Sample E-Cigarette Advisory Letter for Parents

Dear Parent(s)/Guardian(s),

Our school has seen a recent spike in incidents involving student vaping. The purpose of this letter is to inform you of the issue and provide you with helpful resources. We take this issue very seriously and often find that parents are not aware of the health risks caused by vaping.

E-cigarettes are battery-powered devices that deliver nicotine, flavorings, and other ingredients to the user. E-cigarettes also come in many shapes and sizes. Some resemble pens, USB sticks, and other everyday items. E-cigarettes produce an aerosol by heating a liquid that usually contains nicotine, flavorings, and other chemicals that help to make the aerosol. Users inhale this aerosol into their lungs. Bystanders can also breathe in this aerosol when a user exhales into the air.

It is unsafe for youth to use tobacco products in any form, whether smoked, smokeless or electronic. There are thousands of chemicals and chemical compounds, many of which are considered toxic in tobacco products. Youth who use e-cigarettes are at higher risk for developing nicotine dependence and harmful brain development.

According to the Louisiana Tobacco-Free Schools Act (Act 351), the use and possession of tobacco products, including e-cigarettes is prohibited on school properties throughout the state. To view the full legislation, visit <https://www.legis.la.gov/Legis/ViewDocument.aspx?d=1052215>. Additionally, vaping on school grounds negatively affects students and staff who do not want to be exposed to or breathe in vapor.

Our goal is to partner with parents to help support our students in making positive decisions for themselves and their future. We encourage you to have a conversation with your child about this topic. Below, we have linked several resources to provide further education and support on e-cigarette use.

Additional Resources for Parents:

* [E-Cigarettes and Youth](https://www.cdc.gov/tobacco/basic_information/e-cigarettes/pdfs/OSH-E-Cigarettes-and-Youth-What-Parents-Need-to-Know-508.pdf): A fact sheet detailing what parents need to know about e-cigarettes.
* [Tip Sheet](https://e-cigarettes.surgeongeneral.gov/documents/SGR_ECig_ParentTipSheet_508.pdf): Guidance for parents to talk to their child about e-cigarettes and tobacco product use.

If you have additional questions or comments, please feel free to contact [Point of Contact].