



# GUIDE Model

Guiding an Improved Dementia Experience



Comprehensive services and support for people living with dementia and their caregivers.

## What Is the GUIDE Model?

Guiding an Improved Dementia Experience, or the GUIDE Model, is a Medicare program that provides coordinated care and support for people living with dementia and their caregivers.

It aims to improve quality of life, reduce hospital visits, and help people stay safely in their homes longer by offering medical, social, and caregiver support services.

## Who Is Eligible?

You may qualify if you:

- Have been diagnosed with dementia by a health care provider
- Are enrolled in Medicare Parts A & B (not Medicare Advantage)
- Have Medicare as your primary insurance
- Are not living in a long-term nursing home
- Are not receiving hospice care

Caregivers (family or friends) can also receive support through the program.

## Want to Learn More?

Contact a local GUIDE provider in Louisiana (located on the back page) or speak with your healthcare provider to see if you qualify.

## Services Offered

GUIDE provides a team-based approach to care, including:

### Care Coordination & Navigation

- A dedicated care team to help manage health needs
- Help connecting to doctors, specialists, and community resources

### 24/7 Support

- Access to a support line anytime, day or night

### Caregiver Support

- Training and education for caregivers
- Emotional support and guidance

### Respite Services

- Temporary relief for caregivers (in-home or facility-based care)
- Up to \$2,500 per year in covered respite services

### Personalized Care Planning

- Care plans tailored to each person's needs
- Support for behavioral, medical, and daily living challenges

### Community Resource Connections

- Help with food, transportation, and other social needs



# Who Is Providing GUIDE Services in Louisiana?



**LSU Health Shreveport**  
CENTER FOR BRAIN HEALTH

Website: [LSUHS.edu/GUIDE](https://lsuhs.edu/GUIDE)  
Phone: 1-877-GUIDE LA (484-3352)  
Service Area: Greater Shreveport Area



**CARE Associates**  
GUIDE Program

Website: [www.care.associates](http://www.care.associates)  
Phone: 504-457-2200  
Service Area: Greater New Orleans Area



**HOMEDICA**  
— House Calls —

Website: [www.myhomedica.com](http://www.myhomedica.com)  
Phone: 844-414-2072  
Service Area: Statewide

## Telehealth Providers



**Harmonic**  
Health



Additional providers may be available. Visit the CMS participant list or ask your health care provider.

You are not alone. Identifying as a caregiver for a person living with dementia (PLWD) is a powerful step toward getting the support you deserve for yourself and your person.

To learn more about GUIDE, visit [www.cms.gov/priorities/innovation/innovation-models/guide](https://www.cms.gov/priorities/innovation/innovation-models/guide).



Want to learn more about Well-Ahead Louisiana's programs? Scan the QR code with your smartphone camera.

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