

# *Rural Health Workshop*

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*Mental Health First Aid  
Collective*



# *What's the the main goal and vision of the collective?*

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The collective aims to *do mental health differently* by coordinating equitable community outreach, collaborating across sectors, and improving general knowledge regarding mental health risk factors and resources in Louisiana.

# *Who are its members?*

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## **Louisiana Public Health Institute**

Strategic guidance, project coordination, certified MHFA instructors

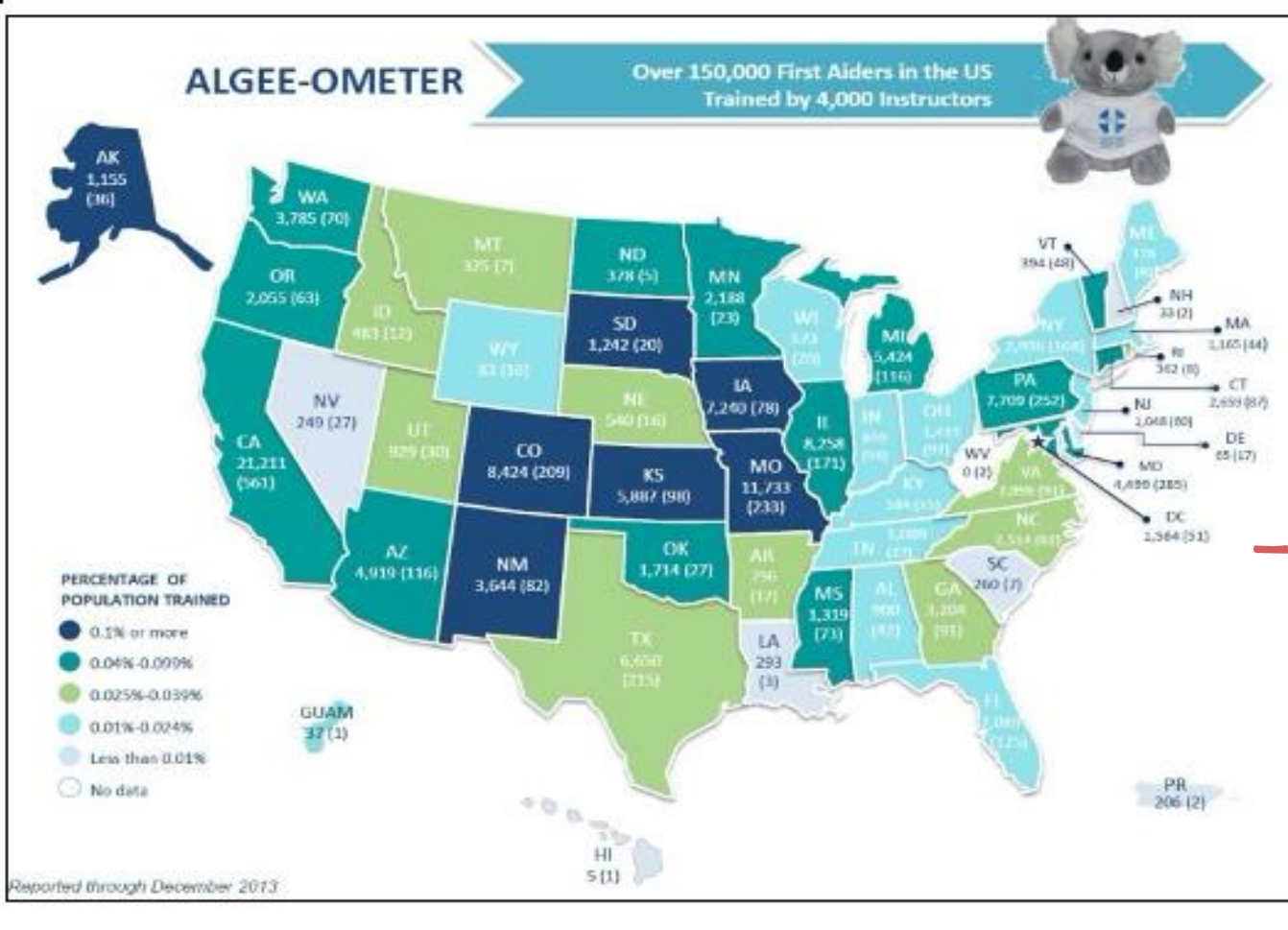
## **Metropolitan Human Services District**

Strategic guidance, communications and outreach, event planning, certified MHFA instructors

## **NAMI New Orleans**

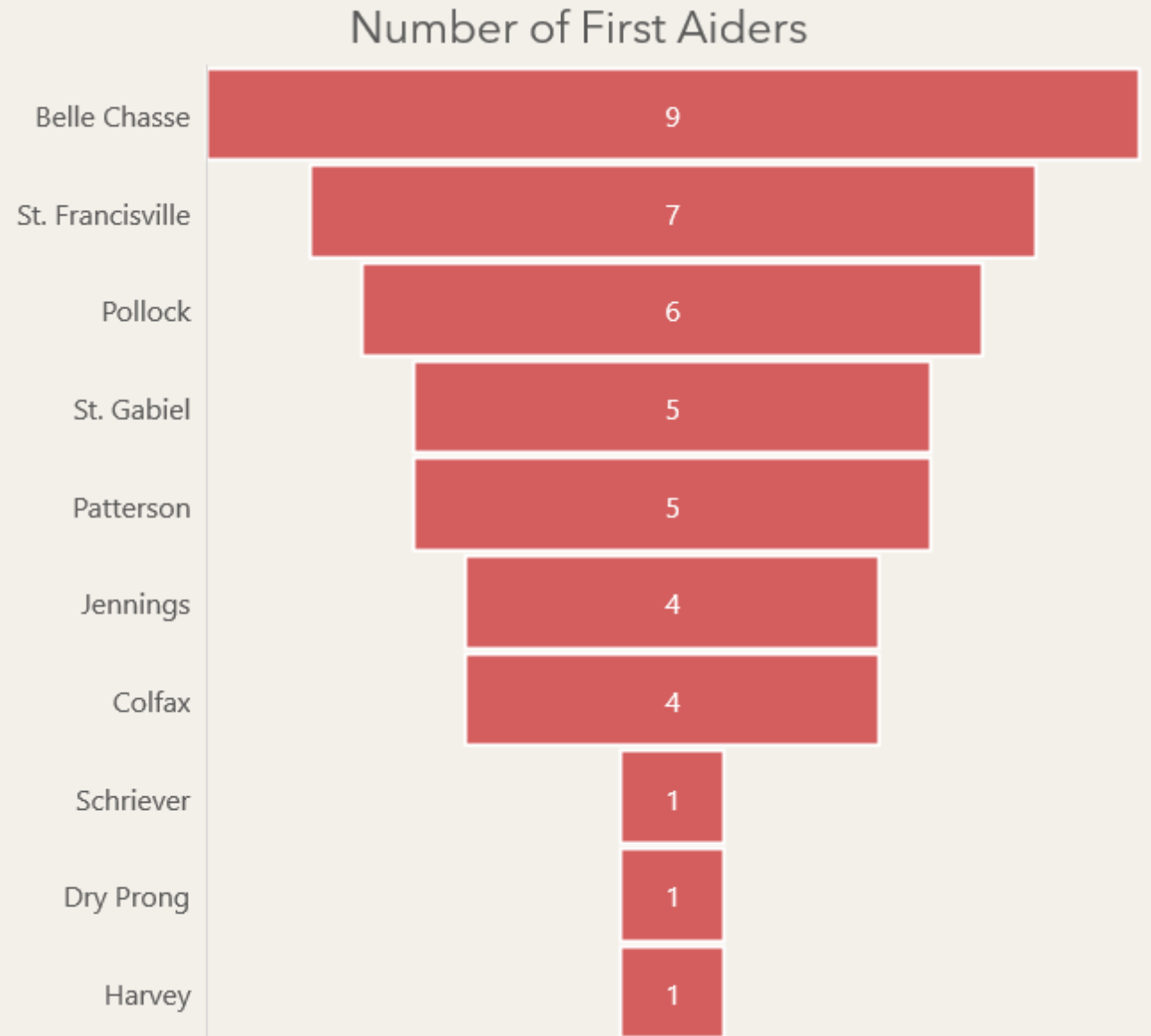
Strategic guidance, community outreach, certified MHFA instructors

## **New Orleans Health Department**

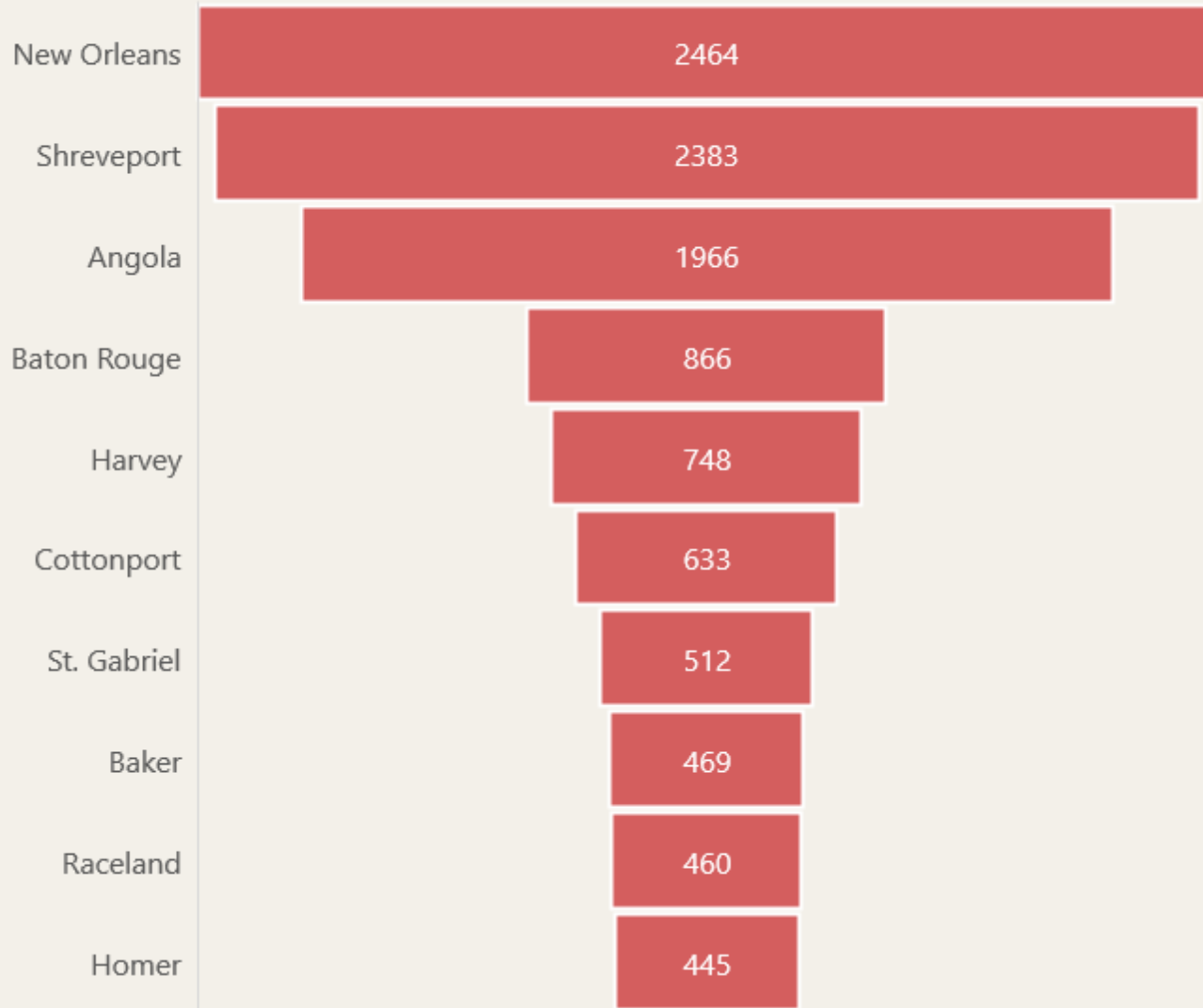


# *Bottom 10 Cities in Louisiana*

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## Number of First Aiders



*Top 10 Cities in  
Louisiana*

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# *Organizations Contact Information*

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**Louisiana Public Health Institute**

<https://lphi.org/>

**Metropolitan Human Services District**

<https://www.mhsdla.org/support/mental-health/>

**NAMI New Orleans**

<https://namineworleans.org/>

**New Orleans Health Department**

<https://nola.gov/health-department/behavioral-health/>



*How has it helped increase the number of community members equipped with the necessary tools to be able address mental health and substance use disorders?*

- (MHFA) prepares participants to interact with a person experiencing a mental health crisis.
- MHFA is an evidence-based public education program that
- introduces participants to risk factors and warning signs of mental health challenges, and builds understanding of
- appropriate detection techniques, interventions, and resource and referrals.