



Healthy Aging and ADRD ECHO

Gina Rossi, LCSW-BACS, MHSA

4/21/2026





Didactic

Speaker

Gina Rossi, LCSW-BACS, MHSA

Social Worker/Individual, Family, & Groups

Educator for topics on family transitions, aging, grief/loss and dementia issues

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Disclosure

In the past 24 months, I have not had any financial relationships with any ineligible companies.

Disclaimer

The Louisiana Department of Health (LDH) employees, contractors, affiliates, et al. have no actual or potential conflict-of-interest in relation to this program presentation. The content herein is intended for general guidance, not as legal advice.

Laws and regulations take priority if there are any differences. Only LDH's Secretary or Surgeon General can give official statements. LDH cannot speak for other government agencies, and if you need legal advice, you should consult a lawyer.

Objectives

Participants will know

- two programs within the Home and Community Based Services (HCBS)
- two programs within the VA program
- two programs within the Area Agencies on Aging

Community Resources

PACE Centers in Louisiana (with cities/regions):

1. PACE Northwest Louisiana – Shreveport (NW Louisiana)

2. PACE CENLA – Alexandria (Central Louisiana) 318-206-1000 or 1020 for referrals

3. PACE Lafayette – Lafayette (Southwest / Acadiana) 337-470-4500

4. PACE Baton Rouge – Baton Rouge (Capital Region) 225-490-0604

5. PACE Greater New Orleans – New Orleans (Southeast / NOLA metro) 504-835-0006 or toll free 833-726-3466

OR CALL Louisiana Options in Long Term Care
877-456-1146

Louisiana-Specific PACE Eligibility

Louisiana follows federal rules with state-specific processes administered by the Louisiana Department of Health (LDH) Office of Aging and Adult Services (OAAS).

You must meet all of these:

1. Be 55 years of age or older.
2. Live in an approved PACE service area (currently covering parishes/areas around Alexandria/CENLA, Lafayette, Baton Rouge, and Greater New Orleans).
3. Meet Nursing Facility Level of Care (NFLOC):
 - Initial telephone screening via the Louisiana Level of Care Eligibility Tool (LOCET). Followed by a face-to-face interRAI Home Care (iHC) assessment (conducted by certified assessors or PACE staff).
OAAS makes the final determination.
4. Be able to live safely in the community with PACE supports, without jeopardizing health or safety (assessed by the PACE Interdisciplinary Team).

Financial aspects in Louisiana (for Medicaid coverage of PACE):

Medicaid participants must meet income limits (often a Special Income Limit up to 300% of SSI Federal Benefit Rate) and other Medicaid eligibility rules.

Private-pay options exist if you don't qualify for Medicaid.

Assessment and Enrollment Process (Louisiana)

- Contact a local PACE center or call Louisiana Options in Long-Term Care (1-877-456-1146) for screening.
- Assessments evaluate functional needs, medical history, and living situation.



Franciscan PACE

*A Ministry of Franciscan Missionaries
of Our Lady Health System*

The mission of Franciscan PACE is to enable the aging population to live with dignity in their communities. With Franciscan PACE's assistance, participants can remain in the secure surroundings of their own homes and communities while providing family members and caregivers with much-needed professional guidance, physical relief and emotional support.

[Grievance and Appeals](#) | [Patient Rights and Responsibilities](#) | [Enrollment Information](#)
| [Privacy Policy Disclaimer](#) | [Nondiscrimination Policy](#) | [Price Transparency](#)

Copyright © 2026 Franciscan PACE

Website last updated Mon Apr 13 2026 22:33:57 GMT-0500 (Central Daylight Time)

Community Resources

Our Lady of the Lake's Senior Companion Program
[\(225\) 526-4082](tel:2255264082)

A volunteer-based service that matches trained adult volunteers with frail or homebound older adults who need extra support to stay independent.

Key points:

•Who it serves:

- Older adults who are homebound or have difficulty getting out
- Individuals who are socially isolated or need light assistance

•What companions do:

- Friendly visiting and conversation
- Accompaniment to appointments or errands (non-medical)
- Light help with day-to-day tasks (within program limits)
- Respite for family caregivers (someone stays with the elder so the caregiver can get a break)

•Volunteers:

- Usually age 55+
- Receive training and ongoing support through OLOL
- Often receive mileage reimbursement and sometimes a small stipend if income-eligible (depending on funding)

Community Resources

OAAS Services

Facility-Based Services

Home and Community-Based Services

OAAS has several programs to help older adults and individuals with adult-onset disabilities maintain their independence. These programs offer services in the home or in community-based settings to qualifying individuals. OAAS offers many types of assistance, including hands-on assistance with self-care, home modifications, technology, and therapies. Programs include:

- [Adult Day Health Care \(ADHC\) Waiver](#)
- [Community Choices Waiver \(CCW\)](#)
- [Long Term-Personal Care Services \(LT-PCS\)](#)
- [Program of All-Inclusive Care for the Elderly \(PACE\)](#)



To find out more about Home and Community-Based Services or to apply for one of the programs listed above, call Louisiana Options in Long-Term Care at [877-456-1146](tel:877-456-1146).

Louisiana Options in Long Term Care


877-456-1146

<https://ldh.la.gov/assets/docs/OAAS/publications/FactSheets/ADHC-Fact-Sheet.pdf>

Community Resources

Louisiana Options in Long Term Care
877-456-1146

<https://ldh.la.gov/assets/docs/OAAS/publications/FactSheets/ADHC-Fact-Sheet.pdf>

 **LOUISIANA DEPARTMENT OF HEALTH**
Aging and Adult Services

Adult Day Health Care (ADHC) Waiver

What is the ADHC Waiver program?


The Adult Day Health Care (ADHC) Waiver program gives you the help you need to stay at home for as long as possible. **This program does not provide help 24 hours per day.**

How does the ADHC Waiver program work?

The main service under this waiver program is Adult Day Health Care (ADHC) services. You will receive your ADHC services at an ADHC center. ADHC centers are a place where you can go for part of the day. ADHC centers are open Monday to Friday during daytime hours. At the ADHC center you can:

- Talk with your friends
- Enjoy activities
- Get help taking your medicine
- See a nurse, if needed
- Eat two small meals
- Get a ride to and from the center

Some ADHC centers might have evening or weekend help. When you apply for ADHC, you are asked some questions about yourself. Based on your answers, we will help you figure out what other services you might get. You could receive services such as bathing, dressing or toileting before and after going to the ADHC center. You will get help from a case manager to make a plan of care that works for you.



What other services does the ADHC Waiver program provide?

- **Support Coordination:** A support coordinator helps you get the services you need (also known as case management).
- **Home-Delivered Meals:** Up to two meals delivered to your home on the days that you are not at the ADHC center.
- **Personal Emergency Response System (PERS):** A device that you wear on your neck that calls for emergency help when you push a button.
- **Activity and Sensor Monitoring:** A system that monitors your movements and activities in your home, including falls, lack of activity, and a push-button emergency device.
- **ADHC Health Status Monitoring:** ADHC staff call to check on you when you do not attend the ADHC center.
- **Assistive Technology:** Gives you an electronic tablet device, screen protector and protective case.

Reissued February 26, 2026
Replaces February 3, 2026 Issuance

OAAS-RC-09-002
Page 1 of 3

If you are in a nursing home, you can get the following services:

- **Transition Intensive Support Coordination:** A support coordinator helps you move out of the nursing home.
- **Transition Service:** Pays for items that you need when you are moving out of a nursing home.

Who can qualify for the ADHC Waiver program?

Community Resources



Aging and Disability Resource Centers

Below, you'll find a list of facilities classified as "Aging and Disability Resource Centers." The directory may be searched, sorted, and exported as needed. Click the "+" symbol on any row to view additional details about each location, or click on the physical address to view it on Google Maps.

Export to Excel

Search:

Facility Name	Facility Type	Physical Address	Mailing Address	Contact Info
+ Caddo Council on Aging	<ul style="list-style-type: none"> Aging and Disability Resource Center Area Agency on Aging Council on Aging 	1700 Buckner St. Suite 240 Shreveport, LA 71101		Monica Wright Phone: (318) 676-7900 Fax: (318) 676-7911 Toll-Free: (800) 256-3003 mwright@caddocoa.org , ccoaa@caddocoa.org , ljohnson@caddocoa.org
+ Cajun Area Agency on Aging	<ul style="list-style-type: none"> Aging and Disability Resource Center Area Agency on Aging 	110 Toledo Dr Lafayette, LA 70506		Ms. Taylor Lange Phone: (337) 572-8940 Fax: (337) 572-8974 Toll-Free: (800) 738-2256 cajnaaa@lusfiber.net , adrc@lusfiber.net
+ Calcasieu Council on Aging	<ul style="list-style-type: none"> Aging and Disability Resource Center Council on Aging 	830 Hodges St. Ste. B Lake Charles, LA 70601	P.O. Box 1587 Lake Charles, LA 70601	Angie Herr, Tammy Huffman Phone: (337) 474-2583 Fax: (337) 474-6563 aherr@calcoa.org ; thuffman@calcoa.org , jgreen@calcoa.org
+ Capital Area Agency on Aging	<ul style="list-style-type: none"> Aging and Disability Resource Center Area Agency on Aging 	2051 Silverside Dr. Suite 208 Baton Rouge, LA 70808	2051 Silverside Dr. Suite 208 Baton Rouge, LA 70808	Dusty Lyons Phone: (225) 925-7674 Fax: (225) 922-2528 Toll-Free: (800) 833-9883 dlyons@capitalaaa.org

+ Cenla Area Agency on Aging	<ul style="list-style-type: none"> Aging and Disability Resource Center Area Agency on Aging 	1423 Peterman Dr. Alexandria, LA 71301	P. O. Box 13027 Alexandria, LA 71315-3027	Ms. Joyce Thompson Phone: (318) 484-2260 Fax: (318) 484-2266 joycethompson@cenlaaging.org
+ Jefferson Council on Aging	<ul style="list-style-type: none"> Aging and Disability Resource Center Council on Aging 	6620 Riverside Dr. Suite 216 Metairie, LA 70003		Raven Burkart (SenioRx), Wendy Lestage (ADRC) Phone: (504) 888-5880 Fax: (504) 888-5887 senioRx@jcoa.net ; adrc@jcoa.net
+ New Orleans Council on Aging	<ul style="list-style-type: none"> Aging and Disability Resource Center Council on Aging 	2475 Canal St. 4th Floor New Orleans, LA 70119	P. O. Box 19067 New Orleans, LA 70179-0067	Carmelita William Phone: (504) 821-4121 Fax: (504) 821-1222 cwilliams@nocoa.org
+ New Orleans Council on Aging, Inc.	<ul style="list-style-type: none"> Aging and Disability Resource Center Council on Aging 	2475 Canal St./P. O. Box 19067 New Orleans, LA 70119		Mr. Howard L. Rodgers, III, Director Phone: (504) 821-4121 Ext. 145 Fax: (504) 821-1222 primemin3@aol.com
+ Terrebonne Council on Aging	<ul style="list-style-type: none"> Aging and Disability Resource Center Council on Aging 	995 W. Tunnel Blvd. Houma, LA 70360		Cheryl Washington Phone: (985) 868-8411 Fax: (985) 868-7806 cherylw@terrebonnecoa.org









Community Resources

Area Agencies on Aging

<https://www.capitalaaa.org/>

224-922-2578

What We Do: Programs & Services

 <h4>Aging & Disability Resource Center</h4> <p>A "one-stop-shop" to access public and private programs at the community level.</p> <p>Learn more »</p>	 <h4>SeniorRX</h4> <p>Linking qualifying senior citizens to prescription assistance programs</p> <p>Learn more »</p>	 <h4>Senior Community Service Employment Program (SCSEP)</h4> <p>On the job training opportunities for workers who are over the age of 55.</p> <p>Learn more »</p>	 <h4>Wellness Programs</h4> <p>Wellness programs to help you get the support you need, find practical ways to deal with pain and fatigue, discover better nutrition and exercise choices, understand new treatment choices, reduce fall risk factors, and more.</p> <p>Learn more »</p>
 <h4>Caregiver Respite</h4> <p>Offering caregiver and sitter services to qualified individuals in various parishes</p> <p>Learn more »</p>	 <h4>Legal Services</h4> <p>Legal services help in various parishes in south Louisiana.</p> <p>Learn more »</p>	  <h4>Long Term Care Ombudsmen</h4> <p>Long Term Care Ombudsmen investigate and resolve complaints made by or on behalf of residents of long-term care facilities.</p> <p>Learn more »</p>	

Community Resources

VA Program Benefits
VA outpatient w Number
225-761- 3544

Community Services

1. Homemaker
2. Respite

Criteria

- Minimum of 70% service connected
- Must register with VA
- 180 day authorization
- Must see VA doc annually
- Based on income

Community Resources

VA Program Benefits

1-855-260-3274

Veterans Affairs Program of Comprehensive Assistance for Family Caregivers

Monthly Stipend for Primary Family Caregivers

Fact Sheet



The U.S. Department of Veterans Affairs (VA) Program of Comprehensive Assistance for Family Caregivers (PCAFC) provides a monthly stipend to Primary Family Caregivers of eligible Veterans.

Who qualifies: A Veteran or Service member may be eligible for a Family Caregiver if all of the following requirements are met:

1. The individual is either:
 - A Veteran; or
 - A member of the Armed Forces undergoing a medical discharge from the Armed Forces.
2. The individual has a serious injury (including serious illness) incurred or aggravated in the line of duty in the active military, naval, or air service.
 - For purposes of PCAFC, serious injury means any service-connected disability that: (1) Is rated at 70 percent or more by VA; or (2) Is combined with any other service-connected disability or disabilities, and a combined rating of 70 percent or more is assigned by VA.
3. The individual is in need of in-person personal care services for a minimum of six (6) continuous months based on any one of the following:
 - An inability to perform an activity of daily living;
 - A need for supervision or protection based on symptoms or residuals of neurological or other impairment or injury; or
 - A need for regular or extensive instruction or supervision without which the ability of the Veteran to function in daily life would be seriously impaired.
4. It is in the best interest of the individual to participate in the program.
5. Personal care services that would be provided by the Family Caregiver will not be simultaneously and regularly provided by or through another individual or entity.
6. The individual receives care at home or will do so if VA designates a Family Caregiver.
7. The individual receives ongoing care from a Primary Care Team or will do so if VA designates a Family Caregiver.

Every VA facility has a CSP team who assists with information and referrals. To learn more about services available, visit us online:

www.caregiver.va.gov

VA Caregiver Support Line
1-855-260-3274 toll-free



Updated Date: November 5, 2024

Community Resources

VA Program Benefits

1-855-260-3274

Program of Comprehensive Assistance for Family Caregivers Eligibility Criteria Fact Sheet



The U.S. Department of Veterans Affairs (VA) Program of Comprehensive Assistance for Family Caregivers (PCAFC) offers enhanced clinical support for Family Caregivers of eligible Veterans.



Veteran Eligibility Requirements:

A Veteran or Service member may be eligible for a Family Caregiver if all of the following requirements are met:

- 1** The individual is either:
 - A Veteran; or
 - A member of the Armed Forces undergoing a medical discharge from the Armed Forces.
- 2** The individual has a serious injury (including serious illness) incurred or aggravated in the line of duty in the active military, naval, or air service.
 - For purposes of PCAFC, serious injury means any service-connected disability that: (1) Is rated at 70 percent or more by VA; or (2) Is combined with any other service-connected disability or disabilities, and a combined rating of 70 percent or more is assigned by VA.
- 3** The individual is in need of in-person personal care services for a minimum of six (6) continuous months based on any one of the following:
 - An inability to perform an activity of daily living;
 - A need for supervision or protection based on symptoms or residuals of neurological or other impairment or injury; or
 - A need for regular or extensive instruction or supervision without which the ability of the Veteran to function in daily life would be seriously impaired.
- 4** It is in the best interest of the individual to participate in the program.
- 5** Personal care services that would be provided by the Family Caregiver will not be simultaneously and regularly provided by or through another individual or entity.
- 6** The individual receives care at home or will do so if VA designates a Family Caregiver.
- 7** The individual receives ongoing care from a Primary Care Team or will do so if VA designates a Family Caregiver.



To apply online, visit

<https://www.va.gov/family-member-benefits/comprehensive-assistance-for-family-caregivers>



U.S. Department
of Veterans Affairs

Community Resources

Veterans Homes

vetaffairs.la.gov

Louisiana Veterans Home — 4739 LA-10, Jackson, LA 70748.

Phone: (225) 634-5265.

vetaffairs.la.gov

Northeast Louisiana Veterans Home — 6700 Highway 165 North, Monroe, LA 71203.

Phone: (318) 362-4206.

vetaffairs.la.gov

Northwest Louisiana Veterans Home — 3130 Arthur Ray Teague Pkwy, Bossier City, LA 71112.

Phone: (318) 741-2763.

vetaffairs.la.gov

Southeast Louisiana Veterans Home — 4080 W. Airline Hwy, Reserve, LA 70084.

Phone: (985) 479-4080.

vetaffairs.la.gov

Southwest Louisiana Veterans Home — 1610 Evangeline Rd, Jennings, LA 70546.

Phone: (337) 824-2829.

vetaffairs.la.gov

Community Resources

**VA Caregiver Support Line:
1-855-260-3274**

- VA's National Caregiver Support Line (CSL) is a toll-free number for caregivers, family members, friends, Veterans, and community partners to contact for information *related to caregiving and available supports and services*.
- The CSL team provides information on caregiver support services, counseling, educational services, and referrals (via electronic notification) to CSP staff at local facilities.

- **VA Caregiver Support Line at**
- 1-855-260-3274
- to learn more about the support and services available to you.

Community Resources

Community Clinic
nrg@lsu.edu

FREE NEUROPSYCHOLOGY TESTING

ARE YOU OVER 45 YEARS AND WORRIED ABOUT YOUR MEMORY OR THINKING?



About Our Community Clinic

The LSU Neuropsychometrics Research Group is a team of PhD Clinical Psychology students led by a licensed clinical neuropsychologist. Our goal is to provide free cognitive assessments to community members that may have concerns about their memory or thinking but face barriers to accessing affordable care.



Interested in learning more?

- (225) 334-2266
- nrg@lsu.edu



Who can participate?

- If you are concerned about your cognitive abilities
- If you are over 45 years of age
- If you do not have access to affordable care

What will I be asked to do?

- Questionnaires
- Brief interview
- Memory and thinking tasks

What will I receive?

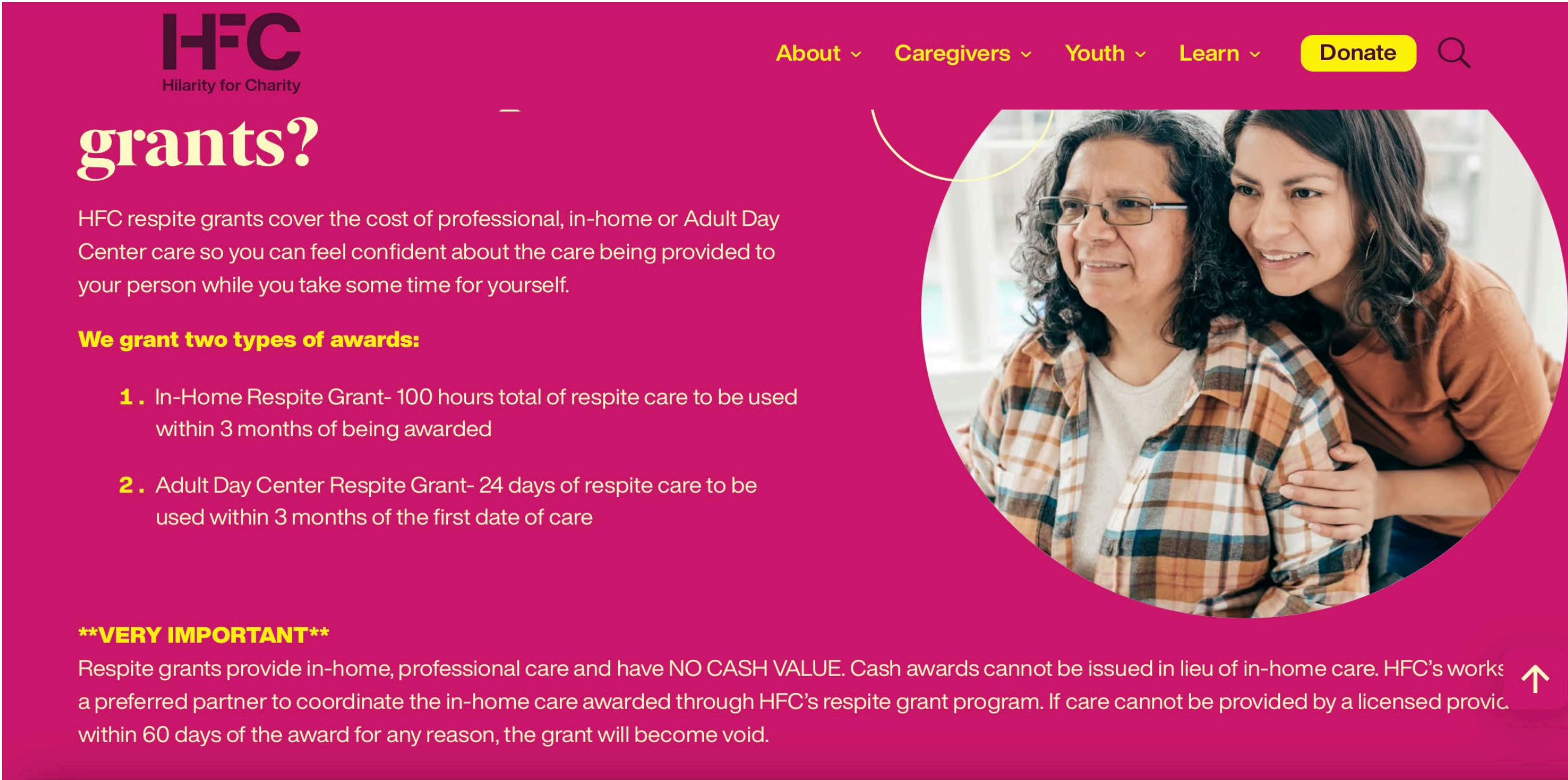
- Diagnostic report and recommendations



Community Resources

HFC -Hilarity for Charity
<https://wearehfc.org/contact/>

- Support Groups
- Respite Grant
- Educational Offerings



HFC
Hilarity for Charity

About ▾ Caregivers ▾ Youth ▾ Learn ▾ **Donate** 🔍

grants?


HFC respite grants cover the cost of professional, in-home or Adult Day Center care so you can feel confident about the care being provided to your person while you take some time for yourself.

We grant two types of awards:

- 1.** In-Home Respite Grant- 100 hours total of respite care to be used within 3 months of being awarded
- 2.** Adult Day Center Respite Grant- 24 days of respite care to be used within 3 months of the first date of care

****VERY IMPORTANT****

Respite grants provide in-home, professional care and have NO CASH VALUE. Cash awards cannot be issued in lieu of in-home care. HFC's works as a preferred partner to coordinate the in-home care awarded through HFC's respite grant program. If care cannot be provided by a licensed provider within 60 days of the award for any reason, the grant will become void.



Community Resource Finder

Go to: www.communityresourcefinder.org

Community Resource Finder

ALZHEIMER'S ASSOCIATION Sponsored by AARP

Search Learn More Help My List Provider Support

Found 2 results in lake Charles LA

communityresourcefinder.org SAVE ALL Distance (closest first)

Adjust your search

1 Service
Area Agency on Aging

2 Location
City & State
lake Charles
LA

OR

Zip Code
Zip code

3 Details
Radius
25 miles
Business/Event Name

Calcasieu Council on Aging

Distance: 2.34 miles 3950 Hwy. 14,
Lake Charles, LA 70607-3852
(337) 474-2583

Cameron Council on Aging

Distance: 12.88 miles 965 Hwy 384
Grand Lake, LA 70631-4843
(337) 905-6000

Please know that the Community Resource Finder is purely an informational tool. This means that the Alzheimer's Association and AARP do not vet, evaluate, recommend or endorse any particular provider. Providers are solely responsible for keeping their information current. Although the data is expected to be reliable, users are advised to verify it independently, as it can change, and it is not guaranteed to be complete and accurate. Visit our tips section for guidance on evaluating and choosing options that best suit your needs.

The Community Resource Finder is powered by HealthlinkDimensions, which aggregates and maintains basic information about

Community Resource Finder



Search Learn More Help My List

Provider Support

- AARP Events
- AARP State Offices
- Adult Day Care
- Alzheimer's Association Chapters
- Alzheimer's Early Stage Programs
- Alzheimer's Education Programs
- Alzheimer's Events
- Alzheimer's Social Engagement Programs
- Alzheimer's Support Groups
- ✓ Area Agency on Aging**
- Assisted Living
- Continuing Care Retirement Community
- Diagnostic Center
- Elder Law Attorneys
- Geriatric Care Managers
- Geriatric Psychiatrists
- Geriatricians
- Home Care
- Home Health Care
- Hospice
- Hospitals
- Independent Living
- Neurologists
- Referral Agencies
- Relocation Advisors
- Skilled Nursing

SAVE ALL Distance (closest first)

Calcasieu Council on Aging ^ x

Distance: 2.34 miles 📍 3950 Hwy. 14,
Lake Charles, LA 70607-3852
📞 (337) 474-2583

Cameron Council on Aging ^ x

Distance: 12.88 miles 📍 965 Hwy 384
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Found 8 results in lake Charles LA

SAVE ALL

Distance (closest first)

VIEW ON MAP

Transportation

Adjust your search



1 Service

Transportation

2 Location

City & State

lake Charles

LA

OR

Zip Code

Zip code

3 Details

Radius

25 miles

Acadian Ambulance Service Inc

Distance: 1.33 miles

2827 4th Ave Ste 245
Lake Charles, LA 70601-7877

(337) 291-3329

SAVE

Guidry's Health Transportation Inc

Distance: 1.45 miles

2120 Oak Park Blvd
Lake Charles, LA 70601-7864

(337) 477-6453

SAVE

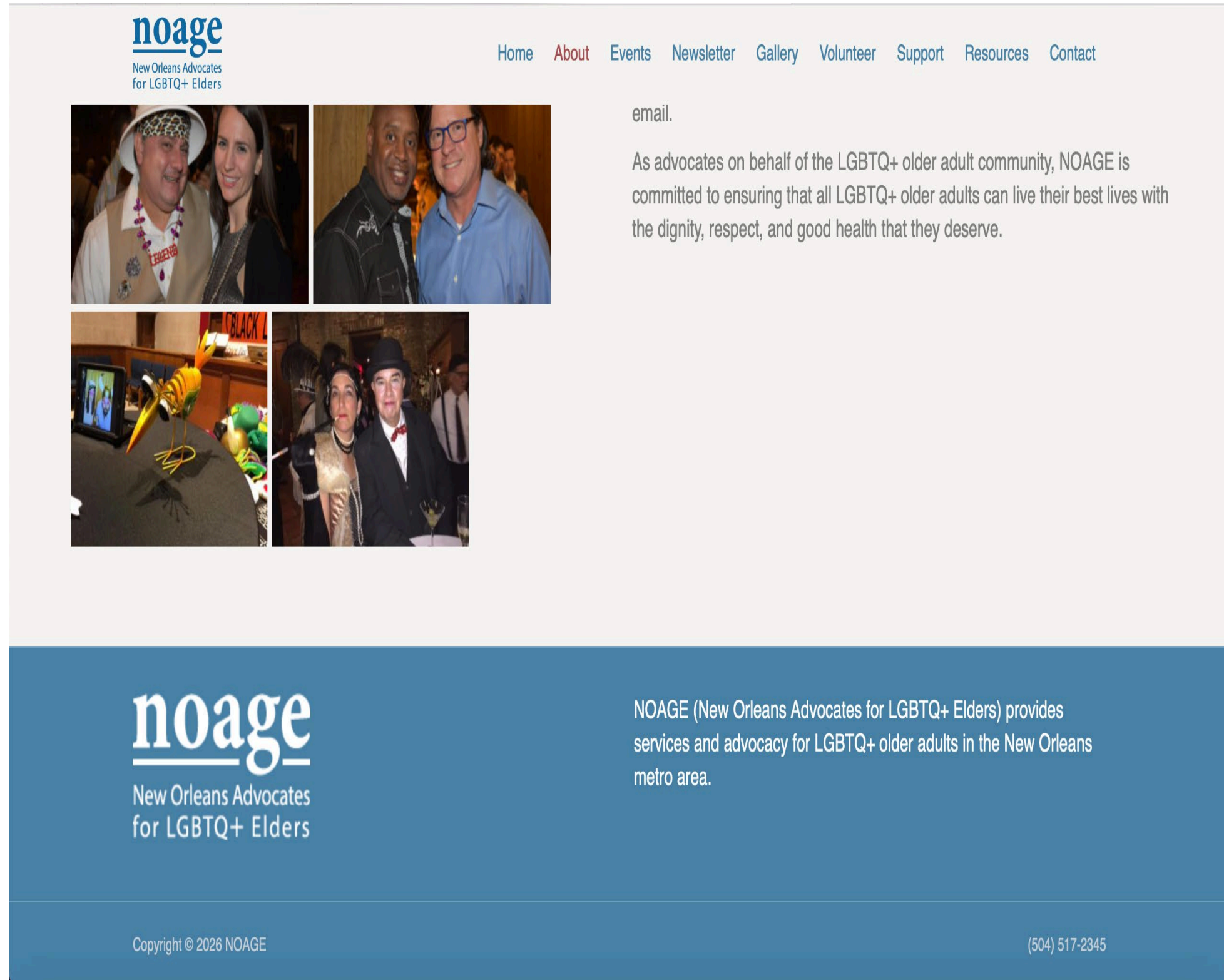
Landmark of Lake Charles

Distance: 1.71 miles

2335 Oak Park Blvd

Community Resources

noage for
LGBT +Elders
504-517-2345



noage
New Orleans Advocates
for LGBTQ+ Elders

[Home](#) [About](#) [Events](#) [Newsletter](#) [Gallery](#) [Volunteer](#) [Support](#) [Resources](#) [Contact](#)

email.

As advocates on behalf of the LGBTQ+ older adult community, NOAGE is committed to ensuring that all LGBTQ+ older adults can live their best lives with the dignity, respect, and good health that they deserve.

noage
New Orleans Advocates
for LGBTQ+ Elders

NOAGE (New Orleans Advocates for LGBTQ+ Elders) provides services and advocacy for LGBTQ+ older adults in the New Orleans metro area.

Copyright © 2026 NOAGE (504) 517-2345

Resource Links

CAAA Capital Area Agency on Aging – 1-800-833-9883

Community Clinic –LSU free neuropsych testing – 225-334-2266

Hilarity for Charity – info@wearehfc.org

Louisiana Answers Aging & Disability Resource Center 1-800-280-0908

Louisiana Options in Long Term-Care at [1-877-456-1146](tel:1-877-456-1146)

(primary entry to home and community based services

<https://ldh.la.gov/assets/docs/OAAS/publications/FactSheets/ADHC-Fact-Sheet.pdf>

OAAS Helpline (LDH Office of Aging Helpline)

[866-758-5035](tel:866-758-5035).

Protective Services:

Louisiana Adult Protective Services (APS) investigates abuse, neglect, and exploitation of vulnerable adults aged 18–59 (1-800-898-4910).

Contact Elderly Protective Services (EPS) for those 60+, at 1-833-577-6532. Reports can be made 24/7,

Questions?

THANK YOU

Gina Rossi, LCSW-BACS, MHSA

Social Worker/Individual, Family, & Groups/
Educator for dementia, family transitions and aging issues

GinaRossiLCSW@gmail.com

985-606-3306

