Leadership Support Statement Template

[Date]

To All Employees of [Organization]:

Your health and well-being are important to us. The average employee in the United States spends about 50 hours at work each week, so we have the opportunity to make it easier for all our employees to make healthy choices here at the office. As a result, we are starting a worksite wellness program at our organization to help our workplace be more supportive of healthy behaviors like healthy eating, being physically active, managing stress and quitting tobacco.

I will be leading this program and will be asking for your input on what types of activities you are interested in. I hope you will find time to help us as we gather information to establish a program that is relevant to all of you. [Organization Leader Name] is proud to support this effort and encourages everyone to participate.

I look forward to all the ways we will be working together in the future, and I encourage you to take advantage of the activities provided by the wellness program.

Yours in better health,

[Leader Name]