

RURAL **HEALTH** WORKSHOP

Provider to Provider Consultation Line (PPCL): A Pediatric Mental Health Care Access (PMHCA) Program



Speakers

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 - Louisiana Department of Health – Bureau of Family Health
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Provider to Provider Consultation Line (PPCL): A Pediatric and Perinatal Mental Health Consultation Program

Laina Raggette, LCSW-BACS, PPCL Mental Health Consultant

Jody West, LCSW-BACS, PPCL Program Manager

Louisiana Department of Health, Office of Public Health, Bureau of Family Health



Session Objectives:

- Participants will learn about the Louisiana Provider to Provider Consultation Line.
- Participants will gain a better understanding of how mental health consultation can be helpful in their work with patients.
- Participants will learn about the services that will be available through PPCL.

Mental Health Needs of Louisiana

3rd highest percentage of children with identified mental health problem

23% of LA's children live in poverty

The entire state is a Mental Health Professional Shortage Area

2x the youth attempting suicide compared to nation

Only 26% of Louisiana's mental health need is met

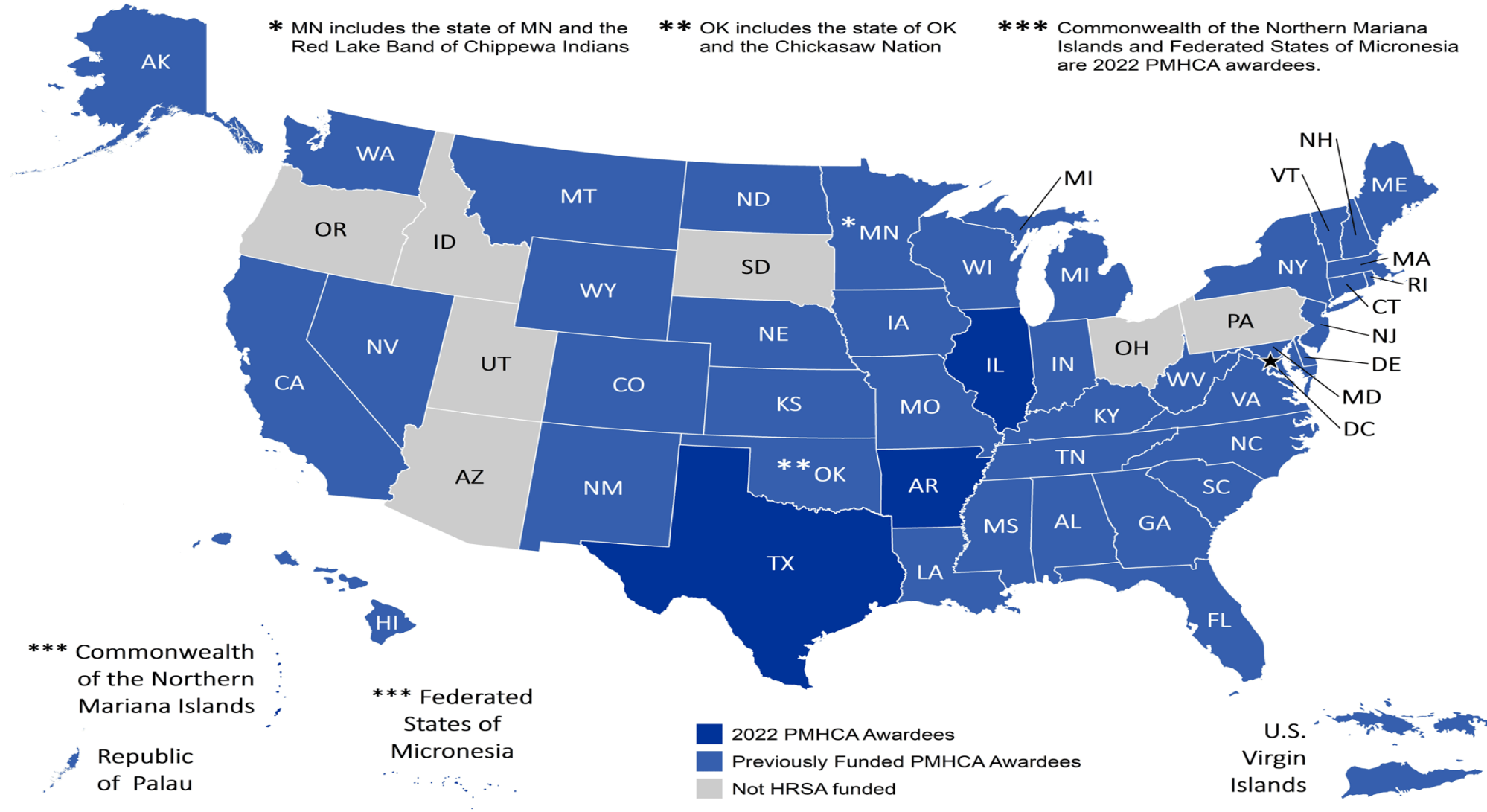
Ranks 50th in the nation for overall wellbeing of women and children

Sources: HRSA, 2019; KidsCount Data Book, 2021; Data Resource Center for Child and Adolescent Health; Youth Risk Behavior Survey, 2019) America's Health Rankings, United Health Foundation, 2022; March of Dimes, 2022; Kellogg Family Foundation, 2022

Purpose of the PMHCA Programs

- Promote behavioral health integration in pediatric primary care through mental health care telehealth access programs.
- Provide training and education to support the treatment of children and adolescents with behavioral disorders.
- Support referral to behavioral health providers, when needed.
- Serve as a resource for pediatric primary care providers serving children and adolescents.

PMHCA/ARP-PMHCA Program Reach 2023



Our Partners



TULANE UNIVERSITY
SCHOOL *of* MEDICINE

LSU Health
NEW ORLEANS
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New Orleans
LCMC Health

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of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN™

Louisiana Chapter

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Louisiana Department of Health,
Office of Behavioral Health

Overall Goal
of the
Louisiana
Provider to
Provider
Consultation
Line (PPCL)
Program

All children and adolescents in Louisiana, especially those in rural and underserved areas, will have equitable access to comprehensive integrated behavioral health services by increasing capacity among primary care providers to screen, diagnose, treat and refer as needed to mental health and supportive services.



2018-2023



PPCL

PROVIDER TO PROVIDER CONSULTATION LINE

Pediatric Mental Health Support

2021-2026



PPCL

PROVIDER TO PROVIDER CONSULTATION LINE

Pediatric and Perinatal Mental Health Support

Merged May 2023

PPCL Strategy

Consultation

- Access to psychiatrists and mental health professionals
- Guidance on screening, diagnosis, treatment, medication management
- Response to general questions or patient specific issues

Resource and Referral Support

- Real-time support connecting patients to mental health and other community resources
- Localized community resource lists

Provider Education and Training

- Didactics/case consultation
- Webinars
- Provider resources (e.g. Screening Toolkit, patient materials)

Providers are more knowledgeable in identifying, diagnosing, treating, and referring patients with mental health concerns which results in an improved EPSDT System

Why provide consultation to frontline healthcare providers?

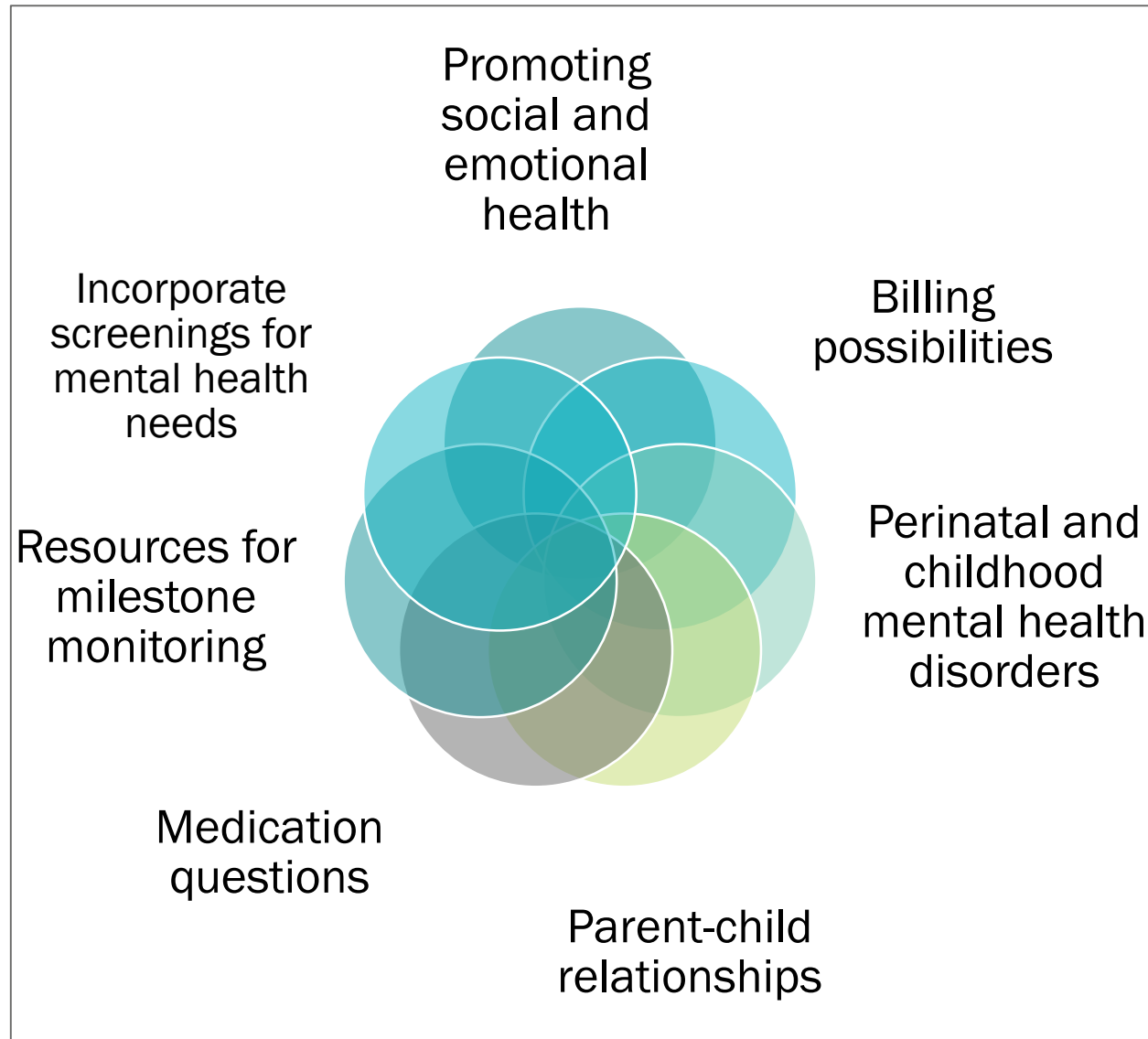
- It's where children and families are
- Frontline healthcare clinicians are trusted experts; have relationships over time with patients and families
- Consultation **leverages scarce psychiatric resources**
 - With support, training, and resources, frontline healthcare clinicians can manage mild to moderate mental health concerns
- Telephone/video consultation increases access to more providers – especially those in underserved, rural areas



Key information about PPCL

- **Statewide, provider-to-provider** phone consultation
- **Providers register** for the program
- Special focus on **Rural Health Clinics**
 - 80% of landmass
 - 26% of state's population (roughly 1.2 million people)*
- Full-time **resource and referral** phone consultation
- **Psychiatrists** are available for consultation
- **TeleEcho** series
- Live and recorded **webinars/trainings**
- **Web site:** Clinical tools, handouts, registration form

What Does Consultation Look Like?



Consultation Team



Licensed Mental Health Professionals	<ul style="list-style-type: none">• Treatment options• Parenting information• Relationship concerns
Resource Specialist	<ul style="list-style-type: none">• Local community resources• Mental health resources• Telehealth resources
Psychiatrists	<ul style="list-style-type: none">• Diagnosis• Medication management• Treatment recommendations

Scenario

- The mother of a two-year old male patient is reporting that her son has just been kicked out of his child care center due to behavior. This is the second center that has kicked him out. She is asking her family doctor for help with his behavior, including medication options.

Scenario

- A mother brings her 12 month old for her well check. Mom is unkempt, has difficulty responding to questions about the baby's eating and sleeping, and looks like she has lost weight. She said her boyfriend wants her to mention concerns about mom's frequent crying and lack of energy. The NP is wondering if she can provide a depression screening, even though the child is the identified patient. The child is developing with no concerns.

Scenario

- A 15 year old came into the clinic today. Mom reports he came home “blackout” drunk from a football game last week, and, when searching his room, his parents found marijuana. Dad is a recovering alcoholic and the family has experienced lots of loss from hurricanes and COVID 19. The parents are really worried about their son and are asking if there is an inpatient facility. The PA is wondering about options.

Register for PPCL

- Receive program updates
- Gain access to consultation from a team of mental health professionals
- Get access to an ECHO series on mental health issues for children and youth
- Get support in identifying mental health and other community resources for your patients



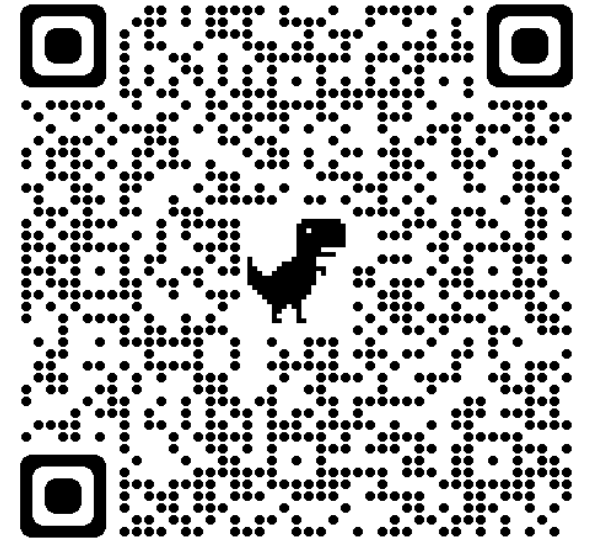
Training opportunities

- Perinatal Monthly Webinars
 - Email perinatalpsych@Tulane.edu to get newsletter with schedule
- Pediatric Mental Health TeleECHO
 - Scan the QR code to register

2023 TeleECHO Series Schedule

May 9, 2023	Adolescent Substance Use Dr. Kristine Olivier, MD
June 13, 2023	Practical Parenting Tactics for Kids with Oppositional Defiant Disorder Dr. Cody Roi, MD
July 11, 2023	Screenings for Anxiety & Depression in Primary Care Settings Elizabeth Spence, PNP
August 8, 2023	Discussing Screening Results with Caregivers Laina Raggette, LCSW-BACS
September 12, 2023	Autism Spectrum Disorder in Young Children Dr. Paul Friedberg, PhD.
October 10, 2023	Binge Eating Disorder Evaluation & Management Dr. Katie Queen, MD
November 14, 2023	Challenges Facing Blended Families & Strategies to Strengthen Familial Connection Natalie Bunner, LCSW

For more information visit ldh.la.gov/ppcl



PPCL

- Website: <https://ldh.la.gov/page/ppcl>
- Phone Number: (833) 721-2881
- Email: ppcl@la.gov

Contact Information

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Questions?

We want to hear from you!

<https://www.surveymonkey.com/r/RCYLXYT>



RURAL **HEALTH** WORKSHOP

Lunch and Learn: 12:00 p.m. – 1:15 p.m.

