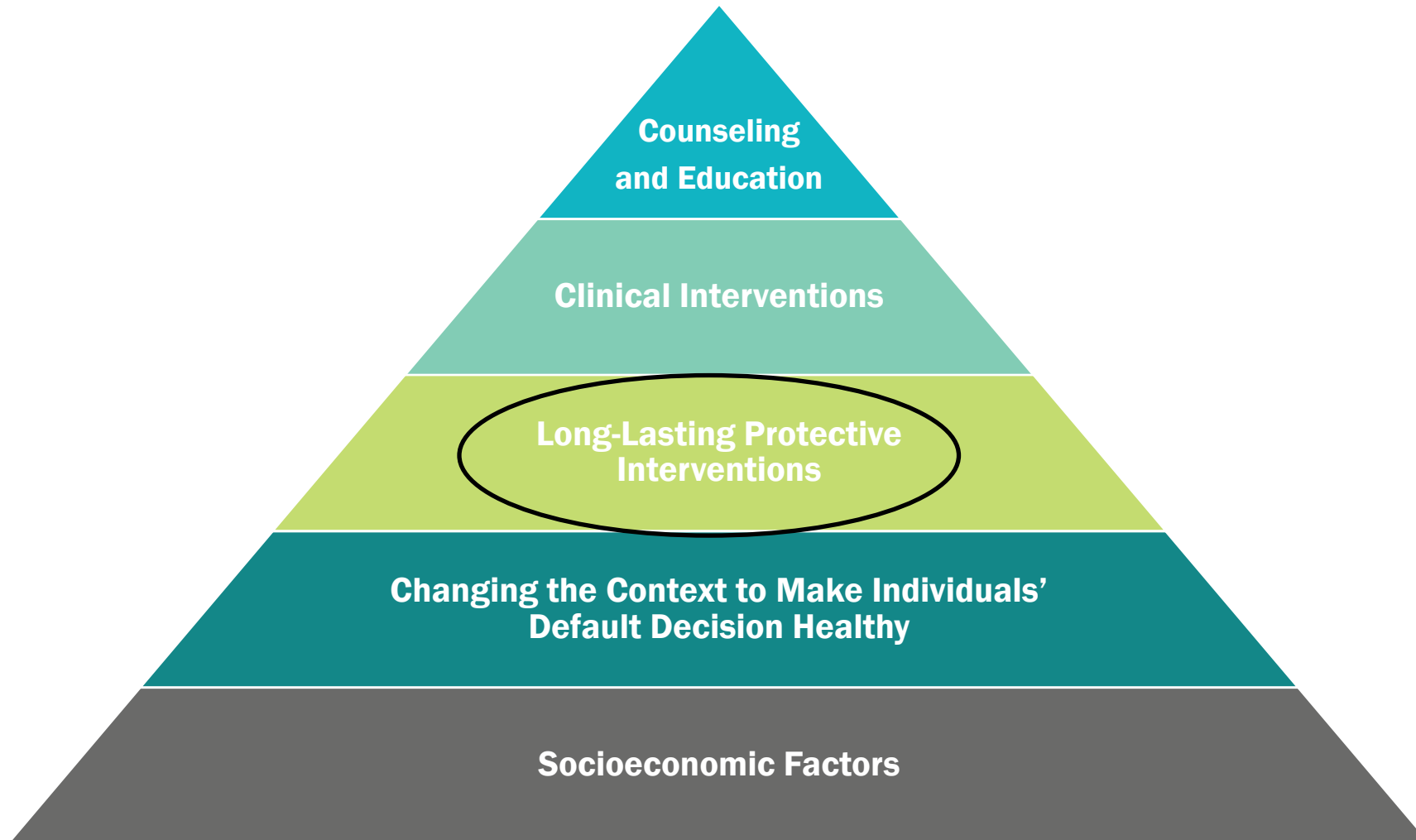
Fluoride Varnish: A Reimbursable Practice for Medical Providers
December 7, 3-4 p.m.



Expanding Care Capacity through ECHO Community of Practice
December 7, 3-4 p.m.



Health Impact Pyramid



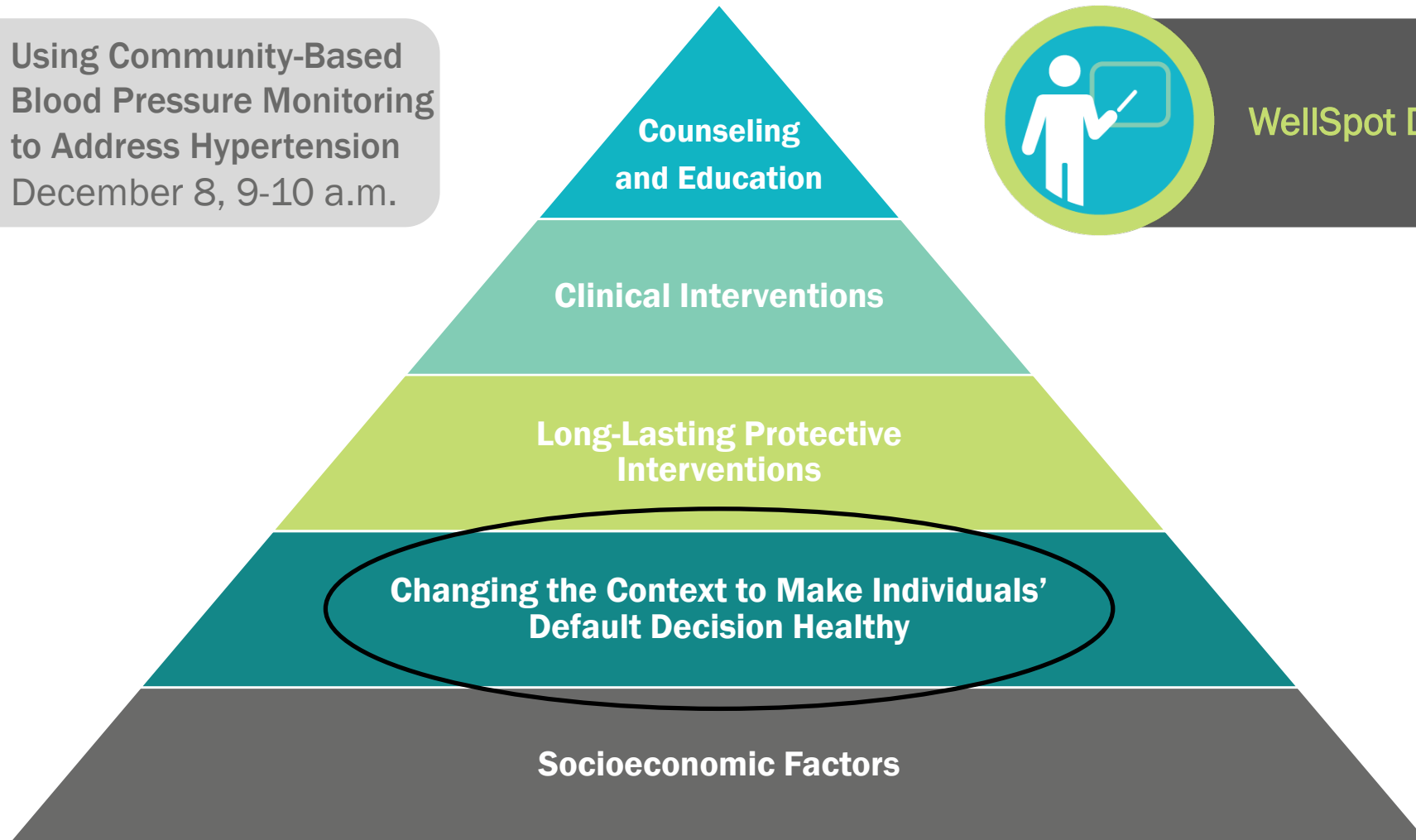
Health Impact Pyramid



Using Community-Based
Blood Pressure Monitoring
to Address Hypertension
December 8, 9-10 a.m.



WellSpot Designation



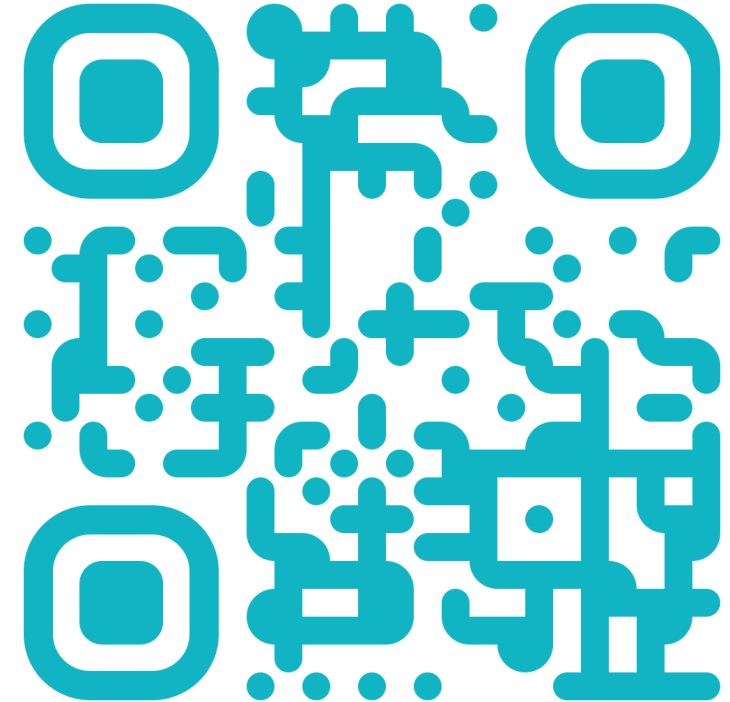
WellSpot Designation



- Benchmarks:
 - Employee-focused
 - Patient-focused
- Why it matters:
 - Healthier employees are happier and are more productive
 - Healthier environments can improve patient outcomes and reduce chronic disease prevalence
 - Patient-centered care empowers patients and improves clinical efficiency and outcomes
 - Making small and smart healthy choices ensures a longer life

WellSpot Designation

- Connect with a Well-Ahead Regional Representative
 - Review the WellSpot benchmarks.
 - Register your organization on the [MyWellSpot](#) platform and take the initial online assessment.
 - Complete the action plan and make updates to your assessment.
 - Submit your verification documents for review.



Spotlight: Opelousas General Health System

- Became a Level 2 Hospital WellSpot in 2015
- 16 healthcare facilities within the Opelousas General Health System designated since 2016
- Opelousas General Health System Foundation started the Healthy St. Landry Alliance in April 2018



Health Impact Pyramid



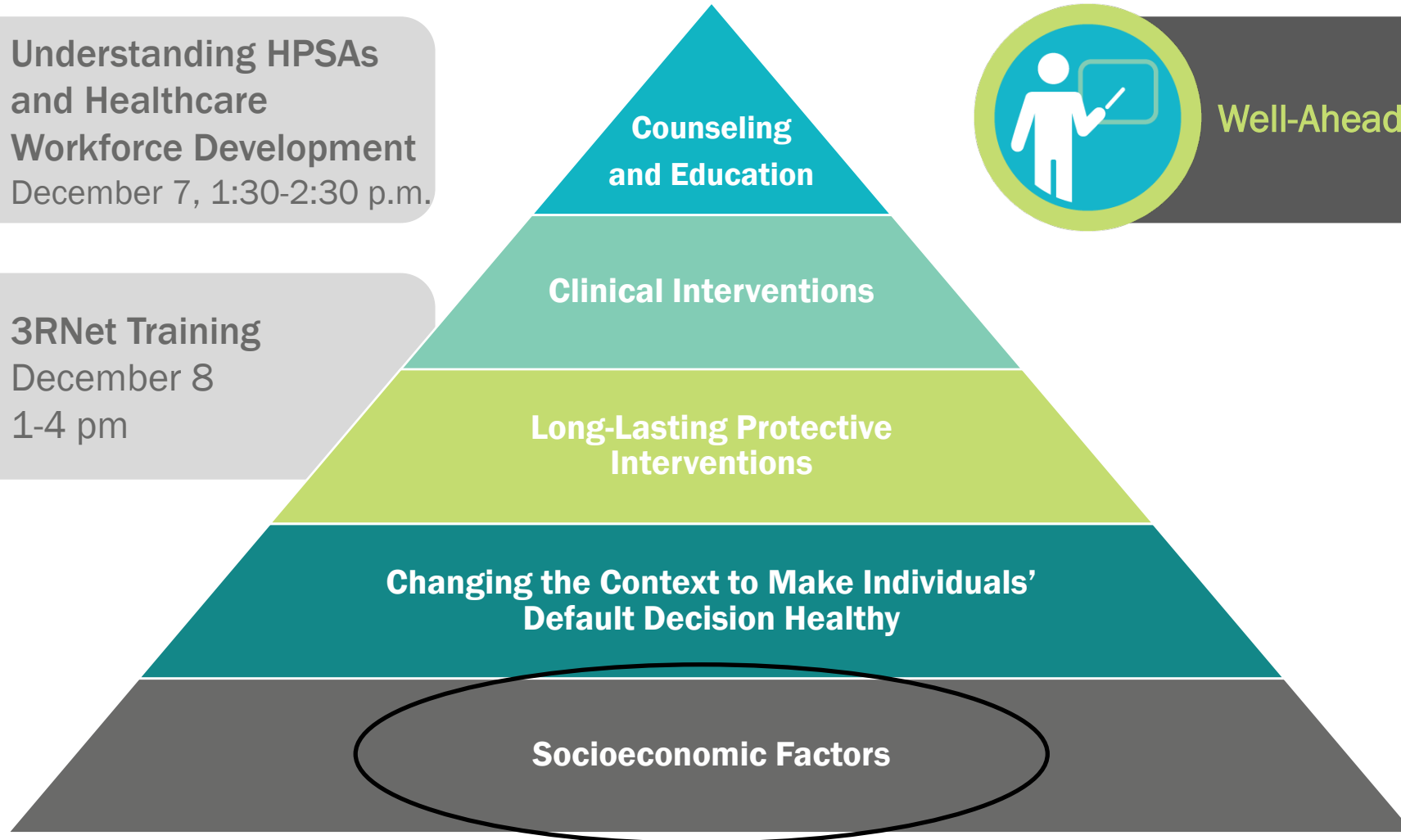
**Understanding HPSAs
and Healthcare
Workforce Development**
December 7, 1:30-2:30 p.m.



3RNet Training
December 8
1-4 pm

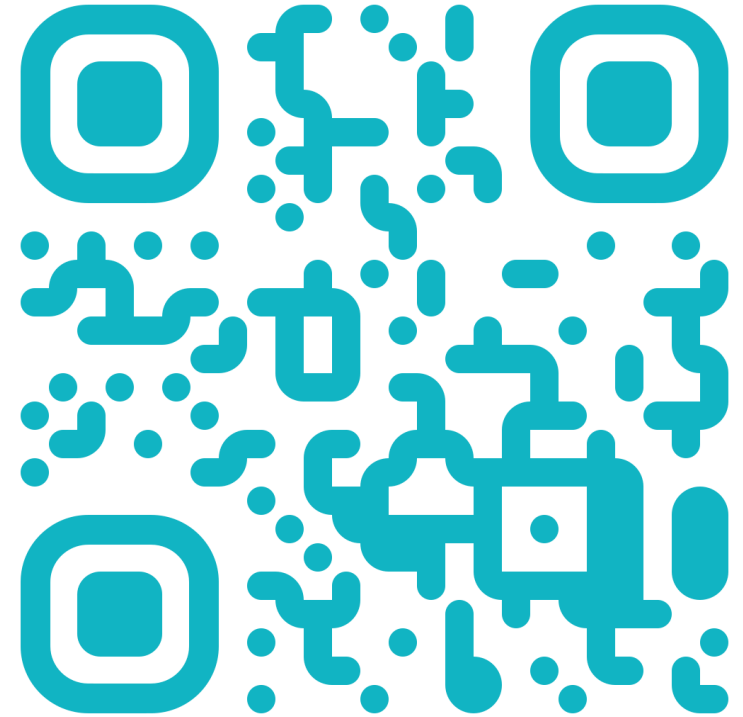


Well-Ahead Communities



Healthy Communities

- Join a Regional Healthy Community Coalition
 - <https://healthylouisiana.org/>
- Apply for a Healthy Community Mini-Grant
 - <https://healthylouisiana.org/grants>
- Request Healthy Community Coaching
 - <https://wellaheadla.com/well-ahead-communities/>
 - Complete the form using the QR code!

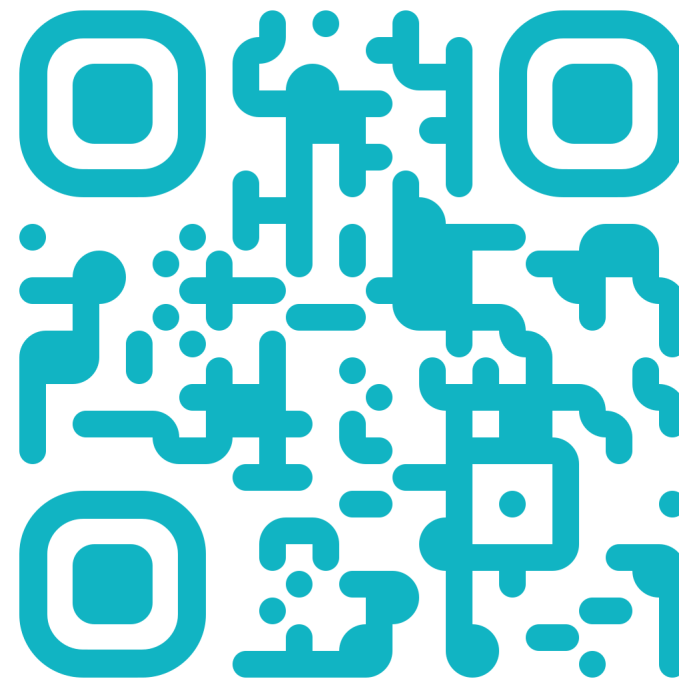




Ready, Set, Geaux!

Join the Provider Education Network!

- The Provider Education Network provides tools, training and technical assistance opportunities that help you provide the best possible care to your patients and help make every angle of your facility more effective
- Join today at www.wellaheadla.com/join-provider-education-network



Let's Get Started!

- Plenary Sessions
- Concurrent Sessions
- Networking
 - Exhibitors
 - Attendees



RURAL HEALTH WORKSHOP

Thank You for Joining Us!

